

SAINT SOPHIA

Axiologa

"worth mentioning"



AUGUST 2, 2020

8th Sunday of St. Matthew

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Los Angeles, CA 90006

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www.saintsophia.org/bulletin

When you write your will or update it, won't you please remember Saint Sophia Cathedral? Such a gift will live forever as our church ministers to our spiritual needs. It's an investment in the Gospel of Jesus Christ.

Memorials

*Among the spirits of the righteous perfected in faith, give rest,
O Savior to the souls of your servants...*

Despina

Efstratios

Hariklia

Stavros

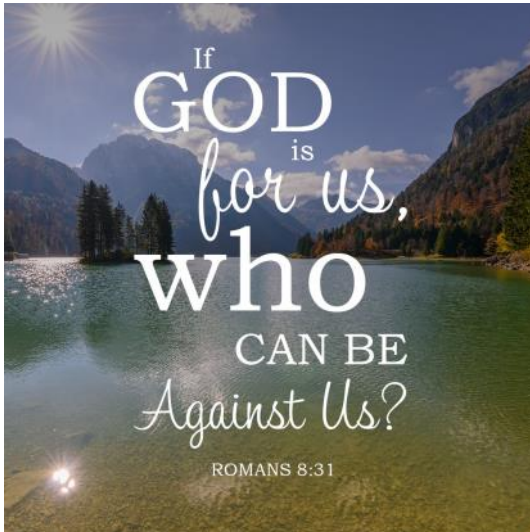
Louis

Lucas

Rodica

ALTAR CANDLES

Offered in loving memory of Rodica by her daughter Dana.



RE-CLOSING OF THE CATHEDRAL

Dear Saint Sophia Community,

As we're all aware, public health departments at the local, state and federal level are informing us of the continuing spread of the Covid-19 Virus. Testing reveals to us that the number of positive cases in Los Angeles County is on the rise.

The pandemic continues to pose a significant threat to our health when we venture into communal, public, spaces. As a result, the State of California and the County of Los Angeles have, once again issued an order for Houses of Worship, along with other public places, to close their doors and refrain from indoor services.

Father John and Father Christopher, along with the Saint Sophia Parish Council, will continue to monitor the situation. We will comply with the guidelines as set forth, as well as the information and guidance offered to us by the Greek Orthodox Metropolis of San Francisco.

As we are inspired to pray for one another, we will continue to hold Orthros, Memorials and Divine Liturgy services on Sunday mornings as scheduled. Though the doors to the Cathedral will be closed, as we are not permitted to open for in person services, we will broadcast our services, live streaming on our Saint Sophia Facebook page and we encourage each of you and your families to, prayerfully, attend online.

The Huffington Center will also remain closed though our offices will be open during the week with regular hours and

continued

RE-CLOSING OF THE CATHEDRAL

of course Father John and Father Christopher are available as usual.

We must all be mindful of the policies and guidelines, as set forth by the Los Angeles Department of Health and the California Department of Health for our safety and well-being.

Here at Saint Sophia, we will continue evaluating the situation with the best interest of our faithful community in mind and we will also continue to lift up our voices, in prayer, to the Physician of our Souls and Bodies, our Lord and Savior, Jesus Christ. May His blessings be upon you and His beloved church, Saint Sophia Cathedral.

Thank you and God Bless,

V. Rev. Father John S. Bakas, Dean

Dean Peratsakis, Parish Council President

BIBLE STUDIES

Bible Studies is cancelled and will resume until after Labor Day weekend. Have a nice and safe summer.





Modern Greek Fall 2020

The UCLA SNF Center for the Study of Hellenic Culture, in collaboration with the Saint Sophia Cathedral, offers Modern Greek language courses, specifically designed for the needs of adult learners at the elementary and intermediate levels.

Fall semester

- Classes will be offered online via Zoom
- Semester start date: October 1st, 2020
- Beginners: Mondays and Thursdays, 5:30-7 pm
- Intermediate: Mondays and Thursdays, 7-8:30 pm
- For further information and inquiries, contact us at aasrouli@humnet.ucla.edu

PHILOPTOCHOS NEWS

THANK YOU to everyone who joined in our Father's Day e-card project! Many thanks to Patricia Skeriotis for her idea to raise extra money for our chapter. Judie Christopoulos suggested we donate whatever money we make to Kids 'n Cancer in addition to our previous donation. The Board agreed. Thank you to Judie Christopoulos, Jan Pastras, Mary-Kay Demetriou, Dina Demetrius, Allison Stavaridis, and Maria Toczek for their help with this project! We raised almost \$3000 in donations so we voted to send an additional \$3000 to the Metropolis Philoptochos Kids 'n Cancer Fund! Thank you to all of you who participated in this project! If I missed anyone, thank you for your help.

UNION RESCUE MISSION

During this virus and shutdown, with people suffering more than ever without homes and shelter, the missions on skid row are overwhelmed. Philoptochos is asking if you are able, to send a donation to the Union Rescue Mission. They are in great need of disinfectants, face masks, paper towels and hand sanitizers. These items can be ordered online and shipped directly to the Mission. However, if you prefer, the easiest way to help is by sending a donation online at their website or mailing them a check at: Union Rescue Mission; 545 South San Pedro Street, Los Angeles, CA 90013 ATTN: Joy. Even though we cannot be there in person to help out we wish to try and do our part during this time.

Many doctors are still seeing patients, talking to patients by phone and by computer. If you have chronic health

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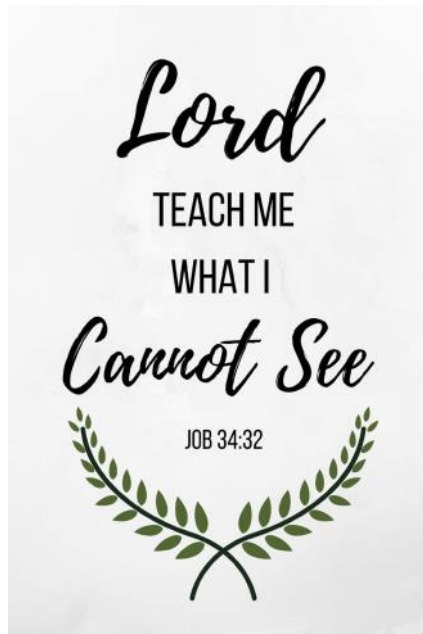
PHILOPTOCHOS NEWS

conditions be sure to call and talk to your doctor. It's important now more than ever to stay in touch with your health care provider.

Should you know of anyone who needs our help during this time, please contact us right away so we may be of assistance. We would appreciate it if you could update us on anyone who is at home or has been moved to a different location like a convalescent home or hospital. We'd like to stay in touch as best we can. You can leave a message for us at the church office. Thank you.

With love in Christ's service,

Virginia Noyes





FOCUS SoCal- August 1st, 2020

Event Description:

Please join us in our volunteer day at the Los Angeles Regional Food Bank! Volunteers are needed to help sort, inspect, and repackage donated food items from local food drives. Help us help those in need by donating your time to fight hunger in our community.

IMPORTANT THINGS FOR EACH VOLUNTEER TO KNOW

- Please arrive 15-20 minutes early to check-in
- All volunteers must wear closed toed shoes
- Minimum age requirement to volunteer is **18** (sorry, no exceptions)
- No walk-ins allowed; each person must register ahead of time

Event Date/Time: Sat, Aug 1, 2020 - 9:00 AM to 12:00 PM

Volunteers Needed: 9

Event Meeting Location: Los Angeles Regional Food Bank - LA SITE

1734 E. 41st Street, Los Angeles, CA 90058

[View Location Map](#)

Event Organizer: Volunteer Department
 amartinez@lafoodbank.org
 323-234-3030 x144

Main - LA Site / Food Sorting

Event Category: (Produce)

Sign Up in Link Below

[https://www.cervistech.com/acts/console.php?](https://www.cervistech.com/acts/console.php?console_id=0338&console_type=event_list&res_code=8PcN)
[console_id=0338&console_type=event_list&res_code=8PcN](https://www.cervistech.com/acts/console.php?console_id=0338&console_type=event_list&res_code=8PcN)
[Xk&ht=1](https://www.cervistech.com/acts/console.php?console_id=0338&console_type=event_list&res_code=8PcN)



Operation Christmas Child Donation Idea of the Month



Saint Sophia Sunday School, Saint Sophia Dance Program and the Saint Sophia Philoptochos Society are again collaborating in 2020 to assemble Operation Christmas Child shoe boxes. Thank you to all who participated in 2019. We collected and assembled 134 boxes last year. 2019 was one of our most successful years to date. This year's goal is to fill 300 boxes. Every month, between January and October, all parishioners will have the opportunity to make donations to help us meet this goal.

Our March focus is on handmade items for boys and girls. If you have not yet checked out the Saint Sophia Craft group, this is a good time to stay after church and lend a hand. The group is looking to make the following:

- 100 coloring story books with stick/finger puppet sets for the 2-4 year-olds.**
- 300 crocheted/knitted/sewn stuffed dolls and puppets for all ages**
- 200 friendship bracelets for the 5-14 year-olds**
- 300 handmade jigsaw puzzles for all ages**

Donations of yarn, felt, embroidery floss, fiber-fill stuffing, google eyes, small Styrofoam balls, mounting cardboard, craft sticks, 8 ½" x 11" copier paper and 8-count crayon boxes would help the group complete enough projects for this year's boxes. Please email Eleni Yokas if you have questions or want to help at stsophiasundayschool@gmail.com. On November 1, 2020, to celebrate the National Philoptochos Make A Difference Day, we will be hosting a "Pack-A-Box" luncheon for all parishioners to join us in completing this wonderful diakonia project. Admission will be your donation to this worthy project.












Mission Statement:

Keep, Practice and Proclaim the Orthodox Christian Faith

1. Sanctify and Enhance the Life of the Faithful
2. Proclaim and Teach the Gospel of Jesus Christ
3. Add to the Number of the Faithful through Outreach and Evangelism

Orthodox Calendar

AUGUST 2020

SUN	MON	TUE	WED	THU	FRI	SAT		
						 1		
 2 8 th Sunday of St. Matthew 8:30 am Orthros 9:45 am Memorials 10:00 am Divine Liturgy	+	+	+	 6 Holy Transfiguration 9:00 am Orthros 10:00 am Divine Liturgy	+	 8		
 9 9 th Sunday of St. Matthew 8:30 am Orthros 9:45 am Memorials 10:00 am Divine Liturgy	+	+	+	+	+	15 Dormition of the Theotokos 9:00 am Orthros 10:00 am Divine Liturgy		
16 10 th Sunday of St. Matthew 8:30 am Orthros 9:45 am Memorials 10:00 am Divine Liturgy	17	18	+	19	20	+	21	22
23 11 th Sunday of St. Matthew 8:30 am Orthros 9:45 am Memorials 10:00 am Divine Liturgy	24	25	+	26	27	 28	 29 Beheading of the St. John the Baptist 9:00 am Orthros 10:00 am Divine Liturgy	
30 11 th Sunday of St. Matthew 8:30 am Orthros 9:45 am Memorials 10:00 am Divine Liturgy	31	Strict Fast 	Fish Allowed 	Wine and Oil Allowed 	Dairy, Eggs, and Fish Allowed 	Fast Free		