

SAINT SOPHIA

Axiologa

"worth mentioning"



MAY 31, 2020

Fathers of the 1st Council Sunday

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Saint Sophia Cathedral
1324 S. Normandie Ave
Los Angeles, CA 90006

Office: 323.737.2424
www.saintsophia.org/bulletin

When you write your will or update it, won't you please remember Saint Sophia Cathedral? Such a gift will live forever as our church ministers to our spiritual needs. It's an investment in the Gospel of Jesus Christ.

Memorials

May their memory be eternal...

*Among the spirits of the righteous perfected in faith, give rest,
O Savior to the souls of your servants...*

Georg Fenady (12 years)

Polyxene "Jennie" George (33 years)

ALTAR CANDLES

Offered in loving memory of Polyxene "Jennie" George by her grandson, Dean and Christina Peratsakis.

LIGHT A CANDLE

Our beloved Fr. John and Fr. Chris will light a candle and say a prayer for your loved ones who are living and for those who have departed from this life.

Please stay tuned on our Facebook page as Fr. John and Fr. Chris read your names from the Solea. Follow the instructions below.

1. Make a Candle Donation of any amount with a Credit Card online <https://saintsophia.org/donatepayment/>. Please select "general donation" under category. You may also mail the names and a check to the church.
2. Email the names to be read to any recipient:
Fr. Chris Kolentsas at frkolentsas@saintsophia.org
Dean Peratsakis at dotos@msn.com
John Kopatsis at kopatsis@gmail.com



INFORMATION ABOUT RE-OPENING SAINT SOPHIA CATHEDRAL

Dear Parishioners,

Despite the distance between us, during these past few months, it's been a real blessing to see how our beloved Saint Sophia community has managed to express their deep and sincere care and Love for one another and remain so very close and connected, all the while, longing for the day when we can, together as family, return to the Cathedral.

During the past couple of weeks there has been various messages, reported in the media, that has heightened our anticipation, though much of that messaging reported news related to areas outside of Los Angeles. Finally, on May 26th, LA County and the City of Los Angeles announced that Churches will be able to reopen their doors to their congregations, though under strict guidelines and regulations from the health department.

Saint Sophia, intending to comply with guidelines as set forth by the State of California, LA County, the City of LA, as well as the Greek Orthodox Metropolis of San Francisco, is grateful for the opportunity to reopen our doors beginning Sunday, May 31, 2020. **The Huffington Center will remain closed.**

We all recognize that there are still difficult days ahead of us and much to be concerned about, which is why we appreciate the patience, understanding and committed efforts of our entire community, to insure that each of us is made to feel safe, healthy and comfortable during this transitional period as we gradually reopen the Cathedral. During the initial phase

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of the Cathedral's reopening, like much of our society, that which we were once familiar with will be noticeably different.

We will continue to LiveStream the services on our Saint Sophia Facebook page. You do not need to have a Facebook account to watch it online.

The following guidelines and regulations, that we must comply with, are for the health and safety of all. Thank you.

- Upon arrival at Saint Sophia, everyone must check in before entering the Cathedral, by providing their name and phone number at a welcoming table.
- Face masks are required. (No masks for children under the age of 2 and parental supervision required for children 3-8)
- The LA County, Department of Health has limited our attendance in the Cathedral to no more than 100 people.
- Be assured, the Cathedral and public restrooms have been sanitized before reopening and will be sanitized after every service.
- Anyone who is sick, has been sick or has been around someone who has been sick or who has traveled outside of the state during the past 2 weeks, as well as anyone who is exhibiting symptoms of COVID-19, or who have family members who are ill, should stay home.
- The Greek Orthodox Metropolis of San Francisco has emphasized that "Parishioners who are at higher risk for severe illness from COVID-19 (65 years or older, who have underlying medical conditions, been exposed to the

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- virus or who are experiencing symptoms) are strongly encouraged to refrain from attending services.
- Congregants/visitors will be temperature screened, with non-contact (without touching) thermometers upon arrival as we are required to conduct these non-contact temperature checks by the Health Department.
- We must, respectfully, maintain physical, social, distancing of six feet or more between congregants/visitors from different households when standing or seated in the Cathedral.
- **(Correction) When receiving the Sacrament of Holy Communion we ask that you tilt your head back and not place your lips on the communion spoon.**
- Saint Sophia will have hand sanitizer available to use upon arrival and throughout your visit.

As we've all noticed, the information that we receive from the health department and government jurisdictions changes quickly and often. The Saint Sophia Parish Council will continue to monitor the situation and will provide updates to you as they become available. To be sure that we are reaching as many members of our community as possible, please be sure to share this information with one another.

Thank you for your Love, support and continued prayers,

Father John S. Bakas, Dean of Saint Sophia

Christina Hanna, Parish Health Officer

Dean Peratsakis, Parish Council President



Honoring Fathers on their special day: proceeds to benefit Kids ‘n’ Cancer

Saint Sophia Philoptochos is delighted to announce our first ever Father’s Day e-Card fundraiser with 100% of the proceeds benefitting Kids ‘n’ Cancer.

This is an opportunity to celebrate the fathers, grandfathers, uncles, sons, brothers, nephews, godfathers, cousins and other special fathers in your life.

In honor or in memory, \$25 up to 6 names submitted; \$5 each additional name. Deadline for submissions is Sunday, June 14. E-cards will be sent out Father's Day weekend to the entire Saint Sophia community!

100% of the proceeds benefit the Greek Orthodox Metropolis of San Francisco Philoptochos Kids ‘n’ Cancer/ Agape Ministry dedicated to providing support for children afflicted with cancer and their families.

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PHILOPTOCHOS NEWS

Step 1.

Email saintsophiafundraiser@gmail.com and send us the full names of the fathers you wish to celebrate. Please indicate next to each name whether the celebration is 'In Honor' or 'In Memory'. And make sure to include your full name, address, and phone number, in case we have questions.

Step 2.

Make your donation online to Philoptochos at <https://www.paypal.me/stsophiaphiloptochos> or by sending a check, payable to Greek Orthodox Philoptochos Society of Saint Sophia Cathedral, to:

Saint Sophia Philoptochos Society
Attn: Father's Day Card
1324 S. Normandie Ave.
Los Angeles, CA 90006

Questions?

Contact Patricia Skeriotis at 310-508-0665, or
saintsophiafundraiser@gmail.com



Kids 'n' Cancer
Camp Agape



A Ministry of the
Greek Orthodox Metropolis of San Francisco
Ladies Philoptochos Society

PARISH GENERAL ASSEMBLY MEETING

We will be having our General Assembly on **June 7, 2020** after Divine Liturgy.

If public health regulations require us to continue sheltering in place, at that time, the Parish Council is prepared to conduct the meeting, online, via Zoom Video Conferencing.

Pledged members are welcomed and encouraged to attend. We will continue to provide updates in our weekly bulletin, which is accessible on our Saint Sophia website and we will also provide updates via email.

Thank you,
Saint Sophia Parish Council

BIBLE STUDY WITH FR. JOHN BAKAS

Father John **won't** be able to host a live Zoom session or in-person bible studies this upcoming Tuesday. However, he will pre-record his lecture.

The link to the pre-recorded video will be emailed to everyone on Tuesday. Please share the link below to anyone who wishes to subscribe to our weekly emails. Thank you.

<https://stsophia.us4.list-manage.com/subscribe?u=05212a9d99d6591e24e582cff&id=1da80c474c>





Operation Christmas Child Donation Idea of the Month



Saint Sophia Sunday School, Saint Sophia Dance Program and the Saint Sophia Philoptochos Society are again collaborating in 2020 to assemble Operation Christmas Child shoe boxes. Thank you to all who participated in 2019. We collected and assembled 134 boxes last year. 2019 was one of our most successful years to date. This year's goal is to fill 300 boxes. Every month, between January and October, all parishioners will have the opportunity to make donations to help us meet this goal.

Our March focus is on handmade items for boys and girls. If you have not yet checked out the Saint Sophia Craft group, this is a good time to stay after church and lend a hand. The group is looking to make the following:

- 100 coloring story books with stick/finger puppet sets for the 2-4 year-olds.**
- 300 crocheted/knitted/sewn stuffed dolls and puppets for all ages**
- 200 friendship bracelets for the 5-14 year-olds**
- 300 handmade jigsaw puzzles for all ages**

Donations of yarn, felt, embroidery floss, fiber-fill stuffing, google eyes, small Styrofoam balls, mounting cardboard, craft sticks, 8 ½" x 11" copier paper and 8-count crayon boxes would help the group complete enough projects for this year's boxes. Please email Eleni Yokas if you have questions or want to help at stsophiasundayschool@gmail.com. On November 1, 2020, to celebrate the National Philoptochos Make A Difference Day, we will be hosting a "Pack-A-Box" luncheon for all parishioners to join us in completing this wonderful diakonia project. Admission will be your donation to this worthy project.

Saint Sophia Camp 2020 Calling all Campers !! Apply online starting May 1st Updates to Follow



Southern California's Favorite Camp !!
and first choice for fun !!



facebook.com/SaintSophiaCamp



instagram.com/CampSaintSophia



twitter.com/SaintSophiaCamp

SaintSophiaCamp.org

Orthodox Calendar

JUNE 2020

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	 3	4	 5	6 Saturday of Souls 9:00 am Orthros 10:00 am Divine Liturgy
7 Sunday of Holy Pentecost 8:30 am Orthros 9:45 am Memorials 10:00 am Divine Liturgy 12:30 pm Bible Studies	8 Holy Spirit 9:00 am Orthros 10:00 am Divine Liturgy	9	10	11	12	13
14 Sunday of All Saints 8:30 am Orthros 9:45 am Memorials 10:00 am Divine Liturgy 12:30 pm Bible Studies	 15	 16	 17	 18	 19	 20
 21 2nd Sunday of St. Matthew 8:30 am Orthros 9:45 am Memorials 10:00 am Divine Liturgy 12:30 pm Bible Studies	 22	 23	 24 Nativity of the Forerunner John the Baptist 9:00 am Orthros 10:00 am Divine Liturgy	 25	 26	 27
 28 3rd Sunday of St. Matthew 8:30 am Orthros 9:45 am Memorials 10:00 am Divine Liturgy 12:30 pm Bible Studies	29	30				
		Strict Fast 	Fish Allowed 	Wine and Oil Allowed 	Dairy, Eggs, and Fish Allowed 	Fast Free