

*Please silence phones and pagers. Taking photos and videos during the liturgy is prohibited.*

**Saint Sophia Cathedral**



Sunday, March 1, 2020

*Forgiveness Sunday*

All English Liturgy

*The Holy Righteous Martyr Eudocia the Samaritan*

First Antiphon

Bless the Lord, O my soul, and  
all that is within me bless His  
holy Name.

Bless the Lord, O my soul, and  
forget not all that He has  
done for you.

The Lord in heaven has prepared  
His throne, and His kingdom  
rules over all.

Second Antiphon

Praise the Lord, O my soul; I will  
praise the Lord in my life; I  
will chant unto my God for  
as long as I have my being.

Blessed is He of whom the God  
of Jacob is his help, whose  
hope is in the Lord his God.

The Lord shall be King unto  
eternity; your God, O Zion,  
from generation  
to generation.

Third Antiphon

This is the day the Lord has  
made; let us rejoice and be  
glad in it.

Let the heavens and the earth  
praise Him.

HYMNS AT THE SMALL ENTRANCE

**The Resurrection Apolytikion, Mode 4**

Joyous tidings of Your Resurrection that the angel proclaimed to the women disciples and brought an end to the ancestral curse and with pride they declared to the disciples: Death has been defeated and Christ our God has risen bestowing upon the world great mercy.

**Isodikon**

Come let us worship falling down before Christ. Save us O Son of God who didst arise from the dead sing we to Thee Alleluia.

**Troparion of Saint Sophia (Holy Wisdom)**

Blessed are You O Christ our God, Who as all wise the fishermen You showed forth; By sending your Holy Spirit down upon them and through them the universe You drew unto your net. O lover of mankind Glory to You.

**Kondakion – Cheesefare Sunday**

The guide toward wisdom and giver of prudence chastising the foolish and defender of the poor, Master create in me a wise and steadfast heart, You who are the Father's word grant me eloquent speech, for behold I shall not keep my lips from crying out to you: Merciful One have mercy on me who has fallen from grace

*We welcome baptized Orthodox Christians who have properly prepared to receive Holy Communion. All are welcome to receive a blessing.*

*Please let the children come first, then wait for the ushers to guide you out row by row.*

**SAINT SOPHIA CATHEDRAL**

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V. Rev. Father John S. Bakas  
*Dean*  
Fr. Christopher Kolentsas  
*Assistant Priest*

# Scripture Reading

*Faith comes by hearing...*

Epistle Reader: Stephanie Katherine Yallourakis

**Priest:** Let Us Attend...

**Reader:** Make your vows to the Lord our God and perform them...God is known in Judah; his name is great in Israel.

**Priest:** Wisdom.

**Reader:** The reading is from St. Paul's First Letter to the Romans (13:11-14; 14:1-4)

**Priest:** Let us be attentive...

Brethren, salvation is nearer to us now than when we first believed; the night is far gone, the day is at hand. Let us then cast off the works of darkness and put on the armor of light; let us conduct ourselves becomingly as in the day, not in reveling and drunkenness, not in debauchery and licentiousness, not in quarreling and jealousy. But put on the Lord Jesus Christ, and make no provision for the flesh, to gratify its desires.

As for the man who is weak in faith, welcome him, but not for disputes over opinions. One believes he may eat anything, while the weak man eats only vegetables. Let not him who eats despise him who abstains, and let not him who abstains pass judgment on him who eats; for God has welcomed him. Who are you to pass judgment on the servant of another? It is before his own master that he stands or falls. And he will be upheld, for God is able to make him stand.

**THE GOSPEL ACCORDING TO ST. MATTHEW (6:14-21)**

The Lord said, "If you forgive men their trespasses, your heavenly Father also will forgive you; but if you do not forgive men their trespasses, neither will your Father forgive your trespasses.

"And when you fast, do not look dismal, like the hypocrites, for they disfigure their faces that their fasting may be seen by men. Truly, I say to you, they have received their reward. But when you fast, anoint your head and wash your face, that your fasting may not be seen by men but by your Father who is in secret; and your Father who sees in secret will reward you.

"Do not lay up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal, but lay up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there will your heart be also."



# Memorials

*May their memory be eternal...*

*Among the spirits of the righteous perfected in faith, give rest, O Savior to the souls of your servants...*

*Panayiota Zagorianos*

*Eugenia Peterson Zaferis (40 days)*

## **ALTAR CANDLES**

Offered in loving memory of Eugenia Peterson Zaferis by her family.

## **PERPETUAL CANDLES**

Offered in loving memory of Panayiota (Bertha) Zagorianos by her daughters Marsha and Kathy Zagorianos.

## **COFFEE HOUR SPONSORS**

Offered in loving memory of Eugenia Peterson Zaferis by her family.

## **FORGIVING ENEMIES**

Ambrose

We must remember the value of right belief. It is profitable for me to know that Christ bore my diseases and submitted Himself to my lusts for my sake. He became sin and a curse for me - for everyone, that is. He was humbled and became a servant for me. He is the Lamb, the Vine, the Rock, the Servant, and the Son of a handmaid for me. He doesn't know the Day of Judgement, but, for my sake, is ignorant of the day and hour. What a glorious remedy - to have comfort in Christ! For He bore these things with enormous patience for our sakes - so we definitely can't bear them just for the glory of His name with common patience! Who wouldn't learn to forgive their enemies when they see that, even on the cross, Christ prayed for those who persecuted Him? Don't you see that the weaknesses of Christ are your strength? So why do you ask Him about remedies for us? His tears wash us and His weeping cleanses us. But if you begin to doubt, you will despair. For the greater the insult, the greater gratitude is due.

*“Then said Jesus, Father, forgive them; for they know not what they do.  
And they parted his raiment, and cast lots.”*

Luke 23:24

## FORGIVENESS SUNDAY

### Reading

The Holy Fathers have appointed the commemoration of Adam's exile from the Paradise of delight here, on the eve of the holy Forty-day Fast, demonstrating to us not by simple words, but by actual deeds, how beneficial fasting is for man, and how harmful and destructive are insatiety and the transgressing of the divine commandments. For the first commandment that God gave to man was that of fasting, which the first-fashioned received but did not keep; and not only did they not become gods, as they had imagined, but they lost even that blessed life which they had, and they fell into corruption and death, and transmitted these and innumerable other evils to all of mankind. The God-bearing Fathers set these things before us today, that by bringing to mind what we have fallen from, and what we have suffered because of the insatiety and disobedience of the first-fashioned, we might be diligent to return again to that ancient bliss and glory by means of fasting and obedience to all the divine commands. Taking occasion from today's Gospel (Matt. 6:14-21) to begin the Fast unencumbered by enmity, we also ask forgiveness this day, first from God, then from one another and all creation.



### **The Mission of Saint Sophia Cathedral**

1. *Proclaim and teach the Gospel according to the Orthodox Christian Faith*
2. *Sanctify and enhance the spiritual life of the faithful through Orthodox Christian worship.*
3. *Receive persons into the Church through instruction, baptism and/or chrismation.*

### Sunday, March 1

8:30 am — Orthros

9:45 am — Memorials

10:00 am — *Divine Liturgy*

*Prayers of Forgiveness immediately following Liturgy*

12:30 pm — Bible Faith Studies

### Monday, March 2

*Clean Monday, Lent Begins*

10:00 am — Compline Service

### Wednesday, March 4

7:00 pm — Pre-Sanctified Liturgy

### Friday, March 6

9:00 am — Pre-Sanctified Liturgy

7:00 pm — 1<sup>st</sup> Salutations to the Theoktokos

### Saturday, March 7

*3<sup>rd</sup> Saturday of Souls*

9:00 am — Orthros

10:00 am — Divine Liturgy

