SAINT SOPHIA

Axiologa

"worth mentioning"



MAY 17, 2020

Sunday of the Samaritan Woman

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Saint Sophia Cathedral 1324 S. Normandie Ave Los Angeles, CA 90006 Office: 323.737.2424 www.saintsophia.org/bulletin

When you write your will or update it, won't you please remember Saint Sophia Cathedral? Such a gift will live forever as our church ministers to our spiritual needs. It's an investment in the Gospel of Jesus Christ.

Memorials

May their memory be eternal ...

Among the spirits of the righteous perfected in faith, give rest,
O Savior to the souls of your servants...

Ioannís Gregoríou Andreas Gregoríou Níck Kyríakídes

Elení Kyrakídes Efstratíos "Steve" Vlachos (14 Years)

ALTER CANDLES

Offered in loving memory of Steve Vlachos by his daughter and son in law, Christina and Dean Peratsakis.

LIGHT A CANDLE

Although we cannot be together side by side, we will be together in spirit by participating in prayer and worship during Sunday's livestreamed service on Facebook.

Our beloved Fr. John and Fr. Chris will light a candle and say a prayer for your loved ones who are living and for those who have departed from this life.

Please stay tuned on our Facebook page after the Divine Liturgy as Fr. John and Fr. Chris read your names from the Solea. Follow the instructions below.

- 1. Make a Candle Donation of any amount with a Credit Card online https://saintsophia.org/donatepayment/. Please select "general donation" under category. You may also mail the names and a check to the church.
- 2. Email the names to be read to any recipient:
 Fr. Chris Kolentsas at frkolentsas@saintsophia.org
 Dean Peratsakis at dotos@msn.com
 John Kopatsis at kopatsis@gmail.com



PHILOPTOCHOS NEWS

The cities and counties have asked for social distancing, face masks, hand washing, and no 'large gatherings'. We do our part, we try to take care of our families and take all precautions. It is sad - it is lonely - but you can pick up a phone, talk to each other - say "hi" on social media - and stay in touch! One phone call to another person can mean so much to someone who is alone right now.

General Assembly: There are no meetings planned at this time.

Let us pray that God finds a way to help everyone through these difficult days and months. Our prayers go to everyone who has come into contact with this virus, those who have left us, and those who are struggling day to day in isolation. Lord have mercy on us all.

I hope everyone can calm down and try to take things easy in the wake of all this panic and fear. Be cautious and follow the procedures for staying healthy and protecting yourself and your family. I find time every day to do laundry, wash towels, clean sinks, bathrooms and the kitchen. Just doing what I can to try and keep everyone healthy.

If you know of anyone who needs our help during this time, please contact us right away so we may be of assistance.

With love in Christ's service, Virginia Noyes



PARISH GENERAL ASSEMBLY MEETING

We will be having our General Assembly on **June 7, 2020** after Divine Liturgy.

If public health regulations require us to continue sheltering in place, at that time, the Parish Council is prepared to conduct the meeting, online, via Zoom Video Conferencing.

Pledged members are welcomed and encouraged to attend. We will continue to provide updates in our weekly bulletin, which is accessible on our Saint Sophia website and we will also provide updates via email.

Thank you, Saint Sophia Parish Council

BIBLE STUDY WITH FR. JOHN BAKAS

Please join Father John's Bible Study, which, for the time being will be conducted online via Zoom Video Conferencing. This, virtual, class will be interactive which allows for questions and answers during the study.

The next class will be on **Tuesday, May 19, 2020** at 11 am.

A link to join the Zoom class will be emailed out prior to that date. Please share the link below to anyone who wishes to subscribe to our weekly emails. Thank you.

https://stsophia.us4.list-manage.com/subscribe?u=05212a9d99d6591e24e582cff&id=1da80c474c





Operation Christmas Child Donation Idea of the Month



Saint Sophia Sunday School, Saint Sophia Dance Program and the Saint Sophia Philoptochos Society are again collaborating in 2020 to assemble Operation Christmas Child shoe boxes. Thank you to all who participated in 2019. We collected and assembled 134 boxes last year. 2019 was one of our most successful years to date. This year's goal is to fill 300 boxes. Every month, between January and October, all parishioners will have the opportunity to make donations to help us meet this goal.

Our March focus is on handmade items for boys and girls. If you have not yet checked out the Saint Sophia Craft group, this is a good time to stay after church and lend a hand. The group is looking to make the following:

- -100 coloring story books with stick/finger puppet sets for the 2-4 year-olds.
- -300 crocheted/knitted/sewn stuffed dolls and puppets for all ages
- -200 friendship bracelets for the 5-14 year-olds
- -300 handmade jigsaw puzzles for all ages

Donations of yarn, felt, embroidery floss, fiber-fill stuffing, google eyes, small Styrofoam balls, mounting cardboard, craft sticks, 8 ½" x 11" copier paper and 8-count crayon boxes would help the group complete enough projects for this year's boxes. Please email Eleni Yokas if you have questions or want to help at stsophiasundayschool@gmail.com. On November 1, 2020, to celebrate the National Philoptohos Make A Difference Day, we will be hosting a "Pack-A-Box" luncheon for all parishioners to join us in completing this wonderful diakonia project. Admission will be your donation to this worthy project.

Saint Sophia Camp 2020 Calling all Campers !! Apply online starting May 1st **Updates to Follow**



Southern California's Favorite Camp! and first choice for fun!!







SaintSophiaCamp.org

Orthodox Calendar

MAY 2020

SUN	Mon	TUE	WED	THU	FRI	SAT
					1	2
Sunday of the Myrrh Bearing Women 8:30 am Orthros 9:45 am Memorials 10:00 am Divine Liturgy 12:30 pm Bible Studies	4	5	6	7	8	9
Sunday of the Paralytic 8:30 am Orthros 9:45 am Memorials 10:00 am Divine Liturgy 12:30 pm Bible Studies	11	12	☆ 13	14	15	16
Sunday of the Samaritan Woman 8:30 am Orthros 9:45 am Memorials 10:00 am Divine Liturgy 12:30 pm Bible Studies	18	19	20	21 Constantine and Helen Equal to the Apostles 9:00 am Orthros 10:00 am Liturgy Divine	22	23
24 Sunday of the Bilind Man 8:30 am Orthros 9:45 am Memorials 10:00 am Divine Liturgy 12:30 pm Bible Studies	25 Office Closed Memorial Day	26	⊘ 27	28 Holy Ascension 9:00 am Orthros 10:00 am Liturgy Divine	29	30
31 Sunday of the 1st Council 8:30 am Orthros 9:45 am Memorials 10:00 am Divine Liturgy 12:30 pm Bible Studies		Strict Fast	Fish Allowed	Wine and Oil Allowed	Dairy, Eggs, and Fish Allowed	Fast Free