

SAINT SOPHIA

Axiologa

"worth mentioning"



NOVEMBER 22, 2020

9th Sunday of St. Luke

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Saint Sophia Cathedral
1324 S. Normandie Ave
Los Angeles, CA 90006

Office: 323.737.2424
www.saintsophia.org/bulletin

When you write your will or update it, won't you please remember Saint Sophia Cathedral? Such a gift will live forever as our church ministers to our spiritual needs. It's an investment in the Gospel of Jesus Christ.

Memorials

*Among the spirits of the righteous perfected in faith, give rest,
O Savior to the souls of your servants...*

Helene Ballas (5 years)

Vera Uliantzeff (13 years)

Helen Christie Dean (13 years)

Pauline Ladicos (10 years)

ALTAR CANDLES

Offered in loving memory of Helene Ballas by her family.

Offered in loving memory of Vera Uliantzeff by her family.

ALTAR TABLE CANDLES

Offered in loving memory of Helen Christie Dean by the
Dean family.

PERPETUAL CANDLE

Offered in loving memory of Pauline Ladicos by Tula Van
Alstine.





Iconographer: Father Luke Dingman

Twenty-third Annual

Christmas Musicfest under the Byzantine Dome

Due to COVID-19 restrictions this event will be **Live Streamed Only**

Sunday, December 6, 2020
Saint Sophia Greek Orthodox Cathedral
7:00 p.m.

Featuring the Saint Sophia Cathedral Choir directed by Jim Kollias with soloists Michele Patzakis and Christopher Yokas all presenting Orthodox Christmas hymns and chants from the Vespers, Matins and Divine Liturgy of Christmas plus several Christmas selections by Johann Sebastian Bach along with traditional carols of the Christmas season.

Freewill offering via: <https://saintsophia.org/donate-payment/>

OUTDOOR DIVINE LITURGY

Dear brothers and sisters in Christ,

The Divine Liturgy will be celebrated outside in front of the cathedral.

Service Time Change

8:30 am Orthros

9:00 am Memorial

9:15 am Divine Liturgy

We will continue live-streaming services on Facebook. Join us, as once again we gather to worship, keeping of course social distancing of at least 6 ft apart. I look forward to seeing you.

The following guidelines and regulations, that we must comply with, are for the health and safety of all. Thank you.

- Upon arrival at Saint Sophia, everyone must check in by providing their name and phone number at a welcoming table.
- Face masks are required. (No masks for children under the age of 2 and parental supervision required for children 3-8)
- Anyone who is sick, has been sick or has been around someone who has been sick or who has traveled outside of the state during the past 2 weeks, as well as anyone who is exhibiting symptoms of COVID-19, or who have family members who are ill, should stay home.
- Congregants/visitors will be temperature screened, with non-contact (without touching) thermometers upon arrival as we are required to conduct these non-contact temperature checks by the Health Department.

OUTDOOR DIVINE LITURGY

- We must, respectfully, maintain physical, social, distancing of six feet or more between congregants/visitors from different households when standing or seated.
- Saint Sophia will have hand sanitizer available to use upon arrival and throughout your visit.

God Bless, V. Rev. Fr. John S. Bakas, Dean

PARISH GENERAL ASSEMBLY MEETING

We will be having our General Assembly on December 13, 2020 after Divine Liturgy.

As we are obligated to abide by public health regulations, as set forth by the State of California, as well as the County and City of Los Angeles, the Parish Council is, once again, prepared to conduct the meeting, online, via Zoom Video Conferencing, just as we did during our first General Assembly meeting of the year, which was held in June.

Pledged members are welcomed and encouraged to attend. We will continue to provide updates in our weekly bulletin, which is accessible on our Saint Sophia website and we will also provide updates via email. If you plan to attend the meeting, please notify Dean Peratsakis at president@saintsophia.org. Thank you.

If you are aware of any members in good standing who do not receive our weekly emails, be sure to share this with them. They can update their email address with us by following the link below.

Thank you, Saint Sophia Parish Council

<https://stsophia.us4.list-manage.com/subscribe?u=05212a9d99d6591e24e582cff&id=1da80c474c>

BIBLE STUDIES W/ FR. JOHN

We hope to have indoor bible studies when permitted but for the time being please join Father John's Bible Study, which, will be conducted online via Zoom Video Conferencing. This, virtual, class will be interactive which allows for questions and answers during the study. A link to join the Zoom class will be emailed out prior to that date. Please share the link below to anyone who wishes to subscribe to our weekly emails. Thank you. Class is **cancelled** next week and will resume after Thanksgiving.

<https://stsophia.us4.list-manage.com/subscribe?u=05212a9d99d6591e24e582cff&id=1da80c474c>

SAINT SOPHIA CATHEDRAL SPEAKS: COME RECEIVE THE LIGHT

The series is **cancelled** next week and will resume after Thanksgiving.

2020 PARISH COUNCIL ELECTIONS

Dear Saint Sophia Parishioners,

Elections for Parish Council members will take place in person Sunday, November 22, 2020 after Divine Liturgy. You must be a member in Good Standing to vote. There are seven positions vacated and seven candidates. The following individuals are eligible to run:

Vickie Deryiades
William Striglos
Vasili Tomaras
Tonifaye Palomares
Dan Settelmayer
Theodore Spears
Julian Rebiga

PHILOPTOCHOS NEWS

THE SAINT SOPHIA PHILOPTOCHOS SOCIETY
presents



An Epicurean Journey With Friends

**Don't Miss Out! Only Two More
Cooking Classes + Online Silent Auction**

**“FROM HER KITCHEN TO YOURS” ONLINE
COOKING CLASSES WITH ACCLAIMED CHEF
AND GREEK FOOD AMBASSADOR MARIA LOI
VIA ZOOM!**

Join us for *An Epicurean Journey with Friends* series of master chef cooking classes celebrating the seasonal flavors of Greece. Saturday(s) November 7 (Out-of-the-Ordinary Keftedakia -Greek Meatballs) and December 5 (Honey! Melopita-It's a Ricotta Cheesecake) from 11a.m. – 12:00 noon via Zoom. \$25 per kitchen for each class. Silent Auction, prizes and plenty of expert tips. No passport required and aprons are optional! To Purchase Tickets Online, Make a Donation and Bid on Silent Auction Items: stsophiaphiloptochos.org
Need more info? Tonifaye Palomares 310-560-0865 Ssphiloptochos@gmail.com

SEE'S CANDY SALE

DAUGHTERS OF PENELOPE

It's that wonderful time of year for See's Candy!

The Daughters of Penelope Alkandre Chapter (Los Angeles) is selling See's Candy to raise money for two of our favorite projects: *The Guide Dogs of America and Limbitless* - the non-profit organization that creates artificial limbs (arms/hands and legs/feet) for children and teens. With the church hall off limits because of the virus, we will have to change how these items are ordered and delivered.

SALE RUNS FROM NOVEMBER 8 TO DECEMBER 1 - NO ORDERS AFTER DECEMBER 1

First: pick the items that you wish to purchase and total up what you owe

Second: **write a check to the DOP Alkandre Chapter 43** for the total amount.

Third: **send the check and order to:** Virginia Noyes
2163 Lenore Drive
Glendale, CA 91206

Your order **MUST** be prepaid for us to place the order. Sorry but we are not able to accept any form of payments other than checks.

To pick up your order, we will have a drive thru pickup at Saint Sophia Cathedral on Sunday, December 13 after church services.



*Nuts and Chews: 1 pound box - \$22.00

*Assorted Chocolates: 1 pound box - \$22.00

* Winter Wonderland Box - \$7.00 (4 ounces)

Jingle Jingle Jingle - sorry but these are the only items we are offering.

Any questions, you may call Virginia at: 818-434-4024

PHILOPTOCHOS NEWS

EPICUREAN JOURNEY WITH FRIENDS: THANK YOU everyone who joined in to our cooking classes and made donations! It has been a wonderful success and we truly appreciate your support. If you missed signups and still wish to join in the last two classes (one or two) please see our information in the bulletin. There is still time to get in on the fun. Also, don't forget our wonderful silent auction items! Go to: www.32auctions.com/epicureanjourney2020.com We have lots of gifts and gift cards that are sure to please you or someone in your family! The auction will be open until December 5.

COSMAS AND DAMIANOS: Philoptochos has a National Commitment on November 1 in honor of our patron saints Cosmas and Damianos. All money collected is sent to the Ecumenical Patriarchate for their works and programs. We hope you will send a donation for this most worthy cause. Checks should be made out to Greek Orthodox Ladies Philoptochos and sent to:

Maria Toczec: 204 W. Kenneth Road - Glendale, CA 91202

MOTHER'S DAY: With our Mother's Day having been postponed this past May, we are planning to go full steam ahead for next May! Please save the date Saturday, May 8, 2021 as we honor JUDITH CHRISTOPOULOS, our Mother of the Year. We are planning a lovely day and hope you will be with us!

DEBUTANTE BALL: Our Debutante Ball has been rescheduled to Friday, September 3, 2021 at the Beverly Wilshire Hotel. Chairman Patricia Mentas has been working to plan the dates for next spring and summer since we had to cancel this year's ball that was supposed to be in January.

continued

PHILOPTOCHOS NEWS

CHRISTMAS: So many are alone and suffering during this time of year. The Covid virus has made things worse for many people. This is the time to make a donation from your heart to help someone else. There are many missions that need help to feed the thousands of people who will line up for a meal. Toys for Tots, the Salvation Army, Food Banks and more groups need help. Choose one and know the joy and happiness of giving. We all grow older and our eyes get weaker, but what we feel with our hearts remains forever a thing of joy and beauty. Let us all remember that we are celebrating the birth of Christ and ask ourselves what he would want. Loving kindness - warm hearts - and a stretched out hand of tolerance. All the shining gifts that make peace on earth.

EPICUREAN JOURNEY WITH FRIENDS: It's winding down now, we are nearing the end! One class left to go on December 5! Chef Loi will be preparing her Melopita - a Greek style ricotta cheesecake! Don't forget our silent auction items! Go to: www.32auctions.com/epicureanjourney2020.com We have lots of lovely gifts and gift cards that are sure to please you or someone in your family! The auction will be open until December 5. Many thanks to Chairman Dina Demetrius and her team who have worked so hard on this!

MEMBERSHIP 2021: Our membership drive is starting up! The mailings will be coming out soon from our membership chairman Maria Toczek. Membership is important not only to our chapter but also to the Metropolis and National. We have many commitments to the National Philoptochos and to the Metropolis. Our workload is heavier than most people realize but we have to raise money in order to donate it to National, to charities and those who need us. Maybe you would like to

PHILOPTOCHOS NEWS

join one of the committees for an upcoming event. Watch our messages for event information and let us know what you might like to join.

MOTHER'S DAY: Our Mother's Day plans are moving along for Saturday, May 8, 2021. We will be honoring JUDITH CHRISTOPOULOS, our Mother of the Year who did not get her event this past May. We are planning a lovely day and hope you will be with us.

DEBUTANTE BALL 2021: The Debutante Ball has been rescheduled to Friday, September 3, 2021 at the Beverly Wilshire Hotel. Chairman Patricia Mentas has been working to plan the dates for next spring and summer since we had to cancel this year's ball. Patricia and her committee are working hard to make this a wonderful event. Save the date and please join us as we present these lovely young ladies.

Thank you to our entire wonderful Cathedral staff that work every day to take care of things. Many thanks for the beautiful music brought to us by Chris Yokas and Jim Kollias and choir. To Father Bakas, assistant Anthony Cornett, John Kopatsis and Jessica, many thanks for all you have been doing.

May you all have a Blessed Christmas and Happy New Year!!

Virginia Noyes and the Board of Directors





Light the Path



*His Eminence Metropolitan Gerasimos
and the Metropolis of San Francisco Philoptochos
joyfully invite you to attend*



Light the Path A Virtual Celebration

Saturday, December 5, 2020
2:00 p.m. – 3:30 p.m. PST

*Please join us for an inspiring virtual fundraising event
in support of the Bishop Anthony Philoptochos
Student Aid Endowment Fund that will feature special presentations from*

Hellenic College Holy Cross Students
Nicholas Fettis, Pianist from the Fettis Family Farm in Carmel, CA
Citrus Singers from Citrus College in Glendora, CA

and an Archpastoral Message from

His Eminence Metropolitan Gerasimos of San Francisco

There is no cost to attend, however advance registration
is required to receive Zoom login information.

Register at: www.sfphiloptochos.org or by calling 415-431-2600 by December 1, 2020.

Donate today online: www.sfphiloptochos.org

SAINT SOPHIA RESIDENCES

FOR LEASE

Lovely and spacious

2 bedroom/2 bath and 3 bedroom/2 bath

Apartments are now available at the beautifully maintained building located directly behind Saint Sophia Cathedral at

1425 South Mariposa Avenue

Los Angeles

If you are 55 or older and an Orthodox Christian, come check out these apartments while they are still available and join a friendly Orthodox community!

2 bedroom/2 bath-\$1400

3 bedroom/2 bath-\$1800

Please call Louis Pappas 310-902-0852



IS LOOKING FOR LA FOOD BANK VOLUNTEERS

Registration is through LA Regional Food Bank
Call Stephen Pliaconis, 310-658-1749
Minimum Age is 18 to Volunteer
we adhere to all safe practices

**WEDNESDAY, DAY BEFORE THANKSGIVING
NOVEMBER 25TH | 1 - 3:30 PM
LA REGIONAL FOOD BANK
1734 E 41ST ST LOS ANGELES 90058**

Our volunteers will be helping us sort through, inspect, and package food donations from local farmers and supermarket chains before the donations go out into the community.

Mission Statement:

Keep, Practice and Proclaim the Orthodox Christian Faith

1. Sanctify and Enhance the Life of the Faithful
2. Proclaim and Teach the Gospel of Jesus Christ
3. Add to the Number of the Faithful through Outreach and Evangelism

Orthodox Calendar

NOVEMBER 2020

SUN	MON	TUE	WED	THU	FRI	SAT
1 5 th Sunday of St. Luke 8:30 am Orthros 9:00 am Memorials 9:15 am Divine Liturgy	2	3 Bible Study via Zoom 11 am	4 ✝	5	6 ✝	7
8 7 th Sunday of St. Luke 8:30 am Orthros 9:00 am Memorials 9:15 am Divine Liturgy Vespers at St. Nectarios 7:30 pm in Covina	9 St. Nectarios of Aegina the Wonderworker at St. Nectarios in Covina 8:30 Orthros followed by Divine Liturgy	10 Bible Study via Zoom 11 am	11 ✝	12	13 John Chrysostom, Archbishop Constantinople 9:00 am Orthros 10:00 am Divine Liturgy	14
15  8 th Sunday of St. Luke 8:30 am Orthros 9:00 am Memorials 9:15 am Divine Liturgy	16 	17 	18 ✝	19 	20 ✝	21  Entrance of the Theotokos Into the Temple 9:00 am Orthros 10:00 am Divine Liturgy
22  9 th Sunday of St. Luke 8:30 am Orthros 9:00 am Memorials 9:15 am Divine Liturgy	23 	24 	25 	26  Thanksgiving Day Campus Closed	27 ✝ Thanksgiving Holiday Campus Closed	28 
29  13 th Sunday of St. Luke 8:30 am Orthros 9:00 am Memorials 9:15 am Divine Liturgy	30  Andrew the First-Called Apostle 9:00 am Orthros 10:00 am Divine Liturgy					
		Strict Fast ✝	Fish Allowed 	Wine and Oil Allowed 	Dairy, Eggs, and Fish Allowed 	Fast Free