

SAINT SOPHIA

Axiologa

"worth mentioning"



NOVEMBER 8, 2020

7th Sunday of St. Luke

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Saint Sophia Cathedral
1324 S. Normandie Ave
Los Angeles, CA 90006

Office: 323.737.2424
www.saintsophia.org/bulletin

When you write your will or update it, won't you please remember Saint Sophia Cathedral? Such a gift will live forever as our church ministers to our spiritual needs. It's an investment in the Gospel of Jesus Christ.

Memorials

*Among the spirits of the righteous perfected in faith, give rest,
O Savior to the souls of your servants...*

Panayiotis Pelargos

Rena Poulos (3 years)

Serafimoula Pelargos

George Poulos (43 years)

Despina Pelargos

Sophia Angelos

Eraclis Hadjidamianou

Efthimios Angelopoulos

Thecla Hadjidamianou

Mary Nina Angelos

Sophia Koneiza

James Angelos

Evagoras Christodoulou

Patricia Bosdet Angelos

Jenny Doumak

Yioryia (3 months)

Helene Ballas (5 years)

Constantine (1 year)

Steven Roumeliotis (23 years)

Chrysostom (7 years)

Demosthenes Caïopoulos

Demetri (10 years)

(82 years)

Mary (1 year)

ALTAR CANDLES

Offered in loving memory of Panayiotis Pelargos, Serafimoula Pelargos, Despina Pelargos, Eraclis Hadjidamianou, Thecla Hadjidamianou, Sophia Koneiza, Evagoras Christodoulou, and Jenny Doumak by the Emmanuel Pelargos family.

ALTAR TABLE CANDLES

Offered in loving memory of Rena Poulos, George Poulos, Sophia Angelos, Efthimios Angelopoulos, Mary Nina Angelos, James Angelos and Patricia Bosdet Angelos by the Poulos family.

Offered in loving memory of Rena Poulos, George Poulos, Sophia Angelos, Efthimios Angelopoulos, Mary Nina Angelos, James Angelos and Patricia Bosdet Angelos by the Dietsch family.

OUTDOOR DIVINE LITURGY

Dear brothers and sisters in Christ,

The Divine Liturgy will be celebrated outside in front of the cathedral. If it rains, we will step inside the umbrella of our cathedral.

Service Time Change

8:30 am Orthros

9:00 am Memorial

9:15 am Divine Liturgy

We will continue live-streaming services on Facebook. Join us, as once again we gather to worship, keeping of course social distancing of at least 6 ft apart. I look forward to seeing you.

The following guidelines and regulations, that we must comply with, are for the health and safety of all. Thank you.

- Upon arrival at Saint Sophia, everyone must check in by providing their name and phone number at a welcoming table.
- Face masks are required. (No masks for children under the age of 2 and parental supervision required for children 3-8)
- Anyone who is sick, has been sick or has been around someone who has been sick or who has traveled outside of the state during the past 2 weeks, as well as anyone who is exhibiting symptoms of COVID-19, or who have family members who are ill, should stay home.
- Congregants/visitors will be temperature screened, with non-contact (without touching) thermometers upon arrival as we are required to conduct these non-contact temperature

continued

OUTDOOR DIVINE LITURGY

checks by the Health Department.

- We must, respectfully, maintain physical, social, distancing of six feet or more between congregants/visitors from different households when standing or seated.
- Saint Sophia will have hand sanitizer available to use upon arrival and throughout your visit.

God Bless,

V. Rev. Fr. John S. Bakas

Dean



SAINT SOPHIA CATHEDRAL SPEAKS: COME RECEIVE THE LIGHT

Beginning on Tuesday, November 10th at 7 pm, we can “elect” to join Fr. John Bakas for a 15-minute study of New Testament Scripture. This week’s episode will focus on the Parables of Christ. Join us on Facebook or YouTube. You will receive an email next week with the link.



2020 PARISH COUNCIL ELECTIONS

Dear St Sophia Parishioners,

Giving back to our community can be very rewarding. If you would like to serve our community by joining the Parish Council, please submit your name, email and phone number to Jack Stumpus at jwstumpus@aol.com.

You must be a member in good standing and let us know by Sunday November 15th.

Elections will take place Sunday, November 22, 2020.

Thank you.

BIBLE STUDIES W/ FR. JOHN

We hope to have indoor bible studies when permitted but for the time being please join Father John's Bible Study, which, will be conducted online via Zoom Video Conferencing. This, virtual, class will be interactive which allows for questions and answers during the study. A link to join the Zoom class will be emailed out prior to that date. Please share the link below to anyone who wishes to subscribe to our weekly emails. Thank you.

<https://stsophia.us4.list-manage.com/subscribe?u=05212a9d99d6591e24e582cff&id=1da80c474c>



PHILOPTOCHOS NEWS

THE SAINT SOPHIA PHILOPTOCHOS SOCIETY
presents



An Epicurean Journey With Friends

**Don't Miss Out! Only Two More
Cooking Classes + Online Silent Auction**

**“FROM HER KITCHEN TO YOURS” ONLINE
COOKING CLASSES WITH ACCLAIMED CHEF
AND GREEK FOOD AMBASSADOR MARIA LOI
VIA ZOOM!**

Join us for *An Epicurean Journey with Friends* series of master chef cooking classes celebrating the seasonal flavors of Greece. Saturday(s) November 7 (Out-of-the-Ordinary Keftedakia -Greek Meatballs) and December 5 (Honey! Melopita-It's a Ricotta Cheesecake) from 11a.m. – 12:00 noon via Zoom. \$25 per kitchen for each class. Silent Auction, prizes and plenty of expert tips. No passport required and aprons are optional! To Purchase Tickets Online, Make a Donation and Bid on Silent Auction Items: stsophiaphiloptochos.org
Need more info? Tonifaye Palomares 310-560-0865 Ssphiloptochos@gmail.com

SEE'S CANDY SALE

DAUGHTERS OF PENELOPE

It's that wonderful time of year for See's Candy!

The Daughters of Penelope Alkandre Chapter (Los Angeles) is selling See's Candy to raise money for two of our favorite projects: *The Guide Dogs of America and Limbitless* - the non-profit organization that creates artificial limbs (arms/hands and legs/feet) for children and teens. With the church hall off limits because of the virus, we will have to change how these items are ordered and delivered.

SALE RUNS FROM NOVEMBER 8 TO DECEMBER 1 - NO ORDERS AFTER DECEMBER 1

First: pick the items that you wish to purchase and total up what you owe

Second: **write a check to the DOP Alkandre Chapter 43** for the total amount.

Third: **send the check and order to:** Virginia Noyes
2163 Lenore Drive
Glendale, CA 91206

Your order **MUST** be prepaid for us to place the order. Sorry but we are not able to accept any form of payments other than checks.

To pick up your order, we will have a drive thru pickup at Saint Sophia Cathedral on Sunday, December 13 after church services.



*Nuts and Chews: 1 pound box - \$22.00

*Assorted Chocolates: 1 pound box - \$22.00

* Winter Wonderland Box - \$7.00 (4 ounces)

Jingle Jingle Jingle - sorry but these are the only items we are offering.

Any questions, you may call Virginia at: 818-434-4024

PHILOPTOCHOS NEWS

EPICUREAN JOURNEY WITH FRIENDS: THANK YOU everyone who joined in to our cooking classes and made donations! It has been a wonderful success and we truly appreciate your support. If you missed signups and still wish to join in the last two classes (one or two) please see our information in the bulletin. There is still time to get in on the fun. Also, don't forget our wonderful silent auction items! Go to: www.32auctions.com/epicureanjourney2020.com We have lots of gifts and gift cards that are sure to please you or someone in your family! The auction will be open until December 5.

COSMAS AND DAMIANOS: Philoptochos has a National Commitment on November 1 in honor of our patron saints Cosmas and Damianos. All money collected is sent to the Ecumenical Patriarchate for their works and programs. We hope you will send a donation for this most worthy cause. Checks should be made out to Greek Orthodox Ladies Philoptochos and sent to:

Maria Toczek: 204 W. Kenneth Road - Glendale, CA 91202

MOTHER'S DAY: With our Mother's Day having been postponed this past May, we are planning to go full steam ahead for next May! Please save the date Saturday, May 8, 2021 as we honor JUDITH CHRISTOPOULOS, our Mother of the Year. We are planning a lovely day and hope you will be with us!

DEBUTANTE BALL: Our Debutante Ball has been rescheduled to Friday, September 3, 2021 at the Beverly Wilshire Hotel. Chairman Patricia Mentas has been working to plan the dates for next spring and summer since we had to cancel this year's ball that was supposed to be in January.

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PHILOPTOCHOS NEWS

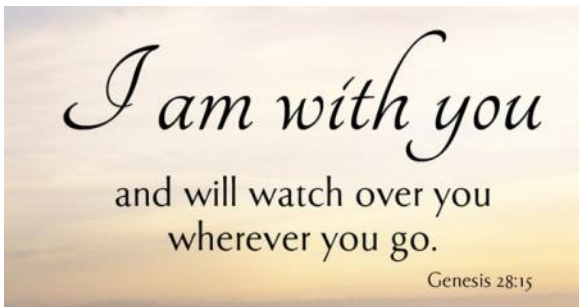
Patricia and her committee are already preparing for next year. Save the date and please join us as we present these lovely young ladies.

MEMBERSHIP: Philoptochos is getting ready for our Membership Drive 2021. We know some people may have forgotten to pay this year's dues because of the Covid virus but we hope you will join in this coming year. Membership is important not only to our chapter but also to the Metropolis and National. We need you! Maybe you have some new ideas or perhaps you'd like to join one of our committees for an upcoming event. We don't know when we will be able to have any 'in person' meetings at church but if you'd like to work on a committee, please watch for the event messages and let us know.

FLU SHOTS: It's that time of year now for flu shots! Be sure you get your shot either from your pharmacy or doctors office. Even though the flu shot may not prevent the new Covid virus you will certainly build up some new antibodies that you need. Every year the flu is a different strain but it still provides a measure of prevention for what may come our way. We need to take care of ourselves.

In Christ's service,

Virginia Noyes and the Board of Directors



SAINT SOPHIA RESIDENCES

FOR LEASE

Lovely and spacious

2 bedroom/2 bath and 3 bedroom/2 bath

Apartments are now available at the beautifully maintained building located directly behind Saint Sophia Cathedral at

1425 South Mariposa Avenue

Los Angeles

If you are 55 or older and an Orthodox Christian, come check out these apartments while they are still available and join a friendly Orthodox community!

2 bedroom/2 bath-\$1400

3 bedroom/2 bath-\$1800

Please call Louis Pappas 310-902-0852



IS LOOKING FOR LA FOOD BANK VOLUNTEERS

Registration is through LA Regional Food Bank
Call Stephen Pliaconis, 310-658-1749
Minimum Age is 18 to Volunteer
we adhere to all safe practices

**WEDNESDAY, DAY BEFORE THANKSGIVING
NOVEMBER 25TH | 1 - 3:30 PM
LA REGIONAL FOOD BANK
1734 E 41ST ST LOS ANGELES 90058**


Our volunteers will be helping us sort through, inspect, and package food donations from local farmers and supermarket chains before the donations go out into the community.

Mission Statement:
Keep, Practice and Proclaim the Orthodox Christian Faith

1. Sanctify and Enhance the Life of the Faithful
2. Proclaim and Teach the Gospel of Jesus Christ
3. Add to the Number of the Faithful through Outreach and Evangelism

Orthodox Calendar

NOVEMBER 2020

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	✝ 4	5	✝ 6	7
5th Sunday of St. Luke 8:30 am Orthros 9:00 am Memorials 9:15 am Divine Liturgy		Bible Study via Zoom 11 am				
8	9	10	✝ 11	12	13	14
7th Sunday of St. Luke 8:30 am Orthros 9:00 am Memorials 9:15 am Divine Liturgy Vespers at St. Nectarios 7:30 pm in Covina	St. Nectarios of Aegina the Wonderworker at St. Nectarios in Covina 8:30 Orthros followed by Divine Liturgy	Bible Study via Zoom 11 am	Veterans Day Holiday Campus Closed		 John Chrysostom, Archbishop Constantinople 9:00 am Orthros 10:00 am Divine Liturgy	
15	16	17	✝ 18	19	✝ 20	21
 8th Sunday of St. Luke 8:30 am Orthros 9:00 am Memorials 9:15 am Divine Liturgy		 Bible Study via Zoom 11 am				 Entrance of the Theotokos Into the Temple 9:00 am Orthros 10:00 am Divine Liturgy
22	23	24	25	26	27	28
 9th Sunday of St. Luke 8:30 am Orthros 9:00 am Memorials 9:15 am Divine Liturgy				 Thanksgiving Day Campus Closed	 Thanksgiving Holiday Campus Closed	
29	30					
 13th Sunday of St. Luke 8:30 am Orthros 9:00 am Memorials 9:15 am Divine Liturgy	 Andrew the First-Called Apostle 9:00 am Orthros 10:00 am Divine Liturgy					
		Strict Fast 	Fish Allowed 	Wine and Oil Allowed 	Dairy, Eggs, and Fish Allowed 	Fast Free