

SAINT SOPHIA

*Axiologa*

*"worth mentioning"*



**MARCH 7, 2021**

*Judgment Sunday*

## **FOUNDATION BOARD OF TRUSTEES**

### **EXECUTIVE OFFICERS**

Constantine M. Boukidis, President, Gig Kyriacou, 1<sup>st</sup> Vice-President; Jim Zaferis; 2<sup>nd</sup> Vice-President; Diane Sakellaris Lapa, Secretary; Tina Callas, Treasurer

### **MEMBERS**

V. Rev. Fr. John S. Bakas, Timi Loomos Freshman, Steve Hanna, Nicholas Manolelis, Tony Natsis, John Peterson, Anna Yallourakis, Jean Paul Wardy, George E. Preonas, Jack Stumpus

### **PRESIDENTIAL APPOINTEES**

Andrew J. Demetriou, General Counsel, Melanie O'Regan

### **TRUSTEES EMERITUS**

Andrew Evangelatos, Alek Haidos, John T. Pappas

## **PARISH COUNCIL BOARD OF DIRECTORS**

### **EXECUTIVE OFFICERS**

Anna Yallourakis, President; Greg Beers, Vice President; Bill Striglos, Treasurer; Kathleen Kyriacou, Asst. Treasurer; Tonifaye Palomares, Recording Secretary

### **MEMBERS**

Andrew Powell; Bertha Angels, Daniel Settelmayer; Dean Peratsakis, Dinah Wellington; Jeanine Hanna; Julian Rebiga; Theodore Spears, Vickie Deryiades, Vasili Tomaras; Associate Memebers; Demetra Jodie Litchfield, Loula Moschonas

### **BOARD OF AUDITORS:**

Jim Boltinghouse, Nicholas Manolelis, Michele Panagiota Olivar

Saint Sophia Cathedral  
1324 S. Normandie Ave  
Los Angeles, CA 90006

Office: 323.737.2424  
[www.saintsophia.org/bulletin](http://www.saintsophia.org/bulletin)

*When you write your will or update it, won't you please remember Saint Sophia Cathedral? Such a gift will live forever as our church ministers to our spiritual needs. It's an investment in the Gospel of Jesus Christ.*

# Memorials

*Among the spirits of the righteous perfected in faith, give rest,  
O Savior to the souls of your servants...*

*Ted Maniatakos (40 days)*

*Sally Dussin (40 days)*

*Martha Tavoularis Callas (1 year)*

*Mary Poloynis (40 days)*

*John Mouzakis*

*John Kissonas*

## ALTAR CANDLES

Offered in loving memory of Theodore Maniatakos by his son Theodore Jr, his step son Demitrious, Pandelis, Christopher, Stephanos and two grand daughters Megan and Mallory.

Offered in loving memy of Theodore Maniatakos by wife Maria

## ALTAR TABLE CANDLES

Offered in loving memory of Martha by her family.

## SOLEA CANDLES

Offered in loving memory of Martha by her family.



## **BIBLE STUDIES**

We hope to have indoor bible studies when permitted but for the time being please join our Bible Study, which, will be conducted online via Zoom Video Conferencing every Tuesday. This, virtual, class will be interactive which allows for questions and answers during the study. A link to join the Zoom class will be emailed out prior to that date. Please share the link below to anyone who wishes to subscribe to our weekly emails. Thank you.

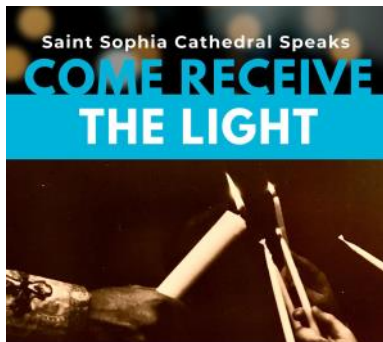
<https://stsophia.us4.list-manage.com/subscribe?u=05212a9d99d6591e24e582cff&id=1da80c474c>

## **SAINT SOPHIA CATHEDRAL SPEAKS: COME RECEIVE THE LIGHT**

We can “elect” to join Fr. John Bakas for a 15-minute study of New Testament Scripture, every Tuesday at 7 pm. Join us on Saint Sophia's Facebook and YouTube pages. Look for "Saint Sophia Speaks: Come Receive the Light" on your **favorite podcast network**, and tune in during your daily commute or workout.

<https://www.facebook.com/StSophiaLA>

<https://www.youtube.com/c/StSophiaOrg>



# LENTED SCHEDULE 2021

## *Saint Sophia Cathedral: Lenten Schedule for March 2021*

1 <sup>st</sup> Saturday of the Souls	Saturday, March 6	9:00am Orthros 10:00am Divine Liturgy
Judgment (Meatfare) Sunday	Sunday, March 7	9:00am Orthros 10:00am Divine Liturgy
2 <sup>nd</sup> Saturday of the Souls	Saturday, March 13	9:00am Orthros 10:00am Divine Liturgy
(Cheesefare) Sunday of Forgiveness (with Forgiveness Vespers)	Sunday, March 14	9:00am Orthros 10:00am Divine Liturgy (Forgiveness Vespers immediately following Liturgy)
Clean Monday (Lent Begins) Καθαρά Δευτέρα	Monday, March 15	Great Compline 10:00am
Presanctified Liturgy	Wednesday, March 17	7:00pm
Presanctified Liturgy	Friday, March 19	9:00am
1 <sup>st</sup> Salutations to the Theotokos	Friday, March 19	7:00pm
Miracle of the Kollyva	Saturday, March 20	9:00am Orthros 10:00am Divine Liturgy
Sunday of Orthodoxy	Sunday, March 21	9:00am Orthros 10:00am Divine Liturgy
Feast of the Annunciation (Vespers)	Wednesday, March 24	7:00pm Great Vespers
Feast of the Annunciation	Thursday, March 25	9:00am Orthros 10:00am Divine Liturgy
Presanctified Liturgy	Friday, March 26	9:00am
2 <sup>nd</sup> Salutations to the Theotokos	Friday, March 26	7:00pm
Sunday of St Gregory Palamas	Sunday, March 28	9:00am Orthros 10:00am Divine Liturgy



## OUTDOOR DIVINE LITURGY

The Los Angeles County Health Department has allowed houses of worship to offer faith-based services both indoors and outdoors with **mandatory physical distancing and face coverings over both the nose and mouth that must be worn at all times while on site both inside the Cathedral and outside in the parking lot.** Divine Liturgy will take place inside the church. Seats will be available inside and outside the cathedral. Only the number of Liturgy attendees that can be accommodated with proper distancing in the marked lines on the pews will be allowed inside the church. **MASKS ARE MANDATORY** inside and outside the parking lot. No one will be allowed on the Saint Sophia property without a mask. If anyone removes their mask outside of taking the Holy Communion, they will be requested to leave and escorted outside the premises.

### Service Time Change

**9:00 am Orthros**

**9:45 am Memorial**

**10:00 am Divine Liturgy**

We will continue live-streaming services on Facebook. Join us, as once again we gather to worship, keeping of course social distancing of at least 6 ft apart. I look forward to seeing you.

**The following guidelines and regulations, that we must comply with, are for the health and safety of all. Thank you.**

- Upon arrival at Saint Sophia, everyone must check in by providing their name and phone number at a welcoming table.
- Face masks are required. (No masks for children under the age of 2 and parental supervision required for children 3-8)

- Anyone who is sick, has been sick or has been around someone who has been sick or who has traveled outside of the state during the past 2 weeks, as well as anyone who is exhibiting symptoms of COVID-19, or who have family members who are ill, should stay home.
- Congregants/visitors will be temperature screened, with non-contact (without touching) thermometers upon arrival as we are required to conduct these non-contact temperature checks by the Health Department.
- We must, respectfully, maintain physical, social, distancing of six feet or more between congregants/visitors from different households when standing or seated.
- Saint Sophia will have hand sanitizer available to use upon arrival and throughout your visit.

God Bless, V. Rev. Fr. John S. Bakas, Dean







## PHILOPTOCHOS NEWS

### SAINT SOPHIA PHILOPTOCHOS BOARD OF DIRECTORS ELECTIONS

Want to make a difference in our community? Why not run for a Position on the Philoptochos Board of Directors? There are a number of positions open and Board membership is fun and fulfilling! If you are interested in serving please contact Virginia Noyes by April 12. You may send a letter to Philoptochos in care of the Cathedral or you may call Virginia at 818-434-4024.

A note about this year's election:

Since we cannot meet in person we will be voting by mail if necessary. You will receive your ballot around May 1 with a postage paid return envelope included for you to mail it back. It must be received NO later than May 17.

**MOTHER'S DAY:** Our Mother's Day plans are going to move to Orange County because we cannot be sure the City of Los Angeles will let us have our event without cancelling it. We will be honoring JUDITH CHRISTOPOULOS, our Mother of the Year. The details are currently being worked out. We are planning a lovely event and will let you know as soon as plans are finalized. Hopefully by summer many people will have received a Covid vaccine and things will start to improve! Please join us and have some fun outside as we honor Judie! More details will be coming next month.

**DEBUTANTE BALL 2021:** Plans are underway for the SAINT SOPHIA PHILOPTOCHOS DEBUTANTE PRESENTATION BALL to be held on Friday, September 3,

*continued*

## **PHILOPTOCHOS NEWS**

2021 at the Four Seasons Beverly Wilshire Hotel. Interested young ladies who will be high school juniors (aged 16) and older should contact the Presentation Ball Chair, Trish Mentas (562) 472.7485 or email to: [saintsophiadebball@gmail.com](mailto:saintsophiadebball@gmail.com). An orientation tea will be held at the Saint Sophia Cathedral Huffington Center on Sunday, May 22, 2021 by reservation. These dates are subject to change.

MEMBERSHIP 2021: Our membership drive as started! The mailings are out from our membership chairman Maria Toczek. Membership is important not only to our chapter but also to the Metropolis and National Boards. Maybe you would like to join one of the committees for an upcoming event. PLEASE join us and bring some new ideas to Philoptochos. We'd love to meet you.

Virginia Noyes and the Board of Directors

## **EASTER FLOWERS**

Contact Jessica in the office 323-737-2424 to sponsor flowers for Holy Week.

*Lent* IS A TIME TO  
**GROW**  
CLOSER TO JESUS

*Sunday, April 25*



## *St. Sophia Easter Bake Sale*

---

Tsourekia, Baklava,  
Koulourakia, Melomakarona,  
Kourambiedes



### **Pre-Order ONLY**

*Must be made by Tuesday, 4/20/2021*

*Orders will be pre-packaged and ready for pick up from 10am-1pm on Sunday, 4/25/2021.*

*Please bring cash or check only.*

**Call Eleni at (310) 420-8374 to order.**

---

PROCEEDS BENEFIT THE ST. SOPHIA DANCE PROGRAM

---

**THE HOLY LAND 2021  
WITH FATHER JOHN**

**DEC. 2<sup>ND</sup> – DEC. 11<sup>TH</sup>**



**God willing, Father John plans to return to Israel.  
This trip will give us something to look forward to later  
this year.  
For planning purposes, we would like to get an idea of  
the number  
of pilgrims who want to join the group.**

**More details to come...**

Interested? Please Email

Jessica at [secretary@saintsophia.org](mailto:secretary@saintsophia.org)

or

Maria at [baltazzi@sojourn-intl.com](mailto:baltazzi@sojourn-intl.com)

# SAINT SOPHIA RESIDENCES

## FOR LEASE

Lovely and spacious

2 bedroom/2 bath and 3 bedroom/2 bath

Apartments are now available at the beautifully maintained building located directly behind Saint Sophia Cathedral at

1425 South Mariposa Avenue

Los Angeles

If you are 55 or older and an Orthodox Christian, come check out these apartments while they are still available and join a friendly Orthodox community!

2 bedroom/2 bath-\$1400

3 bedroom/2 bath-\$1800

Please call Louis Pappas 310-902-0852

## Mission Statement:

Keep, Practice and Proclaim the Orthodox Christian Faith

1. Sanctify and Enhance the Life of the Faithful
2. Proclaim and Teach the Gospel of Jesus Christ
3. Add to the Number of the Faithful through Outreach and Evangelism

# Orthodox Calendar

## MARCH 2021

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	† 3	4	† 5	6 1 <sup>st</sup> Saturday of Souls 9:00 am Orthros 10:00 Divine Liturgy
7 Judgment Sunday 8:30 am Orthros 9:45 am Memorials 10:00 am Divine Liturgy	8 	9  Bible Studies Class 11 am	10 	11 	12 	13  2 <sup>nd</sup> Saturday of Souls 9:00 am Orthros 10:00 Divine Liturgy
14  Forgiveness Sunday 8:30 am Orthros 9:45 am Memorials 10:00 am Divine Liturgy	15 † Clean Monday 10:00 am Compline Service	16 † Bible Studies Class 11 am	17 † Presanctified Liturgy 7 pm	18 †	19 † Presanctified Liturgy 9:00 am Salutations of the Theotokos 7 pm	20  3 <sup>rd</sup> Saturday of Souls 9:00 am Orthros 10:00 Divine Liturgy
21  Sunday of Orthodox 8:30 am Orthros 9:45 am Memorials 10:00 am Divine Liturgy	22	23 Bible Studies Class 11 am	24  Great Vespers for the Annunciation 7 pm	25 Feast of the Annunciation 9 am Orthros 10 am Divine Liturgy	26 † Presanctified Liturgy 9 am Salutations to the Theotokos 7 pm	27
28 Sunday of St. Gregory Palamas 8:30 am Orthros 9:45 am Memorials 10:00 am Divine Liturgy Studies	29	30 † Bible Studies Class 11 am	31	†		
		Strict Fast  †	Fish Allowed  	Wine and Oil Allowed  	Dairy, Eggs, and Fish Allowed  	Fast Free