

SAINT SOPHIA

*Axiologa*

*"worth mentioning"*



**MAY 23, 2021**

*Sunday of the Paralytic*

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### **BOARD OF AUDITORS:**

Jim Boltinghouse, Nicholas Manolelis, Michele Panagiota Olivar

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Los Angeles, CA 90006

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[www.saintsophia.org/bulletin](http://www.saintsophia.org/bulletin)

*When you write your will or update it, won't you please remember Saint Sophia Cathedral? Such a gift will live forever as our church ministers to our spiritual needs. It's an investment in the Gospel of Jesus Christ.*

# Memorials

*Among the spirits of the righteous perfected in faith, give rest,*

*Andreas Karasikis*

*María Fovos*

*Kosta Koumbanios*

*Endoxia Koumbanios*

*Mihali Koumbanios*

*Vasilio Fovos*

*Stella Morris*

*George Varentges*

## ALTAR CANDLES

Offered in loving memory of Andreas Karasikis by the Karasikis family.



## OUTDOOR DIVINE LITURGY

The Los Angeles County Health Department has allowed houses of worship to offer faith-based services both indoors and outdoors with **mandatory physical distancing and face coverings over both the nose and mouth that must be worn at all times while on site both inside the Cathedral and outside in the parking lot.** Divine Liturgy will take place inside the church. Seats will be available inside and outside the cathedral. Only the number of Liturgy attendees that can be accommodated with proper distancing in the marked lines on the pews will be allowed inside the church. **MASKS ARE MANDATORY** inside and outside the parking lot. No one will be allowed on the Saint Sophia property without a mask. If anyone removes their mask outside of taking the Holy Communion, they will be requested to leave and escorted outside the premises.

We will continue live-streaming services on Facebook. Join us, as once again we gather to worship, keeping of course social distancing of at least 6 ft apart. I look forward to seeing you.

**The following guidelines and regulations, that we must comply with, are for the health and safety of all. Thank you.**

- Upon arrival at Saint Sophia, everyone must check in by providing their name and phone number at a welcoming table.
- Face masks are required. (No masks for children under the age of 2 and parental supervision required for children 3-8)
- Anyone who is sick, has been sick or has been around someone who has been sick or who has traveled outside of the state during the past 2 weeks, as well as anyone who is exhibiting symptoms of COVID-19, or who have family

members who are ill, should stay home.

- Congregants/visitors will be temperature screened, with non-contact (without touching) thermometers upon arrival as we are required to conduct these non-contact temperature checks by the Health Department.
- We must, respectfully, maintain physical, social, distancing of six feet or more between congregants/visitors from different households when standing or seated.
- Saint Sophia will have hand sanitizer available to use upon arrival and throughout your visit.

God Bless, V. Rev. Fr. John S. Bakas, Dean



## **PHILOPTOCHOS NEWS**

**EASTER: CHRISTOS ANESTI!** We are blessed to be celebrating the Resurrection of our Lord and Saviour. Spring is the renewal of life on Earth, and is a time for our spiritual renewal as well. Flowers bloom, the grass grows, birds are out singing and the weather changes. It's the time to heal our body, and mind - to start anew and get back into the world! Now we need to go forward and reach out to help those who need us. It would be nice to see you back in church as well one day!

Many thanks to those at the Cathedral who have continued to work and serve during this critical time and through Lent. Father John Bakas, Father Anthony Cornett, the Parish Council, Marios, Vasili, John Kopatsis, Jessica, Alejandra, Josefina, Mauricio, Chris Yokas and everyone who worked so hard to keep our services and spiritual needs met. Thank you to all of you!

**ELECTIONS:** We will be presenting a slate of women who wish to run for election to the Board of Directors. Please watch your emails for further information.

**MOTHER'S DAY LUNCHEON:** Plans have now been finalized for our Mother's Day Luncheon! Our event will be held Saturday, July 10 at the Annandale Golf Club! Please watch your mail for invitations. We finally get to honor our Mother of the Year Judie Christopoulos! We have wonderful Grand Awards prizes and some surprises as well! Seating will be limited so please be sure to send your reservation card back as soon as possible once you receive your invitation.

**DEBUTANTE BALL 2021:** The Debutante Ball has been rescheduled to Friday, September 3, 2021 at the Beverly

## PHILOPTOCHOS NEWS

Wilshire Hotel. Chairman Patricia Mentas has been working to plan the dates for spring and summer events. This will be a wonderful event. Save the date and please join us as we present these lovely young ladies.

To the Board members who are leaving this year, I wish to thank you for your time and service to Philoptochos for the past two years. We are saying farewell to Mary-Kay Demetriou, Alexia Haidos Itzigsohn, Elizabeth Hagianakes, Sophie Mastor, Christina Peratsakis, Heidi Sandstrom and Maria Toczek. Thank you all for your efforts and dedication to the Philoptochos Board.

With love in Christ's service,  
Virginia Noyes, President



THE HOLY LAND 2021  
WITH VERY REVEREND JOHN S. BAKAS  
DECEMBER 2<sup>ND</sup> – DECEMBER 11<sup>TH</sup>

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God willing, Father John plans to return to Israel.  
We are monitoring the current situation there.

**TEL AVIV | NAZARETH | BETHLEHEM | JERUSALEM**

This trip is all-inclusive.

Accommodations, breakfast and dinner, transfers,  
all entry fees, expertly guided tours.

**Trip Cost \$4395 pp/double occupancy**

Single Supplement Available Upon Request.

Airfare and gratuity not included. We can advise on flights.

Reserve Your Spot by September 1<sup>st</sup>: \$500

Final Payment by October 22<sup>nd</sup>: \$3895

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THE GREEK ORTHODOX ARCHDIOCESE OF AMERICA

ARCHIEPISCOPAL ENCYCLICAL

Prot. No. 110/2021

**Archiepiscopal Encyclical on AHEPA Sunday**

May 16, 2021

Unto the Most Reverend and Right Reverend Hierarchs, Pious Priests and Deacons, the Monks and Nuns, Presidents and Members of Parish Councils, Honorable Archons of the Ecumenical Patriarchate, Members of Leadership 100, the Day and Afternoon Schools, Philoptochos Societies, the Youth, Greek Orthodox Organizations, and the entirety of the Christ-named Plenitude of the Holy Archdiocese of America.

My Beloved Brothers and Sisters in the Risen Christ,

Χριστός Ανέστη! Christ is Risen!

I extend the warmest greetings and congratulations of the Holy Archdiocese of America to all of the honorable and beloved members of the American Hellenic Educational Progressive Association on the occasion of our annual observance of AHEPA Sunday. This year, 2021, has been one of celebration and commemoration of the Bicentennial of the Greek Revolution, especially significant for AHEPA. The contributions from the AHEPA National Office and from her Chapters around the country continue to be invaluable to our observances that remember the Heroes of 1821. On behalf of the entire Archdiocese, I want to thank and salute all AHEPAns for their faithfulness and commitment to this historic milestone in the life of the Omogeneia.

Next year, in 2022, both the Greek Orthodox Archdiocese of America and AHEPA will observe the centennial of their foundings. The fact that we share this anniversary reveals how connected and synergistic we truly are. I am proud that this landmark occasion will bring us even closer together, for the Archdiocese and AHEPA are partners at both the national and local levels. Every parish is enriched by the local AHEPA Chapter, and I pray that on this Sunday, particular expressions of fidelity, fraternity, and friendship will abound in all our communities. We are many members, yet one Body in Christ, and when one member succeeds, all succeed.

May God grant the American Hellenic Educational Progressive Association, its chapters and families, good health, spiritual prosperity, and success in all their endeavors.

Χριστός Ανέστη! Αληθώς Ανέστη!

Christ is Risen! Truly He is Risen!

† ELPIDOPHOROS  
Archbishop of America



Mission Statement:

Keep, Practice and Proclaim the Orthodox Christian Faith

1. Sanctify and Enhance the Life of the Faithful
2. Proclaim and Teach the Gospel of Jesus Christ
3. Add to the Number of the Faithful through Outreach and Evangelism

# Orthodox Calendar

**MAY 2021**

SUN	MON	TUE	WED	THU	FRI	SAT
						† 1
2 Great and Holy Pascha	3	4	5	6	7	8
9 Thomas Sunday 9:00 am Orthros 9:45 am Memorials 10:00 am Divine Liturgy	10	11	 12	13	 14	15
16 Sunday of the Myrrh-Bearing Women 9:00 am Orthros 9:45 am Memorials 10:00 am Divine Liturgy	17	18	 19	20	 Constantine and Helen 9:00 am Orthros 10:00 am Divine Liturgy	22
23 Sunday of the Paralytic 9:00 am Orthros 9:45 am Memorials 10:00 am Divine Liturgy	24	25	 Mid Pentecost 9:00 am Orthros 10:00 am Divine Liturgy	26	27	 28
30 Sunday of the Samaritan Woman 9:00 am Orthros 9:45 am Memorials 10:00 am Divine Liturgy	31 Memorial Holiday Office Closed					
	31	Strict Fast †	Fish Allowed 	Wine and Oil Allowed 	Dairy, Eggs, and Fish Allowed 	Fast Free