

Please silence phones and pagers. Taking photos and videos during the liturgy is prohibited.

Saint Sophia Cathedral



Sunday, March 8, 2020

Bilingual Liturgy

Sunday of Orthodoxy

Theophylact the Confessor, Bishop of Nicomedia

First Antiphon

Bless the Lord, O my soul, and
all that is within me bless His
holy Name.

Bless the Lord, O my soul, and
forget not all that He has
done for you.

The Lord in heaven has prepared
His throne, and His kingdom
rules over all.

Second Antiphon

Praise the Lord, O my soul; I will
praise the Lord in my life; I
will chant unto my God for
as long as I have my being.

Blessed is He of whom the God
of Jacob is his help, whose
hope is in the Lord his God.

The Lord shall be King unto
eternity; your God, O Zion,
from generation
to generation.

Third Antiphon

This is the day the Lord has
made; let us rejoice and be
glad in it.

Let the heavens and the earth
praise Him.

HYMNS AT THE SMALL ENTRANCE

**Apolytikion for the Triumph of the Holy Icons
Sung before and after the Isodikon and during today's
Procession**

Τὴν ἄχραντον Εἰκόνα σου, προσκυνοῦμεν ἀγαθέ, αἰτούμενοι
συγχώρησιν τῶν πταισμάτων ἡμῶν, Χριστέ ὁ Θεός· βουλήσει γὰρ
ἠὺδόκησας σαρκί, ἀνελθεῖν ἐν τῷ Σταυρῷ, ἵνα ῥύσῃ οὖς ἐπλασας, ἐκ
τῆς δουλείας τοῦ ἐχθροῦ· ὅθεν εὐχαρίστως βοῶμέν σοι· Χαρᾶς
ἐπλήρωσας τὰ πάντα ὁ Σωτὴρ ἡμῶν, παραγενόμενος εἰς τὸ σῶσαι τὸν
κόσμον.

We venerate Your most pure image O Good One, and ask forgiveness
of our transgressions, O Christ our God of Your good will. You were
pleased to ascend the Cross in the flesh, and deliver Your creations
from bondage to the enemy. Therefore with thankfulness we cry
aloud to You: You have filled all with joy, O our Savior, for You did
come to save the world.

The Resurrection Apolytikion, Mode 5

Τὸν συνάναρχον Λόγον Πατρὶ καὶ Πνεύματι, τὸν ἐκ Παρθένου
τεχθέντα εἰς σωτηρίαν ἡμῶν, ἀνυμνήσωμεν πιστοὶ καὶ προσκυνήσωμεν,
ὅτι ἠὺδόκησε σαρκί, ἀνελθεῖν ἐν τῷ Σταυρῷ, καὶ θάνατον ὑπομεῖναι,
καὶ ἐγειῖραι τοὺς τεθνεῶτας, ἐν τῇ ἐνδόξῳ Ἀναστάσει αὐτοῦ.

continued

***We welcome baptized Orthodox Christians who have properly prepared to receive Holy
Communion. All are welcome to receive a blessing.***

Please let the children come first, then wait for the ushers to guide you out row by row.

SAINT SOPHIA CATHEDRAL

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V. Rev. Father John S. Bakas
Dean
Fr. Christopher Kolentsas
Assistant Priest

Logos born of the virgin for our salvation, and co-eternal with the Father and the Holy Spirit, come ye faithful ones and worship singing praise to Him, for He was willing as a man to be lifted on the cross and death to suffer, and to raise the dead by His glorious resurrection.

Troparion of Saint Sophia (Holy Wisdom)

Εὐλογητὸς εἶ, Χριστὲ ὁ Θεὸς ἡμῶν, ὁ πανσόφους τοὺς ἄλιεις ἀναδείξας, καταπέμψας αὐτοῖς τὸ Πνεῦμα τὸ ἅγιον, καὶ δι' αὐτῶν τὴν οἰκουμένην σαγηνεύσας, φιλόανθρωπε, δόξα σοι.

Blessed are You O Christ our God, Who as all wise the fishermen You showed forth; By sending your Holy Spirit down upon them and through them the universe You drew unto your net. O lover of mankind Glory to You.

Lenten Kondakion

Τῆ ὑπερμάχῳ στρατηγῷ τὰ νικητήρια, Ὡς λυτρωθεῖσα τῶν δεινῶν εὐχαριστήρια, Ἀναγράφω σοι ἡ Πόλις σου Θεοτόκε. Ἄλλ' ὡς ἔχουσα τὸ κράτος ἀπροσμάχητον, Ἐκ παντοίων με κινδύνων ἐλευθέρωσον, Ἵνα κράζω σοι· Χαῖρε νύμφη ἀνύμφευτε.

Victorious leader to you we offer hymns, you have delivered us from calamity and suffering, your city gives thanks O Theotokos. As you do possess invincible might and power, from all forms of danger free us and deliver us, that we may cry unto you, Hail bride unwedded.

Megalynarion

Ἐπὶ σοὶ χαίρει, Κεχαριτωμένη, πᾶσα ἡ κτίσις, ἀγγέλων τὸ σύστημα, καὶ ἀνθρώπων τὸ γένος, ἡγιασμένη ναέ, καὶ Παράδεισε λογικέ, παρθενικὸν καύχημα· ἐξ ἧς Θεὸς ἐσαρκώθη, καὶ παιδίον γέγονεν, ὁ πρὸ αἰώνων ὑπάρχων Θεὸς ἡμῶν· τὴν γὰρ σὴν μήτραν θρόνον ἐποίησε, καὶ τὴν σὴν γαστέρα, πλατυτέραν οὐρανῶν ἀπειργάσατο. Ἐπὶ σοὶ χαίρει, Κεχαριτωμένη, πᾶσα ἡ κτίσις· δόξα σοι.

All creation rejoices in thee full of grace, the company of angels and the race of all people. O sanctified temple and spiritual paradise, the glory of virgins from whom God was incarnate and became a child our God before all ages. And your womb God made a throne more vast than the heavens. All creation rejoices in thee full of grace, glory to you.



Scripture Reading

Faith comes by hearing....

Epistle Reader: Elias Kalatzis

Priest: Let Us Attend...

Reader: Blessed are you, O Lord, the God of our fathers...for you are just in all you have done.

Priest: Wisdom.

Reader: The reading is from St. Paul's First Letter to the Hebrews (11:24-26, 32-40)

Priest: Let us be attentive...

Brethren, by faith Moses, when he was grown up, refused to be called the son of Pharaoh's daughter, choosing rather to share ill-treatment with the people of God than to enjoy the fleeting pleasures of sin.

And what more shall I say? For time would fail me to tell of Gideon, Barak, Samson, Jephthah, of David and Samuel and the prophets -- who through faith conquered kingdoms, enforced justice, received promises, stopped the mouths of lions, quenched raging fire, escaped the edge of the sword, won strength out of weakness, became mighty in war, put foreign enemies to flight. Women received their dead by resurrection. Some were tortured, refusing to accept release, that they might rise again to a better life. Others suffered mocking and scourging, and even chains and imprisonment. They were stoned, they were sawn in two, they were killed with the sword; they went about in skins of sheep and goats, destitute, afflicted, ill-treated -- of whom the world was not worthy -- wandering over deserts and mountains, and in dens and caves of the earth.

And all these, though well attested by their faith, did not receive what was promised, since God had foreseen something better for us, that apart from us they should not be made perfect.

THE GOSPEL ACCORDING TO ST. JOHN (1:43-51)

At that time, Jesus decided to go to Galilee. And he found Philip and said to him, "Follow me." Now Philip was from Bethsaida, the city of Andrew and Peter. Philip found Nathanael, and he said to him, "We have found him of whom Moses in the law and also the prophets wrote, Jesus of Nazareth, the son of Joseph." Nathanael said to him, "Can anything good come out of Nazareth?" Philip said to him, "Come and see." Jesus saw Nathanael coming to him, and said of him, "Behold, an Israelite indeed, in whom is no guile!" Nathanael said to him, "How do you know me?" Jesus answered him, "Before Philip called you, when you were under the fig tree, I saw you." Nathanael answered him, "Rabbi, you are the Son of God! You are the King of Israel!" Jesus answered him, "Because I said to you, I saw you under the fig tree, do you believe? You shall see greater things than these." And he said to him, "Truly, truly, I say to you, you will see heaven opened, and the angels of God ascending and descending upon the Son of man."

Memorials

May their memory be eternal...

Among the spirits of the righteous perfected in faith, give rest, O Savior to the souls of your servants...

Frances Karavedas (40 days)

Nicholas John

Emmanuel John

Despina

Joy

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Offered in loving memory of Frances Karavedas by her daughter, son, grandchildren and great-grandchildren

SAINT SOPHIA BOOKSTORE

Be sure to visit our Saint Sophia Bookstore this Lenten Season where you will find wonderful Easter gift ideas. The bookstore also has copies of the "Lenten Liturgies" book as well as the "Services of Holy Week and Easter" book.

LENT

Pray + Fast + Give

The Mission of Saint Sophia Cathedral

- 1. Proclaim and teach the Gospel according to the Orthodox Christian Faith*
- 2. Sanctify and enhance the spiritual life of the faithful through Orthodox Christian worship.*
- 3. Receive persons into the Church through instruction, baptism and/or chrismation.*

Sunday, March 8

- 8:30 am — Orthros
- 9:45 am — Memorials
- 10:00 am — *Divine Liturgy*
- 12:30 pm — Bible Faith Studies

Wednesday, March 11

- 7:00 pm — Pre-Sanctified Liturgy

Friday, March 13

- 9:00 am — Pre-Sanctified Liturgy
- 7:00 pm — 2nd Salutations to the Theoktokos