

Saint Sophia Cathedral: Lenten & Holy Week Schedule for 2022

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| 1st Saturday of the Souls | Saturday, February 26 | 9:00am Orthros; 10:00am Divine Liturgy |
| Saturday Resurrection Vespers | Saturday, February 26 | 6:00pm |
| Judgment (Meatfare) Sunday | Sunday, February 27 | 9:00am Orthros; 10:00am Divine Liturgy |
| 2nd Saturday of the Souls | Saturday, March 5 | 9:00am Orthros; 10:00am Divine Liturgy |
| Saturday Resurrection Vespers | Saturday, March 5 | 6:00pm |
| (Cheesefare) Sunday of Forgiveness (with Forgiveness Vespers) | Sunday, March 6 | 9:00am Orthros; 10:00am Divine Liturgy (Forgiveness Vespers following Liturgy) |
| Clean Monday (Lent Begins) Καθαρά Δευτέρα | Monday, March 7 | 10:00am Great Compline |
| Presanctified Liturgy | Wednesday, March 9 | 7:00pm |
| Presanctified Liturgy | Friday, March 11 | 9:00am |
| 1st Salutations to the Theotokos | Friday, March 11 | 7:00pm |
| 3rd Saturday of the Souls (Miracle of the Kollyva) | Saturday, March 12 | 9:00am Orthros; 10:00am Divine Liturgy |
| Saturday Resurrection Vespers | Saturday, March 12 | 6:00pm |
| Sunday of Orthodoxy | Sunday, March 13 | 9:00am Orthros; 10:00am Divine Liturgy |
| Great Compline | Monday, March 14 | 7:00pm |
| Presanctified Liturgy | Wednesday, March 16 | 7:00pm |
| Presanctified Liturgy | Friday, March 18 | 9:00am |
| 2nd Salutations to the Theotokos | Friday, March 18 | 7:00pm |
| Saturday Resurrection Vespers | Saturday, March 19 | 6:00pm |
| Sunday of St. Gregory Palamas | Sunday, March 20 | 9:00am Orthros; 10:00am Divine Liturgy |
| Presanctified Liturgy | Wednesday, March 23 | 7:00pm |
| Feast of the Annunciation (Vespers) | Thursday, March 24 | 7:00pm Great Vespers |
| Feast of the Annunciation | Friday, March 25 | 9:00am Orthros; 10:00am Divine Liturgy |
| 3rd Salutations to the Theotokos | Friday, March 25 | 7:00pm |
| Saturday Resurrection Vespers | Saturday, March 26 | 6:00pm |
| Sunday of the Holy Cross | Sunday, March 27 | 9:00am Orthros; 10:00am Divine Liturgy |
| Great Compline | Monday, March 28 | 7:00pm |
| Presanctified Liturgy | Wednesday, March 30 | 7:00pm |
| Presanctified Liturgy | Friday, April 1 | 9:00am |
| 4th Salutations to the Theotokos | Friday, April 1 | 7:00pm |
| Saturday Resurrection Vespers | Saturday, April 2 | 6:00pm |
| Sunday of St. John Climacus | Sunday, April 3 | 9:00am Orthros; 10:00am Divine Liturgy |
| Great Compline | Monday, April 4 | 7:00pm |
| Presanctified Liturgy | Wednesday, April 6 | 7:00pm |
| Presanctified Liturgy | Friday, April 8 | 9:00am |
| Akathist Hymn to the Theotokos | Friday, April 8 | 7:00pm |

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| Saturday Resurrection Vespers | Saturday, April 9 | 6:00pm |
| Sunday of St. Mary of Egypt | Sunday, April 10 | 9:00am Orthros; 10:00am Divine Liturgy |
| Great Compline | Monday, April 11 | 7:00pm |
| Presanctified Liturgy | Wednesday, April 13 | 7:00pm |
| Presanctified Liturgy | Friday, April 15 | 9:00am |
| Saturday of Lazarus | Saturday, April 16 | 9:00am Orthros; 10:00am Divine Liturgy |
| Festal Vespers (Palm Sunday) | Saturday, April 16 | 6:00pm |
| Palm Sunday | Sunday, April 17 | 9:00am Orthros; 10:00am Divine Liturgy |

HOLY WEEK 2022

Lazarus Saturday, April 16 (Christ Resurrects Lazarus After 4 Days Dead)

9:00 AM.....Orthros

10:00 AM.....*Divine Liturgy*

Palm Sunday, April 17 (Christ's Triumphant Entry Into Jerusalem)

9:00 AM.....Orthros

10:00 AM.....*Divine Liturgy w/Blessing & Distribution of Palms*

7:00 PM.....1st Service of the Bridegroom / Nymphios

(This beautiful service helps prepare us to receive the Christ our Lord as the Bridegroom of the Church. It happens 3 nights in a row.)

Holy Monday, April 18

9:00 AM.....*Presanctified Liturgy*

7:00 PM.....2nd Service of the Bridegroom / Nymphios

Holy Tuesday, April 19

7:00 PM.....3rd Service of the Bridegroom / Nymphios

Holy Wednesday, April 20

9:00 AM.....*Presanctified Liturgy (Last one of the Lenten Season)*

3:00 PM.....(Early Choice) Sacrament of Holy Unction

7:00 PM.....(Later Choice) Sacrament of Holy Unction

Holy Thursday, April 21

9:00 AM.....*Saint Basil Morning Vesperal Liturgy*

6:00 PM.....Reading of the 12 Gospels

(About the dramatic Passion & Crucifixion of our Lord)

Holy Friday, April 22

9:00 AM.....Reading of the Royal Hours

(Hymns, Psalms, and Readings from the Old and New Testaments, all prophetically and practically related to the Person of Jesus Christ.)

3:00 PM.....Vespers of the Descent from the Cross (The Un-nailing)

7:00 PM.....Lamentation Service (Funeral procession of our Lord)

Holy Saturday, April 23

9:00 AM.....*Saint Basil Morning Vesperal Liturgy (Arise O God!)*

11:00 PM.....The Canon (Anticipating the coming Resurrection)

12:00 AM.....Resurrection / Anastasi Service

12:30 AM.....*Resurrectional Divine Liturgy*

Holy Pascha / Easter Sunday, April 24

11:00 AM.....Agape Service – Vespers of Love

(The Good News of Jesus Christ joyously declared in Different Languages)