

SAINT SOPHIA

*Axiologa*

*"worth mentioning"*



**AUGUST 21, 2022**

*10<sup>th</sup> Sunday of St. Matthew*

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Saint Sophia Cathedral  
1324 S. Normandie Ave  
Los Angeles, CA 90006

Office: 323.737.2424  
[www.saintsophia.org/bulletin](http://www.saintsophia.org/bulletin)

*When you write your will or update it, won't you please remember Saint Sophia Cathedral? Such a gift will live forever as our church ministers to our spiritual needs. It's an investment in the Gospel of Jesus Christ.*

# Memorials

*Among the spirits of the righteous perfected in faith, give rest,*

*Harry Koulos (16 years)*

*Antoinette (Toni) Koulos  
(40 years)*

*Alikí Nicoláides  
(10 years)*

*Spirídula Tzavella  
(40 days)*

*Irene Poulos-Watson*

*James Watson*

*George Poulos*

*Sotírí Dupas*

*Katheríne Julías (1 year)*

*Tony McDemas*

*Mary McDemas*

*Dan McDemas*

*Zina McDemas*

*James McDemas*

*John Mellás*

*Malvína Mellás*

*George Mellás*

*Helen Smith*

*Dorothy Skoufis*

*Beverly Balásís*

## ALTAR CANDLES

Offered in loving memory of Harry and Toni Koulos by Mr. and Mrs. Peter Koulos, Mr. and Mrs. Chris Kokenis, Karol and Deane Koulos and grandchildren.

## ALTAR TABLE CANDLES

Offered in loving memory of Alikí Nicholaides by her brother Nicolas Nicholaides.

## SOLEA CANDLES

Offered in loving memory of Tony & Mary McDemas, Dan & Zina McDemas, James McDemas, John & Malvína Mellás, George Mellás, Helen Smith, Dorothy Skoufis, Beverly Balásís by Constantine McDemas.

## COFFEE HOUR SPONSORS

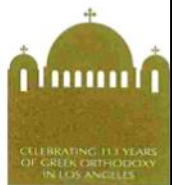
Offered in loving memory of Harry and Toni Koulos by Mr. and Mrs. Peter Koulos, Mr. and Mrs. Chris Kokenis, Karol and Deane Koulos and grandchildren.



**SAINT SOPHIA CATHEDRAL** † GREEK ORTHODOX COMMUNITY

1324 South Normandie Avenue Los Angeles, California 90006 † Phone: 323-737-2424

[www.saintsophia.org](http://www.saintsophia.org)



His Eminence Metropolitan Gerasimos  
Metropolitan of San Francisco  
245 Valencia Street  
San Francisco, CA 94103

Your Eminence;

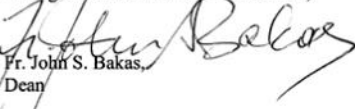
As King Solomon is quoted in the book of Ecclesiastes 3:1 "There is a time for everything, and a reason for every activity under the heavens." For me the time has arrived that I must retire as Dean of Saint Sophia Cathedral effective on January 23, 2023. My last formal celebration of the Divine Liturgy will be on my birthday, Sunday the 22<sup>nd</sup>.

I have served my beloved cathedral for over 27 years. Much has been accomplished in the name of our Lord. I have served our Holy Greek Orthodox Church as a Deacon and Priest for over 40 years. I expect no formal recognition of any good that I have done. I have served with my beloved Metropolitan Anthony of blessed memory from the time of my priestly ordination to the untimely death of His Eminence on Christmas day 2004.

It has been my honor pleasure and spiritual joy to serve under your enlightened leadership since January of 2005. Someone once said "old priests never retire, they just fade away." I don't plan to fade away. I will be available to you and the church in whatever capacity you feel appropriate.

Thank you for your love support and guidance since "day one" of 2005. My love and respect for you is never ending.

With gratitude and love in Jesus Christ,



Fr. John S. Bakas,  
Dean

CC: Anna Yallourakis – President Parish Council  
Constantine Boukidis – President Foundation  
Fr. Anthony Cornett – Assistant Priest

**THE HOLY LAND WITH FR. JOHN BAKAS  
DECEMBER 10TH – DECEMBER 20<sup>TH</sup>, 2022**

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**TEL AVIV | JERUSALEM | BETHLEHEM | NAZARETH | TIBERIAS**

This trip includes:  
accommodations, breakfast and dinner, transfers,  
all entry fees, expertly guided tours.

**Trip Cost \$4225 pp/double occupancy  
Deposit \$420 per person**

Good News! Book by September 2<sup>nd</sup> and Save \$125.

Single Supplement Available Upon Request.  
Airfare and gratuity not included. We can advise on flights.

All payments made through Saint Sophia's website:  
Go to "Make a Donation."  
Go to "Contribution."  
Go to "General Donation."

Enter amount. Click the "Make a Donation" button\*

\*There is an area that says "Order Description." You can note "Holy Land Trip."

**CONTACT:**

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MARIA AT [BALTAZZI@SOJOURN-INTL.COM](mailto:BALTAZZI@SOJOURN-INTL.COM)

## DAUGHTERS OF PENELOPE

Hello everyone!

Welcome back to the beginning of the ecclesiastical year! We look forward to seeing you back in church.

Our first meeting will be September 11<sup>th</sup> after church. There's so much to do in the fall!

At this meeting we will be making **20 Hygiene Relief Kits for IOCC**. These kits are being used for the wildfire victims in Northern California and for victims of the floods in Kentucky. Please come to the meeting if you can around noon so we can start promptly. We don't know yet if we will be upstairs but I'll try to let you know later.

Don't forget that in October we will be doing our **ANNUAL PUMPKIN SALE** for the Daughters **Project Limbless!** The pumpkins are small but adorable!! They will be selling for \$5 a pumpkin again and we hope you'll support this worthwhile project. 'LIMBITLESS' makes artificial limbs for children and teens at no cost to the person or their family! You've been so generous the last few years we hope you will be once again. Look for us in the coffee hour starting October 16!

Fall is a busy time and shortly after the pumpkin sale we will be getting ready for our **SEE'S CANDY SALE!** This always begins around Thanksgiving and is a great fundraiser to help Penelope Centers for Domestic Violence and for the Penelopean Day Care Center in Athens, Greece. Yummy yummy candy!

Time is already moving quickly! Please watch for us in the coffee hour as we start the holiday fun!

Virginia Noyes  
Alkandre Chapter  
President, Daughters of Penelope

## PHILOPTOCHOS NEWS

THANK YOU FOR YOUR GENEROSITY! Saint Sophia Philoptochos offers huge thanks to everyone in our community for their generous donations to Magnolia Avenue Elementary School at our annual Backpack Hamburger Luncheon! With your help, we donated hundreds of school supplies, many dozen backpacks, and more than \$2,100. It was a tremendous turnout and we thank you all for showing up for these neighborhood children and their families!

ELEVATION OF THE HOLY CROSS - Annual Tray On Sunday, September 11th, Philoptochos will pass a tray to provide donations to Holy Cross Seminary in honor of the Feast Day of the Elevation of the Holy Cross. This is an annual tray we pass, and we thank you in advance for remembering it that Sunday and making whatever donation you can.



## SAINT SOPHIA RESIDENCES FOR LEASE

Lovely and spacious

2 bedroom/2 bath and 3 bedroom/2 bath  
Apartments are now available at the beautifully  
maintained building located directly behind

Saint Sophia Cathedral at

1425 South Mariposa Avenue Los Angeles

If you are 55 or older and an Orthodox Christian,  
come check out these apartments while they are  
still available and join a friendly Orthodox  
community!

2 bedroom/2 bath-\$1400 3 bedroom/2 bath-  
\$1800 Please call Louis Pappas 310-902-0852



# DODGEBALL

*with parea*

**SATURDAY**

**AUGUST 27TH**

**CHECK IN AT 10 AM**



**21+**

**ASSUMPTION LONG BEACH GYM  
5761 E COLORADO ST. LONG BEACH, CA 90814**

**RSVP AS A PLAYER OR A SPECTATOR REQUIRED (IT'S FREE)**

**POST GAME AT BALLAST POINT/2ND STREET**



**MONDAY, AUGUST 1**

Small Paraklesis, 6pm

**TUESDAY, AUGUST 2**

Great Paraklesis, 6pm

**WEDNESDAY, AUGUST 3**

Small Paraklesis, 6pm

**THURSDAY, AUGUST 4**

Great Paraklesis, 6pm

**FRIDAY, AUGUST 5**

Great Vespers (*Transfiguration*), 6pm

**SATURDAY, AUGUST 6**  
*(Transfiguration of our Lord)*

Orthros, 9am  
Divine Liturgy, 10am  
Vespers, 6pm

**SUNDAY, AUGUST 7**

Orthros, 9am  
Memorials, 9:45am  
Divine Liturgy, 10am  
Great Paraklesis, 6pm

**MONDAY, AUGUST 8**

Small Paraklesis, 6pm

**TUESDAY, AUGUST 9**

Great Paraklesis, 6pm

**WEDNESDAY, AUGUST 10**

Small Paraklesis, 6pm

**THURSDAY, AUGUST 11**

Great Paraklesis, 6pm

**FRIDAY, AUGUST 12**

Small Paraklesis, 6pm

**SATURDAY, AUGUST 13**

Vespers, 6pm

**SUNDAY, AUGUST 14**

Orthros, 9am  
Memorials, 9:45am  
Divine Liturgy, 10am  
Great Vespers (*Dormition*)\*  
\*7pm at Assumption in Long Beach

**MONDAY, AUGUST 15**  
*(Dormition of the Theotokos)*

Orthros, 9am  
Divine Liturgy, 10am

**SATURDAY, AUGUST 20**

Vespers, 6pm

**SUNDAY, AUGUST 21**

Orthros, 9am  
Memorials, 9:45am  
Divine Liturgy, 10am

**SATURDAY, AUGUST 27**

Vespers, 6pm

**SUNDAY, AUGUST 28**

Orthros, 9am  
Memorials, 9:45am  
Divine Liturgy, 10am

**MONDAY, AUGUST 29**  
*(Beheading of the Forerunner)*

Orthros, 9am  
Divine Liturgy, 10am