

SAINT SOPHIA

*Axiologa*

*"worth mentioning"*



**MAY 10, 2020**

*Sunday of the Paralytic*

## **FOUNDATION BOARD OF TRUSTEES**

### **EXECUTIVE OFFICERS**

Constantine M. Boukidis, President, Gig Kyriacou, 1<sup>st</sup> Vice-President; Jim Zaferis; 2<sup>nd</sup> Vice-President; Diane Sakellaris Lapa, Secretary; Tina Callas, Treasurer

### **MEMBERS**

V. Rev. Fr. John S. Bakas, Timi Loomos Freshman, Steve Hanna, Nicholas Manolelis, Tony Natsis, John Peterson, Dean Peratsakis, Jean Paul Wardy, George E. Preonas, Jack Stumpus

### **PRESIDENTIAL APPOINTEES**

Andrew J. Demetriou, General Counsel, Melanie O'Regan

### **TRUSTEES EMERITUS**

Nicholas Bissias, Andrew Evangelatos, Alek Haidos, John T. Pappas

## **PARISH COUNCIL BOARD OF DIRECTORS**

### **EXECUTIVE OFFICERS**

Dean Peratsakis, President; Anna Yallourakis, Vice President; Bill Striglos, Treasurer; Kathleen Kyriacou, Assistant Treasurer; Tonifaye Palomares, Secretary

### **MEMBERS**

Andrew Powell; Bertha Angels, Daniel Settelmayer; Dinah Wellington; Greg Beers; Jeanine Hanna; Julian Rebiga; Peter Cosfol; Ramsay Seikaly; Glenn Lianos, Victoria Deryiades, Associate Members

### **BOARD OF AUDITORS:**

Jim Boltinghouse, Nicholas Manolelis, Michele Panagiota Olivar

Saint Sophia Cathedral  
1324 S. Normandie Ave  
Los Angeles, CA 90006

Office: 323.737.2424  
[www.saintsophia.org/bulletin](http://www.saintsophia.org/bulletin)

*When you write your will or update it, won't you please remember Saint Sophia Cathedral? Such a gift will live forever as our church ministers to our spiritual needs. It's an investment in the Gospel of Jesus Christ.*

## LIGHT A CANDLE

Although we cannot be together side by side, we will be together in spirit by participating in prayer and worship during Sunday's livestreamed service on Facebook.

<https://www.facebook.com/StSophiaLA/>

Our beloved Fr. John and Fr. Chris will light a candle and say a prayer for your loved ones who are living and for those who have departed from this life.

Please stay tuned on our Facebook page after the Divine Liturgy as Fr. John and Fr. Chris read your names from the Solea. Follow the instructions below.

1. Make a Candle Donation of any amount with a Credit Card online <https://saintsophia.org/donatepayment/>. Please select "general donation" under category. You may also mail the names and a check to the church.
2. Email the names to be read to any recipient:  
Fr. Chris Kolentsas at [frkolentsas@saintsophia.org](mailto:frkolentsas@saintsophia.org)  
Dean Peratsakis at [dotos@msn.com](mailto:dotos@msn.com)  
John Kopatsis at [kopatsis@gmail.com](mailto:kopatsis@gmail.com)



## SCHOLARSHIPS

### *Saint Sophia Scholarships*

**John S. Sakellaris Foundation Scholarship -**

(for College/Post-Graduate Students)

**Angelo L. Pappas Foundation Scholarship -**

(for Graduating High School Seniors)

**Fr. John Bakas Parish Council Scholarship**

(for either High School Seniors or College)

The Saint Sophia Scholarship Committee is accepting applications to award four \$2,500 scholarships for eligible students within our community. These scholarships are offered to a graduating high school and college or post-graduate students.

**To receive an application please contact**

**Tina Callas at [calset@aol.com](mailto:calset@aol.com) or (818-388-7818) or**

**Gig Kyriacou at [gigk@mediate.com](mailto:gigk@mediate.com) or 818-613-4412**

**To be eligible, applicant or his/her parents must be stewards in good standing for in the current year.**

**Recipients of the \$2,500 scholarships from 2019 may not apply, but may apply again in 2021.**

**COMPLETED APPLICATIONS DUE MAY 10, 2020**

**SCHOLARSHIPS**  
SCHOLARSHIPS

## PHILOPTOCHOS NEWS

A very different year being isolated and unable to attend Holy Week and Easter - but that didn't stop Easter from coming. We were able to celebrate together through Facebook and other forms of social media. The cities and counties have asked for social distancing, face masks, hand washing, and no 'large gatherings'. We do our part, we try to take care of our families and take all precautions. It is sad - it is lonely - but you can pick up a phone, talk to each other - say "hi" on social media - and stay in touch! One phone call to another person can mean so much to someone who is alone right now.

**MOTHER OF THE YEAR:** As you may know by now, all of our events - including Mother's Day - have been cancelled. We hope everyone will be planning to attend our event next year, in 2021, honoring Judie Christopoulos. It will be a wonderful event!

**General Assembly:** There are no meetings planned at this time.

We hope everyone had a blessed Easter, even though we could not be together. Let us pray that God finds a way to help everyone through these difficult days and months. Our prayers go to everyone who has come into contact with this virus, those who have left us, and those who are struggling day to day in isolation. Lord have mercy on us all.

I hope everyone can calm down and try to take things easy in the wake of all this panic and fear. Be cautious and follow the procedures for staying healthy and protecting yourself and your family. I find time every day to do laundry, wash towels, clean sinks, bathrooms and the kitchen. Just doing what I can to try and keep everyone healthy.

If you know of anyone who needs our help during this time, please contact us right away so we may be of assistance.

With love in Christ's service,  
Virginia Noyes



## **PARISH GENERAL ASSEMBLY MEETING**

We will be having our General Assembly on **June 7, 2020** after Divine Liturgy.

If public health regulations require us to continue sheltering in place, at that time, the Parish Council is prepared to conduct the meeting, online, via Zoom Video Conferencing.

Pledged members are welcomed and encouraged to attend. We will continue to provide updates in our weekly bulletin, which is accessible on our Saint Sophia website and we will also provide updates via email.

Thank you,  
Saint Sophia Parish Council

## **BIBLE STUDY WITH FR. JOHN BAKAS**

Please join Father John's Bible Study, which, for the time being will be conducted online via Zoom Video Conferencing. This, virtual, class will be interactive which allows for questions and answers during the study.

The next class will be on **Tuesday, May 12, 2020** at 11 am.

A link to join the Zoom class will be emailed out prior to that date. Please share the link below to anyone who wishes to subscribe to our weekly emails. Thank you.

<https://stsophia.us4.list-manage.com/subscribe?u=05212a9d99d6591e24e582cff&id=1da80c474c>





## Operation Christmas Child Donation Idea of the Month



Saint Sophia Sunday School, Saint Sophia Dance Program and the Saint Sophia Philoptochos Society are again collaborating in 2020 to assemble Operation Christmas Child shoe boxes. Thank you to all who participated in 2019. We collected and assembled 134 boxes last year. 2019 was one of our most successful years to date. This year's goal is to fill 300 boxes. Every month, between January and October, all parishioners will have the opportunity to make donations to help us meet this goal.

Our March focus is on handmade items for boys and girls. If you have not yet checked out the Saint Sophia Craft group, this is a good time to stay after church and lend a hand. The group is looking to make the following:

- 100 coloring story books with stick/finger puppet sets for the 2-4 year-olds.**
- 300 crocheted/knitted/sewn stuffed dolls and puppets for all ages**
- 200 friendship bracelets for the 5-14 year-olds**
- 300 handmade jigsaw puzzles for all ages**

Donations of yarn, felt, embroidery floss, fiber-fill stuffing, google eyes, small Styrofoam balls, mounting cardboard, craft sticks, 8 ½" x 11" copier paper and 8-count crayon boxes would help the group complete enough projects for this year's boxes. Please email Eleni Yokas if you have questions or want to help at [stsophiasundayschool@gmail.com](mailto:stsophiasundayschool@gmail.com). On November 1, 2020, to celebrate the National Philoptochos Make A Difference Day, we will be hosting a "Pack-A-Box" luncheon for all parishioners to join us in completing this wonderful diakonia project. Admission will be your donation to this worthy project.

# Saint Sophia Camp 2020 Calling all Campers !! Apply online starting May 1st

Week 1: July 19-July 25

Week 2: July 25-August 1



Southern California's Favorite Camp !!  
and first choice for fun !!



[facebook.com/SaintSophiaCamp](https://www.facebook.com/SaintSophiaCamp)



[instagram.com/CampSaintSophia](https://www.instagram.com/CampSaintSophia)



[twitter.com/SaintSophiaCamp](https://twitter.com/SaintSophiaCamp)

[SaintSophiaCamp.org](https://www.SaintSophiaCamp.org)



# Orthodox Calendar

## MAY 2020

SUN	MON	TUE	WED	THU	FRI	SAT
					 1	2
3 <b>Sunday of the Myrrh Bearing Women</b> 8:30 am Orthros 9:45 am Memorials 10:00 am Divine Liturgy 12:30 pm Bible Studies	4	5	 6	7	 8	9
10 <b>Sunday of the Paralytic</b> 8:30 am Orthros 9:45 am Memorials 10:00 am Divine Liturgy 12:30 pm Bible Studies	11	12	 13	14	 15	16
17 <b>Sunday of the Samaritan Woman</b> 8:30 am Orthros 9:45 am Memorials 10:00 am Divine Liturgy 12:30 pm Bible Studies	18	19	 20	21 <b>Constantine and Helen Equal to the Apostles</b> 9:00 am Orthros 10:00 am Liturgy Divine	 22	23
24 <b>Sunday of the Blind Man</b> 8:30 am Orthros 9:45 am Memorials 10:00 am Divine Liturgy 12:30 pm Bible Studies	25	26	 27	28 <b>Holy Ascension</b> 9:00 am Orthros 10:00 am Liturgy Divine	 29	30
31 <b>Sunday of the 1st Council</b> 8:30 am Orthros 9:45 am Memorials 10:00 am Divine Liturgy 12:30 pm Bible Studies		<b>Strict Fast</b>  	<b>Fish Allowed</b>  	<b>Wine and Oil Allowed</b>  	<b>Dairy, Eggs, and Fish Allowed</b>  	<b>Fast Free</b>