

SAINT SOPHIA

Axiologa

"worth mentioning"



FEBRUARY 9, 2020

Sunday of the Publican and Pharisee

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Saint Sophia Cathedral
1324 S. Normandie Ave
Los Angeles, CA 90006

Office: 323.737.2424
www.saintsophia.org/bulletin

When you write your will or update it, won't you please remember Saint Sophia Cathedral? Such a gift will live forever as our church ministers to our spiritual needs. It's an investment in the Gospel of Jesus Christ.

MINISTRY NEWS

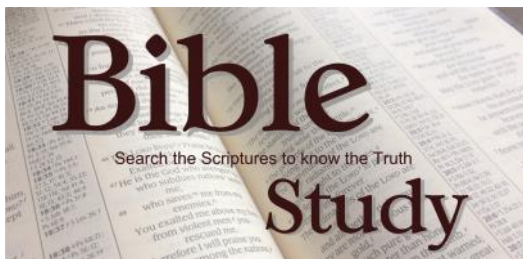
1. **February 13-16:** Faith Dance Fellowship Event
2. **February 23:** Philoptochos General Assembly

BIBLE FAITH STUDIES

Fr. John Bakas and Fr. Christopher Kolentsas will conduct community Bible & Faith Studies on Sunday's immediately following the Divine Liturgy at 12:30 pm in the Chapel.

It is imperative that we all grow in the Faith. All are welcome. Bring your Bible and be prepared to study Sunday's Epistle Reading. Remember that Faith comes through understanding.

In addition, join our Tuesday Bible Studies class at 11:00 am. Please join us and bring a friend.



VOLUNTEERS NEEDED IN THE BOOKSTORE

Our fabulous Saint Sophia Bookstore is in need of volunteers who are enthusiastically passionate about books. If you're willing to offer your support and assistance please contact Bill Striglos or Dean Peratsakis via email at wstriglos@sbcglobal.net or dotos@msn.com or call (213) 804-1283. Thank you.

PHILOPTOCHOS NEWS

GO RED FOR WOMEN: February is federally designated as American Heart Month. This began in February 1964. Heart disease is still the number 1 killer of women, more than all cancers combined. Of course heart disease does not just affect women - it affects everyone. Take action for your health! Go to your doctor once a year, have your blood pressure and cholesterol checked. Don't smoke - and if you already smoke, then it's time to quit! Try to get some exercise, walk and yes, as hard as it is, try to watch your weight. Let's try to take care of ourselves.

GENERAL ASSEMBLY: JOIN US FOR AN INSIGHTFUL AND FULL-FILLED GATHERING: Martis! Sunday, February 23 Philoptochos is delighted to have UCLA'S Sharon Gerstel, Director of the UCLA Stavros Niarchos Foundation Center for the Study of Hellenic Culture. Sharon is a Professor of Byzantine Art and Archaeology. She will be speaking briefly on the history of Martis - the Greek tradition of children and adults wearing red and white bracelets made of thread, from March 1 - March 31. Sharon will inspire us to make our own bracelets and materials will be provided at this special interactive Philoptochos General Assembly Meeting. Lunch is available for a \$10 donation. Please RSVP to: dinademetrius@yahoo.com

Saint Sophia Philoptochos Debutante Presentation Ball, to be held on Sunday, January 17, 2021 at the Four Seasons Beverly Wilshire Hotel. Interested young ladies who will be high school juniors (aged 16 and older) should contact the Ball Chair, Patricia Mentas, at: saintsophiadeball@gmail.com. An informational meeting is scheduled at the Saint Sophia Cathedral Huffington Center on Sunday, May 3, 2020 at 12:30 p.m.

continued

PHILOPTOCHOS NEWS

SAVE THE DATE: Our Mother's Day Luncheon will be on Saturday, May 9 at the Saint Sophia Huffington Center. We will be honoring our "Mother of the Year" Judie Christopoulos! More information will be coming soon.

With love in Christ's service, Virginia Noyes

PHILOPTOCHOS VIP

MONDAY, MARCH 2, 2020: KATHARA DEFTERA. Let us all together celebrate the first day of Lent with church services at 10:00am followed by a delicious Lenten lunch which will be served by our lovely VIP chefs. Chairperson is Mary Kezios and co-chair Irene Mitropetros.

In his service, Mary Morrison, President

SAINT SOPHIA CRAFT GROUP

Join the Saint Sophia Craft Group in support of the 2020 Operation Christmas Child Diakonia project. We meet after church at 12:30pm on select Sundays. Our current focus is making simple craft items to include with our Operation Christmas Child boxes in fall 2020. All skill levels are welcome. If you have any questions, please contact Eleni Yokas at stsophiasundayschool@gmail.com.

Upcoming dates and projects:

Today	Crocheted Dolls continued
February 16 th	No Class - FDF
February 23 rd	Stick Puppets with stories
March 1 st	Finger Puppets with stories

**11-DAY PILGRIMAGE TO CONSTANTINOPLE 2020
WITH FATHER JOHN
LEAVE LA, MAY 31ST – RETURN LA, JUNE 10TH**



Trip Land Cost: \$3070 per person/double occupancy
Reserve Spot: \$350, refundable deposit until March 31st
Single Supplement: \$695
Final Payment: April 17th

Payments made through Saint Sophia's website
Go to "Make a Donation." Go to "Contribution."
Go to "General Donation."

Enter amount. Click the "Make a Donation" button.
In the "Additional Notes." You can type "Constantinople
Pilgrimage."

Questions: secretary@saintsophia.org
or call Jessica at 323-737-2424 ext. 103

This trip includes accommodations, most meals, all transfers, expertly guided sightseeing tours, entry fees, and domestic flights. We will advise and help you book international flights separately if you want assistance. Though please know that you are likely to find better rates online.

Day 1, May 31st TRAVEL DAY

Suggested direct flight with Turkish Airlines from Los Angeles at 18:20, arriving the next day at 17:35 (13 hours 15 minutes flight)

Day 2, June 1st ARRIVE ISTANBUL (CONSTANTINOPLE)

For those arriving around 17:30, there will be a private coach transfer from the airport to our hotel for check-in
Welcome Dinner + Overnight in Constantinople

Day 3, June 2nd CONSTANTINOPLE

Visit: Hippodrome Square, Blue Mosque, Topkapi Palace, Treasury, Hagia Saint Sophia, Grand Bazaar, Nuru Osmaniye District (Glamour of the Ottomans)

Breakfast, Dinner + Overnight in Constantinople

Day 4, June 3rd CONSTANTINOPLE

Visit: Underground Cistern, Spice Market, Magnificent Suleymaniye Mosque, Church of Chora. Princess Island: the Theological School, and an active Greek Orthodox Church

**We are arranging a visit with the Patriarch during our time in Constantinople -- this will be confirmed as we get closer to our arrival.

Breakfast + Overnight in Constantinople

Day 5, June 4th CONSTANTINOPLE / IZNIK (Ancient Nicea) / BURSA

Visit: Bosphorus Ferry, private coach to Ancient Nicea en route to Bursa

Breakfast, Dinner + Overnight in Bursa

Day 6, June 5th BURSA / PERGAMON / IZMIR (Smyrna)

Visit: Asclepion (Ancient Medical Center), Acropolis (Temples of Athena and Dionysus)

Breakfast + Overnight in Smyrna

Day 7, June 6th SMYRNA / EPHEBUS / SMYRNA

Visit: Selcuk, Temple of Artemis, Temple of Hadrian, Library of Celsus, Great Theater, House of Virgin Mary, Sirince Village

Breakfast + Overnight in Smyrna

Day 8, June 7th SMYRNA / PRIENE / DIDYMA (Didymaion) / MILETUS (Miletos) / SMYRNA

Visit: Temple of Apollo at Didyma, Miletus (the center of classical Hellenistic civilization, 13th c.), Priene (Greek-style theatre and the Temple of Athena)

Breakfast + Overnight in Smyrna

Day 9, June 8th SMYRNA / CAPPADOCIA

Morning flight to Cappadocia. Visit: Red Valley, Pigeon Valley

Breakfast, Dinner + Overnight Cappadocia

Day 10, June 9th CAPPADOCIA

Visit: Monastic Center of Goreme, Uchisar (rock-carved citadel), Three Beauties (conic rock formations), Zelve (town composed of hundreds of rock-carved houses), Pasabag Valley (tower-shaped hermitages), Avanos (famous pottery town)

Breakfast, Dinner + Overnight in Cappadocia.

**Optional Hot Air Balloon Ride at 5:30 am. I will need to know in advance of our departure, please. Price: \$250

Day 11, June 10th CAPPADOCIA / TRAVEL DAY

Morning flight to Constantinople for those connecting with Turkish Airlines flight at 13:05 and other airline flights that day.

Breakfast only

**Optional to stay another night in Cappadocia (\$200 per night, Bed + Breakfast) or Istanbul (\$240 per night, Bed + Breakfast)

Summary

3x nights in Constantinople, June 1st - June 3rd

1x night Bursa, June 4th

3x nights Smyrna, June 5th - June 7th

2x nights Cappadocia, June 8th - June 9th

Suggested Turkish Airline Flight, Direct Flights

May 31st TK10 LAX 18:30 – IST 17:35 next day (13 hours, 5 minutes)

June 10th TK9 IST 13:05 – LAX 16:50 (13 hours, 35 minutes)

THE HELLENIC SOCIETY OF CONSTANTINOPLE
Cordially invites you and your friends to the
53rd ANNUAL DINNER DANCE
Saturday February 22nd, 2020
St. Sophia Cathedral, The Maniatokos Hall
1324 Normandie Ave, Los Angeles, CA 90006



Vasilopita Prize: "A Gold Coin"
Live Band - Constantinopolitan meal - Ruffle Tickets

Honoring

Philippos Trevezas
&
The Hellenic Library of Southern California

Proceeds to benefit Philanthropic Institutions of
The Ecumenical Patriarchate of Constantinople

RSVP by February 17, 2020

Call Marry Morrison (818)500-0904 or email: upstagecateringkp@gmail.com

Please mail your check in advance: PO Box 4739, Glendale, CA 91222

Join us for a night of
*Live Music, Dancing, Drinks
and a Constantinopolitan meal*

Cocktails 5:30 pm | Dinner 6:30 pm
Donation: \$125 per person | Students: \$50
After Dinner Price: \$25

After dinner entrance, any time after 9:30 PM | (Includes dessert | cash bar open)



Operation Christmas Child donation idea of the month



Saint Sophia Sunday School, Saint Sophia Dance Program and the Saint Sophia Philoptochos Society are again collaborating in 2020 to assemble Operation Christmas Child shoe boxes. Thank you to all who participated in 2019. We collected and assembled 134 boxes last year. 2019 was one of our most successful years to date.

This year's goal is to fill 300 boxes. Every month, between January and October, all parishioners will have the opportunity to make donations to help us meet this goal.

Our February focus is on boys and girls accessory items. We are hoping to collect the following:

- | | |
|---|---|
| 150 girls necklaces, bracelets and rings | 150 boys wristwatches |
| 150 girls hair accessory sets with barrettes, bows, ribbons, hair ties, hairbands, etc. | 150 boys sunglasses |
| 150 girls sunglasses | 150 boys sweatbands/headbands/bracelets |

Please keep in mind the boxes are assembled for either a boy or girl and the age ranges are 2-4 years old, 5-9 years old and 10-14 years old when you are selecting sizes.

Kerchiefs, baseball caps or bandanas would be appreciated. Any accessory that makes sense for a child to wear. Hit the sales or check out your local dollar store to donate these items to our collection. Please see Eleni Yokas in the Sunday School office if you have questions or want to help. Or email her at: stsophiasundayschool@gmail.com.

On November 1, 2020, to celebrate the National Philoptochos Make A Difference Day, we will be hosting a "Pack-A-Box" luncheon for all parishioners to join us in completing this wonderful diakonia project. Admission will be your donation to this worthy project.

SUNDAY SCHOOL REMINDERS:

Students are dismissed at Holy Communion each Sunday to attend their classes. Classes are held on the 2nd floor of the Huffington Center. Parents may register their children during or after classes in the meeting room near the Sunday School office. If you are not receiving emails from the Sunday School program, please send an email to stsophiasundayschool@gmail.com.

If you have any questions about the Sunday School program, please see Eleni Yokas.

It is almost time for our next Diakonia project, **5 Tons of Love**, our annual clothing drive organized by Dean and Christina Peratsakis. Please start cleaning out your closets and bringing any men's, women's or children's clothing, accessories or shoes you no longer need. Remember, we are just collecting garments and we will start collecting on February 2nd through April 26th.



The Mission of Saint Sophia Cathedral

1. *Proclaim and teach the Gospel according to the Orthodox Christian Faith*
2. *Sanctify and enhance the spiritual life of the faithful through Orthodox Christian worship.*
3. *Receive persons into the Church through instruction, baptism*

Orthodox Calendar

FEBRUARY 2020

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2 The Presentation of Our Lord and Savior in the Temple 8:30 am Orthros 10:00 am Divine Liturgy 12:30 pm Bible Studies	3	4 Bible Studies Class 11 am	5 +	6	7 +	8
9 Sunday of the Publican and Pharisee 8:30 am Orthros 9:45 am Memorials 10:00 am Divine Liturgy 12:30 pm Bible Studies	10	11 Bible Studies Class 11 am	12	13	14	15
16 Sunday of the Prodigal Son 8:30 am Orthros 9:45 am Memorials 10:00 am Divine Liturgy 12:30 pm Bible Studies	17 Office Closed President's Day	18 Bible Studies Class 11 am	19 +	20	21 +	22 1 st Saturday of Souls 9:00 am Orthros 10:00 am Divine Liturgy
23 Judgment Sunday 8:30 am Orthros 9:45 am Memorials 10:00 am Divine Liturgy 12:30 pm Bible Studies	24 ☺	25 ☺ Bible Studies Class 11 am	26 ☺	27 ☺	28 ☺	29 ☺ 2 nd Saturday of Souls 9:00 am Orthros 10:00 am Divine Liturgy
		Strict Fast +	Fish Allowed 🐟	Wine and Oil Allowed 🍇	Dairy, Eggs, and Fish Allowed ☺	Fast Free