

SAINT SOPHIA

*Axiologa*

*"worth mentioning"*



**JULY 19, 2020**

*Sunday of the Holy Fathers of the 4th Ecumenical Council*

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[www.saintsophia.org/bulletin](http://www.saintsophia.org/bulletin)

*When you write your will or update it, won't you please remember Saint Sophia Cathedral? Such a gift will live forever as our church ministers to our spiritual needs. It's an investment in the Gospel of Jesus Christ.*

# Memorials

*Among the spirits of the righteous perfected in faith, give rest,  
O Savior to the souls of your servants...*

<i>Anthony Mastor</i>	<i>Euphrosyne Limneou</i>
<i>Demetrios Palomares</i>	<i>(42 years)</i>
<i>(26 years)</i>	<i>Joseph Boltinghouse</i>
<i>Sophoula</i>	<i>(11 years)</i>
<i>Fani</i>	<i>Steve Callas (20 years)</i>
<i>Ekatarini</i>	<i>Helen Callas (9 years)</i>
<i>Jose</i>	<i>James Karatsikis</i>
<i>Kostas</i>	<i>John Mavriko</i>
<i>Emanuela</i>	<i>Mavriko Mavriko</i>
<i>Nikos</i>	<i>Mrs. Tangelos</i>
<i>Demetrios Limneos</i>	
<i>(71 years)</i>	

## ALTAR CANDLES

Offered in loving memory of Anthony Mastor by his wife Sophie Mastor and family.

## ALTAR TABLE CANDLES

Offered in loving memory of Demetrios Palomares (26 years), Sophoula Fani, Ekatarini, Jose, Kostas, Emanuela, Nikos by Tonifaye Palomares and family.

## SOLEA CANDLES

Offered in loving memory of Demetrios Limneos (71 years), Euphrosyne Limneou (42 years) and Joseph Boltinghouse (11 years) by the Boltinghouse family.

## PERPETUAL CANDLES

Offered in loving memory of Demetrios Limneos (71 years) by the Boltinghouse family.

Offered in loving memory of Euphrosyne Limneou (42 years) by the Boltinghouse family.

Offered in loving memory of Joseph Boltinghouse (11 years) by the Boltinghouse family.

## **RE-CLOSING OF THE CATHEDRAL**

Dear Saint Sophia Community,

As we're all aware, public health departments at the local, state and federal level are informing us of the continuing spread of the Covid-19 Virus. Testing reveals to us that the number of positive cases in Los Angeles County is on the rise.

The pandemic continues to pose a significant threat to our health when we venture into communal, public, spaces. As a result, the State of California and the County of Los Angeles have, once again issued an order for Houses of Worship, along with other public places, to close their doors and refrain from indoor services.

Father John and Father Christopher, along with the Saint Sophia Parish Council, will continue to monitor the situation. We will comply with the guidelines as set forth, as well as the information and guidance offered to us by the Greek Orthodox Metropolis of San Francisco.

As we are inspired to pray for one another, we will continue to hold Orthros, Memorials and Divine Liturgy services on Sunday mornings as scheduled. Though the doors to the Cathedral will be closed, as we are not permitted to open for in person services, we will broadcast our services, live streaming on our Saint Sophia Facebook page and we encourage each of you and your families to, prayerfully, attend online.

The Huffington Center will also remain closed though our offices will be open during the week with regular hours and

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## RE-CLOSING OF THE CATHEDRAL

of course Father John and Father Christopher are available as usual.

Also, Father John we will continue to offer his Bible Study, online via Zoom, every Tuesday morning at 11:00 AM.

We must all be mindful of the policies and guidelines, as set forth by the Los Angeles Department of Health and the California Department of Health for our safety and well-being.

Here at Saint Sophia, we will continue evaluating the situation with the best interest of our faithful community in mind and we will also continue to lift up our voices, in prayer, to the Physician of our Souls and Bodies, our Lord and Savior, Jesus Christ. May His blessings be upon you and His beloved church, Saint Sophia Cathedral.

Thank you and God Bless,

V. Rev. Father John S. Bakas, Dean

Dean Peratsakis, Parish Council President

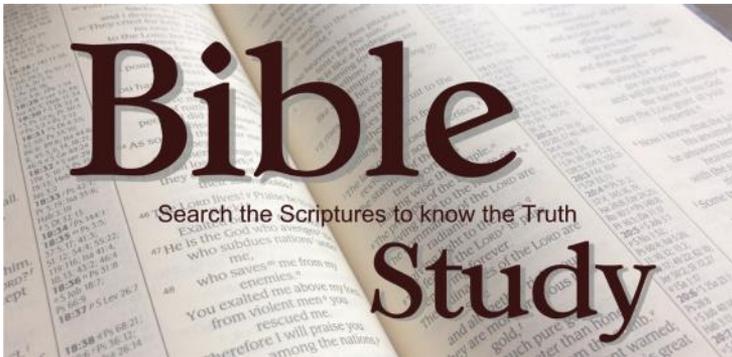


## **BIBLE STUDIES**

Please join Bible Study, which will be conducted online via Zoom Video Conferencing. This, virtual, class will be interactive which allows for questions and answers during the study. Class is every Tuesday at 11 am.

A link to join the Zoom class will be emailed out prior to that date. Please share the link below to anyone who wishes to subscribe to our weekly emails. Thank you.

<https://stsophia.us4.list-manage.com/subscribe?u=05212a9d99d6591e24e582cff&id=1da80c474c>





## Modern Greek Fall 2020

The UCLA SNF Center for the Study of Hellenic Culture, in collaboration with the Saint Sophia Cathedral, offers Modern Greek language courses, specifically designed for the needs of adult learners at the elementary and intermediate levels.

### Fall semester

- Classes will be offered online via Zoom
- Semester start date: October 1st, 2020
- Beginners: Mondays and Thursdays, 5:30-7 pm
- Intermediate: Mondays and Thursdays, 7-8:30 pm
- For further information and inquiries, contact us at [aasrouli@humnet.ucla.edu](mailto:aasrouli@humnet.ucla.edu)



## Operation Christmas Child Donation Idea of the Month



Saint Sophia Sunday School, Saint Sophia Dance Program and the Saint Sophia Philoptochos Society are again collaborating in 2020 to assemble Operation Christmas Child shoe boxes. Thank you to all who participated in 2019. We collected and assembled 134 boxes last year. 2019 was one of our most successful years to date. This year's goal is to fill 300 boxes. Every month, between January and October, all parishioners will have the opportunity to make donations to help us meet this goal.

Our March focus is on handmade items for boys and girls. If you have not yet checked out the Saint Sophia Craft group, this is a good time to stay after church and lend a hand. The group is looking to make the following:

- 100 coloring story books with stick/finger puppet sets for the 2-4 year-olds.**
- 300 crocheted/knitted/sewn stuffed dolls and puppets for all ages**
- 200 friendship bracelets for the 5-14 year-olds**
- 300 handmade jigsaw puzzles for all ages**

Donations of yarn, felt, embroidery floss, fiber-fill stuffing, google eyes, small Styrofoam balls, mounting cardboard, craft sticks, 8 ½" x 11" copier paper and 8-count crayon boxes would help the group complete enough projects for this year's boxes. Please email Eleni Yokas if you have questions or want to help at [stsophiasundayschool@gmail.com](mailto:stsophiasundayschool@gmail.com). On November 1, 2020, to celebrate the National Philoptochos Make A Difference Day, we will be hosting a "Pack-A-Box" luncheon for all parishioners to join us in completing this wonderful diakonia project. Admission will be your donation to this worthy project.

## PHILOPTOCHOS NEWS

### **UNION RESCUE MISSION**

During this virus and shutdown, with people suffering more than ever without homes and shelter, the missions on skid row are overwhelmed. They cannot keep up with all the people who are coming in. Philoptochos is asking if you are able, to send a donation to the Union Rescue Mission. They are in great need of disinfectants, face masks, paper towels and hand sanitizers. These items can be ordered online and shipped directly to the Mission. However, if you prefer, the easiest way to help is by sending a donation online at their website or mailing them a check at: **Union Rescue Mission;** 545 South San Pedro Street, Los Angeles, CA 90013 ATTN: Joy. Even though we cannot be there in person to help out we wish to try and do our part during this time.

**Back at church:** It's been a wonderful 3 weeks back in church! Everyone is doing an amazing job to keep everyone safe and healthy. Our temperatures are scanned before we go in, hand sanitizer is everywhere, we all have our masks on and stay 'distanced' between pews. But it's so nice to be back! Our thanks to our wonderful priests, to John Kopatsis and the custodians for cleaning and ensuring our safety, and to Chris Yokas, Jim Kollias and Kathy Spilos for giving us 'music' to fill our souls in church. Don't forget our church if you cannot be there on Sunday. Be sure you take care of your pledge to Saint Sophia and send a check each month to help replace the money you would normally 'put into the tray' on Sunday morning.

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## **PHILOPTOCHOS NEWS**

The new normal will probably be wearing ‘face masks’ when we are out in public to protect ourselves and each other. Hand sanitizers should be with us at all times.

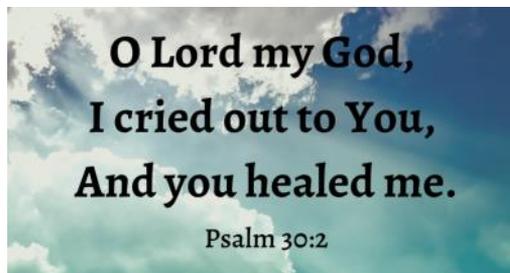
Be cautious and follow the procedures for staying healthy and protecting yourself and your family. Many doctors are still seeing patients, talking to patients by phone and by computer. If you have chronic health conditions be sure to call and talk to your doctor. It’s important now more than ever to stay in touch with your health care provider.

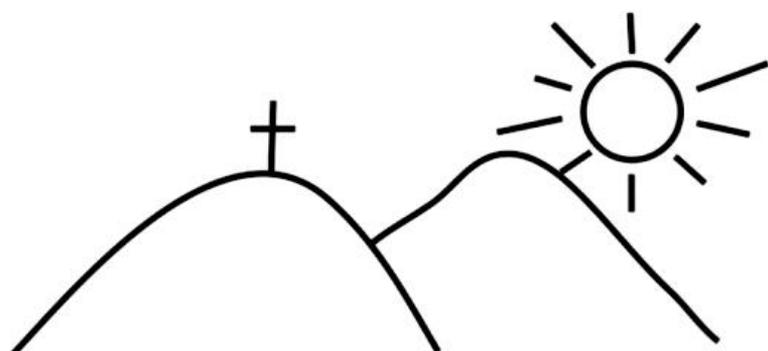
Should you know of anyone who needs our help during this time, please contact us right away so we may be of assistance. We would appreciate it if you could update us on anyone who is at home or has been moved to a different location like a convalescent home or hospital. We’d like to stay in touch as best we can. You can leave a message for us at the church office. Thank you.

I hope we can have meetings in the near future at church.

With love in Christ’s service,

Virginia Noyes





## **Saint Sophia Camp**

**is GOING VIRTUAL!**

**Camp Dates July 27 – July 31**

**Register at [www.saintsophiacampvirtual.com](http://www.saintsophiacampvirtual.com)**

**For additional info or questions**

**Email: [saintsophiacamp@gmail.com](mailto:saintsophiacamp@gmail.com)**

**Phone: 323-397-5436**

Mission Statement:

Keep, Practice and Proclaim the Orthodox Christian Faith

1. Sanctify and Enhance the Life of the Faithful
2. Proclaim and Teach the Gospel of Jesus Christ
3. Add to the Number of the Faithful through Outreach and Evangelism

# Orthodox Calendar

**JULY 2020**

SUN	MON	TUE	WED	THU	FRI	SAT
			 1	2	 3 Independence Day Observed Office Closed	4
5 4th Sunday of St. Matthew 8:30 am Orthros 9:45 am Memorials 10:00 am Divine Liturgy	6	7 Bible Studies Class 11 am	 8	9	 10	11
12 5th Sunday of St. Matthew 8:30 am Orthros 9:45 am Memorials 10:00 am Divine Liturgy	13	14 Bible Studies Class 11 am	 15	16	 17	18
19 Sunday of the Holy Fathers of the 4th Ecumenical Council 8:30 am Orthros 9:45 am Memorials 10:00 am Divine Liturgy	20	21 Bible Studies Class 11 am	 22	23	 24	25
26 7th Sunday of St. Matthew 8:30 am Orthros 9:45 am Memorials 10:00 am Divine Liturgy	27 Panteleimon the Great Martyr and Healer 9:00 am Orthros 10:00 am Divine Liturgy	28 Bible Studies Class 11 am	 29	30	 31	
		Strict Fast 	Fish Allowed 	Wine and Oil Allowed 	Dairy, Eggs, and Fish Allowed 	Fast Free