

SAINT SOPHIA

Axiologa

"worth mentioning"



NOVEMBER 1, 2020

5th Sunday of St. Luke

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Saint Sophia Cathedral
1324 S. Normandie Ave
Los Angeles, CA 90006

Office: 323.737.2424
www.saintsophia.org/bulletin

When you write your will or update it, won't you please remember Saint Sophia Cathedral? Such a gift will live forever as our church ministers to our spiritual needs. It's an investment in the Gospel of Jesus Christ.

Memorials

*Among the spirits of the righteous perfected in faith, give rest,
O Savior to the souls of your servants...*

Nick Bissias (6 months)

Anastasios Themelis

(6 years)

Lucas Loukaris

(3 years)

Louis Loukaris

Anthony S. Psaltis

(10 years)

Phyllis Marlene Psaltis

Olga Ann Demetroules

Sophocles Demetroules

George Gialketsis

Lola Gialketsis

Ernie Tassop

Nick Tassop

Tom Papadakis

Angie Papadakis

Chris Julias

William Evangelatos

Peter Kaplanis

Joan Tsagalakis

ALTAR CANDLES

Offered in loving memory of Anastasios Themelis by his wife, son and granddaughter.

ALTAR TABLE CANDLES

Offered in loving memory of Nick Bissias by Elaine and Diane Bissias.

SOLEA CANDLES

Offered in loving memory of Lucas Loukaris by his mother Mersy Loukaris.

Offered in loving memory of Louis Loukaris by his wife Mersy Loukaris

PERPETUAL CANDLES

Offered in loving memory of Anthony S. Psaltis by his loving family.

OUTDOOR DIVINE LITURGY

Dear brothers and sisters in Christ,

The Divine Liturgy will be celebrated outside in front of the cathedral.

Service Time Change

8:30 am Orthros

9:00 am Memorial

9:15 am Divine Liturgy

We will continue live-streaming services on Facebook. Join us, as once again we gather to worship, keeping of course

social distancing of at least 6 ft apart. I look forward to seeing you.

The following guidelines and regulations, that we must comply with, are for the health and safety of all. Thank you.

- Upon arrival at Saint Sophia, everyone must check in by providing their name and phone number at a welcoming table.
- Face masks are required. (No masks for children under the age of 2 and parental supervision required for children 3-8)
 - Anyone who is sick, has been sick or has been around someone who has been sick or who has traveled outside of the state during the past 2 weeks, as well as anyone who is exhibiting symptoms of COVID-19, or who have family members who are ill, should stay home.
- Congregants/visitors will be temperature screened, with non-contact (without touching) thermometers upon arrival as

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OUTDOOR DIVINE LITURGY

we are required to conduct these non-contact temperature checks by the Health Department.

- We must, respectfully, maintain physical, social, distancing of six feet or more between congregants/visitors from different households when standing or seated.
- Saint Sophia will have hand sanitizer available to use upon arrival and throughout your visit.

God Bless,

V. Rev. Fr. John S. Bakas

Dean



SAINT SOPHIA CATHEDRAL SPEAKS: COME RECEIVE THE LIGHT

Beginning on Tuesday, November 3rd at 7 pm, we can “elect” to join Fr. John Bakas for a 15-minute study of New Testament Scripture. This week’s episode will focus on the Parables of Christ. Join us on Facebook or YouTube. You will receive an email next week with the link.



2020 PARISH COUNCIL ELECTIONS

Dear St Sophia Parishioners,

Giving back to our community can be very rewarding. If you would like to serve our community by joining the Parish Council, please submit your name, email and phone number to Jack Stumpus at jwstumpus@aol.com.

You must be a member in good standing and let us know by Sunday November 15th.

Elections will take place Sunday, November 22, 2020.

Thank you.

BIBLE STUDIES W/ FR. JOHN

We hope to have indoor bible studies when permitted but for the time being please join Father John's Bible Study, which, will be conducted online via Zoom Video Conferencing. This, virtual, class will be interactive which allows for questions and answers during the study. A link to join the Zoom class will be emailed out prior to that date. Please share the link below to anyone who wishes to subscribe to our weekly emails. Thank you.

<https://stsophia.us4.list-manage.com/subscribe?u=05212a9d99d6591e24e582cff&id=1da80c474c>



PHILOPTOCHOS NEWS

THE SAINT SOPHIA PHILOPTOCHOS SOCIETY
presents



An Epicurean Journey With Friends

**Don't Miss Out! Only Two More
Cooking Classes + Online Silent Auction**

**“FROM HER KITCHEN TO YOURS” ONLINE
COOKING CLASSES WITH ACCLAIMED CHEF
AND GREEK FOOD AMBASSADOR MARIA LOI
VIA ZOOM!**

Join us for *An Epicurean Journey with Friends* series of master chef cooking classes celebrating the seasonal flavors of Greece. Saturday(s) November 7 (Out-of-the-Ordinary Keftedakia -Greek Meatballs) and December 5 (Honey! Melopita-It's a Ricotta Cheesecake) from 11a.m. – 12:00 noon via Zoom. \$25 per kitchen for each class. Silent Auction, prizes and plenty of expert tips. No passport required and aprons are optional! To Purchase Tickets Online, Make a Donation and Bid on Silent Auction Items: stsophiaphiloptochos.org
Need more info? Tonifaye Palomares 310-560-0865 Ssphiloptochos@gmail.com

SEE'S CANDY SALE

DAUGHTERS OF PENELOPE

It's that wonderful time of year for See's Candy!

The Daughters of Penelope Alkandre Chapter (Los Angeles) is selling See's Candy to raise money for two of our favorite projects: *The Guide Dogs of America and Limbitless* - the non-profit organization that creates artificial limbs (arms/hands and legs/feet) for children and teens. With the church hall off limits because of the virus, we will have to change how these items are ordered and delivered.

SALE RUNS FROM NOVEMBER 8 TO DECEMBER 1 - NO ORDERS AFTER DECEMBER 1

First: pick the items that you wish to purchase and total up what you owe

Second: **write a check to the DOP Alkandre Chapter 43** for the total amount.

Third: **send the check and order to:** Virginia Noyes
2163 Lenore Drive
Glendale, CA 91206

Your order **MUST** be prepaid for us to place the order. Sorry but we are not able to accept any form of payments other than checks.

To pick up your order, we will have a drive thru pickup at Saint Sophia Cathedral on Sunday, December 13 after church services.



*Nuts and Chews: 1 pound box - \$22.00

*Assorted Chocolates: 1 pound box - \$22.00

* Winter Wonderland Box - \$7.00 (4 ounces)

Jingle Jingle Jingle - sorry but these are the only items we are offering.

Any questions, you may call Virginia at: 818-434-4024

PHILOPTOCHOS NEWS

MAGNOLIA AVENUE SCHOOL: Thank you to everyone who donated to the Magnolia Avenue School Project! This is a very needy school with over 2700 children enrolled. The families do not have the resources to buy all the supplies that their children need for schoolwork - yes, even though they are 'at home' doing work by computers! Thank you again!

EPICUREAN JOURNEY WITH FRIENDS: Please join us as we have our 'virtual online' fundraiser cooking classes! Message and reservation information is in the bulletin and online through Philoptochos. You will enjoy these very wonderful recipes from Chef Maria Loi - straight from Greece! No matter what your level of cooking expertise is, we can all learn something new from Maria!

MOTHER'S DAY: With our Mother's Day having been postponed this past May, we are planning to go full steam ahead for next May! Please save the date Saturday, May 8, 2021 as we honor JUDITH CHRISTOPOULOS, our Mother of the Year. We are planning a lovely day and hope you will be with us!

DEBUTANTE BALL: Our Debutante Ball has been rescheduled to Friday, September 3, 2021 at the Beverly Wilshire Hotel. Chairman Patricia Mentas has been working to plan the dates for next spring and summer since we had to cancel this year's ball that was supposed to be in January. Patricia and her committee are already preparing for next year. Save the date and please join us as we present these lovely young ladies.

MEMBERSHIP: Philoptochos is getting ready for our Membership Drive 2021. We know some people may have

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PHILOPTOCHOS NEWS

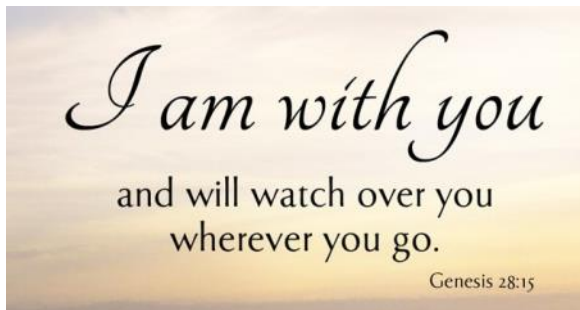
forgotten to pay this year's dues because of the Covid virus but we hope you will join in this coming year. Membership is important not only to our chapter but also to the Metropolis and National. We need you! Maybe you have some new ideas or perhaps you'd like to join one of our committees for an upcoming event. We don't know when we will be able to have any 'in person' meetings at church but if you'd like to work on a committee, please watch for the event messages and let us know.

WELCOME to our new Pastoral Assistant Anthony Cornett and his family. We hope they will be very happy here at Saint Sophia.

FLU SHOTS: It's that time of year now for flu shots! Be sure you get your shot either from your pharmacy or doctors office. Even though the flu shot may not prevent the new Covid virus you will certainly build up some new antibodies that you need. Every year the flu is a different strain but it still provides a measure of prevention for what may come our way.

In Christ's service,

Virginia Noyes and the Board of Directors



SAINT SOPHIA RESIDENCES

FOR LEASE

Lovely and spacious

2 bedroom/2 bath and 3 bedroom/2 bath

Apartments are now available at the beautifully maintained building located directly behind Saint Sophia Cathedral at

1425 South Mariposa Avenue

Los Angeles

If you are 55 or older and an Orthodox Christian, come check out these apartments while they are still available and join a friendly Orthodox community!

2 bedroom/2 bath-\$1400

3 bedroom/2 bath-\$1800

Please call Louis Pappas 310-902-0852



IS LOOKING FOR LA FOOD BANK VOLUNTEERS

Registration is through LA Regional Food Bank
Call Stephen Pliaconis, 310-658-1749
Minimum Age is 18 to Volunteer
we adhere to all safe practices

OCTOBER SATURDAY OPPORTUNITIES
OCTOBER 10 & 31 | 9 AM - 12 NOON
LA REGIONAL FOOD BANK
1734 E 41ST ST LOS ANGELES 90058

Our volunteers will be helping us sort through, inspect, and package food donations from local farmers and supermarket chains before the donations go out into the community.

Mission Statement:

Keep, Practice and Proclaim the Orthodox Christian Faith

1. Sanctify and Enhance the Life of the Faithful
2. Proclaim and Teach the Gospel of Jesus Christ
3. Add to the Number of the Faithful through Outreach and Evangelism

Orthodox Calendar

NOVEMBER 2020

SUN	MON	TUE	WED	THU	FRI	SAT
1 5 th Sunday of St. Luke 8:30 am Orthros 9:00 am Memorials 9:15 am Divine Liturgy	2	3	4 +	5	6 +	7
8 7 th Sunday of St. Luke 8:30 am Orthros 9:00 am Memorials 9:15 am Divine Liturgy Vespers at St. Nectarios 7:30 pm in Covina	9 St. Nectarios of Aegina the Wonderworker at St. Nectarios in Covina 8:30 Orthros followed by Divine Liturgy	10	11 +	12	13 John Chrysostom, Archbishop Constantinople 9:00 am Orthros 10:00 am Divine Liturgy	14
15 8 th Sunday of St. Luke 8:30 am Orthros 9:00 am Memorials 9:15 am Divine Liturgy	16	17	18 +	19	20 +	21 Entrance of the Theotokos Into the Temple 9:00 am Orthros 10:00 am Divine Liturgy
22 9 th Sunday of St. Luke 8:30 am Orthros 9:00 am Memorials 9:15 am Divine Liturgy	23	24	25	26	27 +	28
29 13 th Sunday of St. Luke 8:30 am Orthros 9:00 am Memorials 9:15 am Divine Liturgy	30 the First-Called Apostle 9:00 am Orthros 10:00 am Divine Liturgy					
		Strict Fast +	Fish Allowed 🐟	Wine and Oil Allowed 🍇	Dairy, Eggs, and Fish Allowed 🥚	Fast Free