

SAINT SOPHIA

Axiologa

"worth mentioning"



FEBRUARY 6, 2022

Sunday of the Canaanite

FOUNDATION BOARD OF TRUSTEES

EXECUTIVE OFFICERS

Constantine M. Boukidis, President, Gig Kyriacou, 1st Vice-President; Jim Zaferis; 2nd Vice-President; Diane Sakellaris Lapa, Secretary; Tina Callas, Treasurer

MEMBERS

V. Rev. Fr. John S. Bakas, Timi Loomos Freshman, Steve Hanna, Nicholas Manolelis, Tony Natsis, John Peterson, Anna Yallourakis, Jean Paul Wardy, George E. Preonas, Jack Stumpus

PRESIDENTIAL APPOINTEES

Andrew J. Demetriou, General Counsel, Melanie O'Regan

TRUSTEES EMERITUS

Andrew Evangelatos, Alek Haidos, John T. Pappas

PARISH COUNCIL BOARD OF DIRECTORS

EXECUTIVE OFFICERS

Anna Yallourakis, President; Daniel Settlemyer, Vice President; Bill Striglos, Treasurer; Kathleen Kyriacou, Asst. Treasurer; Tonifaye Palomares, Recording Secretary

MEMBERS

Bertha Angels, Greg Beers, Vickie Deryiades, Christos Klapsis, Loula Moschonas, Vasilis Tomaras, Andrew Powell, Julian Rebiga, Michael Yallourakis, Dr. Stephen Yallourakis

BOARD OF AUDITORS:

Jim Boltinghouse, Nicholas Manolelis, Michele Panagiota Olivar

Saint Sophia Cathedral
1324 S. Normandie Ave
Los Angeles, CA 90006

Office: 323.737.2424
www.saintsophia.org/bulletin

When you write your will or update it, won't you please remember Saint Sophia Cathedral? Such a gift will live forever as our church ministers to our spiritual needs. It's an investment in the Gospel of Jesus Christ.

SAINT SOPHIA BASKETBALL IS BACK!!!



Our youth basketball league starts on February 27, 2022 and we are reaching out to all St Sophia youth who want to join in the fun! All age groups of boys and girls are welcome!

All Junior Teams player's ages: 12 - 15

Senior Teams player's ages: 16 - 19*

(*Senior girls can play up to 20 yrs of age)

No previous basketball experience necessary! The Greek Orthodox Basketball League focuses on player teamwork and promotes Orthodox Christian sportsmanship.

To participate, please contact one of our St Sophia League Representatives:

Paul Cooper (818) 266-3017

mrpaul599@sbcglobal.net

Dan Kirages (626) 622-0080

dkirages@gmail.com

Note: Health & Safety Protocols for the 2022 season will be followed by all players and coaches.

.....

FUNERAL ARRANGEMENTS

Have been scheduled for Georgia Perris to take place on Friday, February 11, 2022 at 10:30 am. May her soul rest in peace with the Lord.



COFFEE HOUR

Coffee Hour will take place outside rather than in the Huffington Center. Thank you.

PHILOTOCHOS VIP BOARD

MARCH 7, 2022 MONDAY: KATHARA DEFTERA. Let us together celebrate the first day of Lent with Church Services at 10:00 AM followed by a delicious Lenten Lunch which will be served by our lovely VIP chefs! Please make your reservation by calling Vivi Demopoulos at (310) 645-2147 or Karla Gregg at (253)224-3705. Due to the Omikron virus spreading, and in case we have to cancel our event, you will be notified.

In His Service,
Mary Morrison

BIBLE STUDIES

Join us every Tuesday morning (11am) for online Bible studies. An email will be sent out with login information.

PHILOTOCHOS NEWS

NATIONAL WEAR RED FOR WOMEN DAY

Friday, February 4th is National "Wear Red for Women" Day, sponsored by the American Heart Association. It's a reminder that heart disease and strokes are still the greatest health threat to women in the U.S., and it's important for women to stay healthy and get their cardiovascular system checked regularly. Philoptochos is a supporter of the American Heart Association, encouraging women to stay aware of their health and well-being. For more information, go to: goredforwomen.org



Please ~ **SAVE THE DATE**

SUNDAY, MARCH 6, 2022

for our 3rd Annual

“FRIENDSHIP TEA”

Presented by the Saint Sophia Philoptochos Society

12:30 pm

Maniatakos Hall

(Following the dismissal of the Divine Liturgy)

Due to the current COVID climate, this date and location is subject to the Los Angeles County Health Department Guidelines.

Please join us for a very special and informative afternoon. Come and learn all there is to know about the work of Philoptochos: Our Outreach, Activities, Commitments and Programs of the San Francisco Metropolis and National Philoptochos, and the many ways you can become involved. We are grateful for as much or as little time you may have to assist in our charitable work... and bring a friend!

*** Please watch for more information about our “Friendship Tea” in the upcoming weekly bulletins on the church website at www.saintsophia.org; (where you can also find the Philoptochos link under ‘Ministries’), as well as information on our website at www.stsophiaphiloptochos.org.**

PHILOTOCHOS is... “One Woman Asking Another Woman To Care”



Dear Saint Sophia Community,
If you shop at Ralph's, please take the time to add Saint Sophia Philoptohos as your choice for Community Rewards—the proceeds go towards our Outreach Program

WEBSITE REGISTRATION INSTRUCTIONS

IF YOU HAVE NOT REGISTERED YOUR REWARDS CARD ONLINE

NOTE: We have a secured website, these procedures apply to everyone who has not entered their email address and assigned a password.

1. Log in to www.ralphs.com
2. Click on 'Create an Account'
3. Follow the 5 easy steps to create an online account
4. You will be instructed to go to your email inbox to confirm your account
5. After you confirm your online account by clicking on the link in your email, return to www.ralphs.com and click on 'my account' (you may have to sign in again first).
6. View all your information and edit as necessary
7. Link your card to your organization by clicking on:
 - a. Community Rewards
 - b. Edit my community contribution and follow the instructions
 - c. Remember to click on the circle to the left of your organizations' name **"SAINT SOPHIA CATHEDRAL PHILOPTOHO"**

IF YOU HAVE ALREADY REGISTERED YOUR REWARDS CARD ON-LINE

(This means that you have already entered your email address and assigned yourself a password)

1. Log in to www.ralphs.com
2. Click Sign In
3. Enter your email address and password
4. Click on 'My Account' (In the top right hand corner)
5. View all your information and edit as necessary
6. Link your card to your organization by clicking on:
 - a. Community Rewards
 - b. Edit my community contribution and follow the instructions
 - c. Remember to click on the circle to the left of your organizations' name **"SAINT SOPHIA CATHEDRAL PHILOPTOHO"**

If you don't have computer access, please call Ralphs at [1-800-443-4438](tel:1-800-443-4438) for assistance.

SAINT SOPHIA RESIDENCES FOR LEASE

Lovely and spacious

2 bedroom/2 bath and 3 bedroom/2 bath
Apartments are now available at the beautifully
maintained building located directly behind

Saint Sophia Cathedral at

1425 South Mariposa Avenue Los Angeles

If you are 55 or older and an Orthodox Christian,
come check out these apartments while they are
still available and join a friendly Orthodox
community!

2 bedroom/2 bath-\$1400 3 bedroom/2 bath-
\$1800 Please call Louis Pappas 310-902-0852

DAUGHTERS OF PENELOPE

Los Angeles Chapter/Alkandre

I hope you are all having a good start to the New Year 2022!

Our deepest thanks to all of you for supporting the Daughters fundraisers! Not only was our pumpkin/candy sale very successful for Project Limbitless BUT our Christmas fundraiser for the Domestic Violence Shelter known as Penelope House was a big hit! Your donations of soaps, toothpaste, toothbrushes, health products and travel kits plus gift cards for the women and children in these shelters was more than generous and overwhelming! There were 40 people in attendance at the Christmas luncheon and we raised another \$200 to send Penelope House along with all the donations. Thank you so very very much! I'd like to thank John Kopatsis, Marios, Alejandra, Josefina and Mauricio for all their work cooking and setting up the afternoon! It was absolutely beautiful and the food was delicious! Thanks go also to Mary Kezios, Sophia Kapogiannis and Tina and Dean Athans for their donations to the luncheon as well.

We are in the planning stages for our next fundraiser at Easter time to support the Guide Dogs of America. Stay tuned for more information coming in the next months as we decide what we are doing! Any ideas are welcome.

Please try and attend our meetings though I know sometimes our notice is short! We'd love to have you join us. Our next meeting will be Sunday, February 13 after church.

In Christ's service,

Virginia Noyes, President

Mission Statement:

Keep, Practice and Proclaim the Orthodox Christian Faith

1. Sanctify and Enhance the Life of the Faithful
2. Proclaim and Teach the Gospel of Jesus Christ
3. Add to the Number of the Faithful through Outreach and Evangelism

Orthodox Calendar

FEBRUARY 2022

SUN	MON	TUE	WED	THU	FRI	SAT
		1	 2	3	 4	5
6 Sunday of the Canaanite 8:30 am Orthros 9:45 am Memorials 10:00 am Divine Liturgy	7	8 Bible Studies Class 11 am	 9	10	11 	12
13 Sunday of the Publican and Pharisee: Triodin Begins Today 8:30 am Orthros 9:45 am Memorials 10:00 am Divine Liturgy	14	15 Bible Studies Class 11 am	16	17	 18	19
20 Sunday of the Prodigal Son 8:30 am Orthros 9:45 am Memorials 10:00 am Divine Liturgy	21 Presidents' Holiday Office Closed	22 Bible Studies Class 11 am	 23	24	 25	26 Saturday of Souls 9:00 am Orthros 10:00 am Divine Liturgy
27 Judgment Sunday 8:30 am Orthros 9:45 am Memorials 10:00 am Divine Liturgy	 28					
		Strict Fast 	Fish Allowed 	Wine and Oil Allowed 	Dairy, Eggs, and Fish Allowed 	Fast Free