



Sunday, September 22

1st Sunday of Saint Luke

Bilingual Liturgy

Phocas the Martyr, Bishop of Sinope

First Antiphon

Bless the Lord, O my soul, and all that is within me bless His holy Name.

Bless the Lord, O my soul, and forget not all that He has done for you.

The Lord in heaven has prepared His throne, and His kingdom rules over all.

Second Antiphon

Praise the Lord, O my soul; I will praise the Lord in my life; I will chant unto my God for as long as I have my being.

Blessed is He of whom the God of Jacob is his help, whose hope is in the Lord his God.

The Lord shall be King unto eternity; your God, O Zion, from generation to generation.

Third Antiphon

This is the day the Lord has made; let us rejoice and be glad in it.

Let the heavens and the earth praise Him.

HYMNS AT THE SMALL ENTRANCE

The Resurrection Apolytikion, Mode 1 Plagal

Τὸν συνάναρχον Λόγον Πατρὶ καὶ Πνεύματι, τὸν ἐκ Παρθένου τεχθέντα εἰς σωτηρίαν ἡμῶν, ἀνυμνήσωμεν πιστοὶ καὶ προσκυνήσωμεν, ὅτι ἠυδόκησε σαρκί, ἀνελεῖν ἐν τῷ Σταυρῷ, καὶ θάνατον ὑπομεῖναι, καὶ ἐγειρᾶν τοὺς τεθνεῶτας, ἐν τῇ ἐνδόξῳ Ἀναστάσει αὐτοῦ.

Logos born of the virgin for our salvation, and co-eternal with the Father and the Holy Spirit, come ye faithful ones and worship singing praise to Him, for He was willing as a man to be lifted on the cross and death to suffer, and to raise the dead by His glorious resurrection.

Apolytikion for the Holy Martyr Phocas

Καὶ τρόπων μέτοχος, καὶ θρόνων διάδοχος, τῶν Ἀποστόλων γενόμενος, τὴν προᾶξιν εὖρες Θεόπνευστε, εἰς θεωρίας ἐπίβασιν διὰ τοῦτο τὸν λόγον τῆς ἀληθείας ὀρθοτομῶν, καὶ τῇ πίστει ἐνήθησας μέχρις αἵματος, Ἰερομάρτυς Φωκά, πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν

You lived your life as the Apostles lived and have become successor to their thrones. Divinely inspired one, using your gifts of logical thought, you righteously taught the word of truth, and you stood fast in faith to your martyrdom. Holy martyr Phocas, intercede with Christ our God that our souls be saved.

Saint Sophia Hymn

Εὐλογητὸς εἶ, Χριστὲ ὁ Θεὸς ἡμῶν, ὁ πανσόφους τοὺς ἀλιεῖς ἀναδείξας, καταπέμφας αὐτοῖς τὸ Πνεῦμα τὸ ἅγιον, καὶ δι' αὐτῶν τὴν οἰκουμένην σαγηνεύσας, φιλόανθρωπε, δόξα σοι.

Blessed are You O Christ our God, Who as all wise the fishermen You showed forth; By sending your Holy Spirit down upon them and through them the universe You drew unto your net. O lover of mankind Glory to You.

Kondakion

Προστασία τῶν Χριστιανῶν ἀκαταίσχυντε, μεσιτεία, πρὸς τὸν Ποιητὴν ἀμετάθετε, μὴ παρίδης, ἀμαρτωλῶν δεήσεων φωνάς, ἀλλὰ πρόφθασον, ὡς ἀγαθή, εἰς τὴν βοήθειαν ἡμῶν, τῶν πιστῶς κραυγαζόντων σοι: Τάχυνον εἰς πρεσβείαν, καὶ σπεῦσον εἰς ἰκεσίαν, ἢ προστατεύουσα αἰεὶ, Θεοτόκε, τῶν τιμῶντων σε.

Protection of all Christians and unashamed intercessor to our Creator unchanging. Do not turn from the praying voices of all sinners; but extend your good and timely help to us who in faith call upon you. Hasten O Theotokos to intercede for us. The protector of us all who defends those who honor you.

SAINT SOPHIA CATHEDRAL

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V. Rev. Father John S. Bakas

Dean

Fr. Christopher Kolentsas

Assistant Priest

Scripture Reading

Faith comes by hearing...

Epistle Reader: Karen Scherrer

Priest: Let Us Attend...

Reader: You, O Lord, shall keep us and preserve us...save me, O Lord, for the godly man has failed.

Priest: Wisdom.

Reader: The reading is from St. Paul's Second Letter to the Corinthians (1:21-24; 2:1-4)

Priest: Let us be attentive...

BRETHREN, it is God who establishes us with you in Christ, and has commissioned us; he has put his seal upon us and given us his Spirit in our hearts as a guarantee.

But I call God to witness against me - it was to spare you that I refrained from coming to Corinth. Not that we lord it over your faith; we work with you for your joy, for you stand firm in your faith. For I made up my mind not to make you another painful visit. For if I cause you pain, who is there to make me glad but the one whom I have pained? And I wrote as I did, so that when I came I might not suffer pain from those who should have made me rejoice, for I felt sure of all of you, that my joy would be the joy of you all. For I wrote you out of much affliction and anguish of heart and with many tears, not to cause you pain but to let you know the abundant love that I have for you.

THE GOSPEL ACCORDING TO ST. LUKE (5:1-11)

At that time, Jesus was standing by the lake of Gennesaret. And he saw two boats by the lake; but the fishermen had gone out of them and were washing their nets. Getting into one of the boats, which was Simon's, he asked him to put out a little from the land. And he sat down and taught the people from the boat. And when he had ceased speaking, he said to Simon, "Put out into the deep and let down your nets for a catch." And Simon answered, "Master, we toiled all night and took nothing! But at your word I will let down the nets." And when they had done this, they enclosed a great shoal of fish; and as their nets were breaking, they beckoned to their partners in the other boat to come and help them. And they came and filled both the boats, so that they began to sink. But when Simon Peter saw it, he fell down at Jesus' knees, saying, "Depart from me, for I am a sinful man, O Lord." For he was astonished, and all who were with him, at the catch of fish which they had taken; and so also were James and John, sons of Zebedee, who were partners with Simon. And Jesus said to Simon, "Do not be afraid; henceforth you will be catching men." And when they had brought their boats to land, they left everything and followed him.

Memorials

May their memory be eternal...

Among the spirits of the righteous perfected in faith, give rest, O Savior to the souls of your servants...

Najeeb Debs (15 days)

Ariadne Mayakis Toczek (2 years)

Brandie

ALTAR CANDLES

Offered in loving memory of Negeeb Debs by Athina Pavlidou Daher.

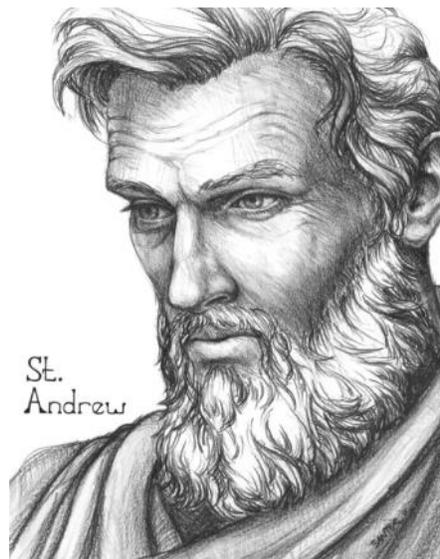
ALTAR TABLE CANDLES

Offered in loving memory of Ariadne Mayakis Toczek by her children Maria and Andrzej Toczek and family.

SOLEA CANDLES

Offered in loving memory of our beloved friend Brandie by Julian and Simona Rebiga.

Apostle of the Day



Andrew

A disciple of John the Baptist, Andrew heard him refer to Jesus as the Lamb of God. Andrew asked for an audience and saw Jesus for a day, then proclaimed, “We have found the Messiah,” in itself a creed and confession for the Christian faith. He brought his brother, Simon-Peter, to Christ. Although not one of the inner circle, he played the first role in several events which are recorded. Eusebius in his Church History states that Andrew later went to Scythia. According to tradition he was martyred at Patras, Greece, crucified on an X-shaped cross, which since has become known as St. Andrew’s Cross. He is regarded as being connected with the writing of St. John’s Gospel. According to tradition, he is the founder of the Ecumenical Patriarchate of Constantinople.

DAILY VITAMINS FOR SPIRITUAL GROWTH

Making Requests

Augustine

Do you think, beloved, that God doesn't know what you need? He knows. And he knows what we want. When He taught His disciples to pray, He warned them not to use many words. He said, "Use not many words; for your Father knoweth what things ye have need of before ye ask him." So then, seeing that our Father already knows what we need, how and why do we ask? Why seek? Why knock? Why weary ourselves in asking, seeking and knocking, to instruct the One who knows already? But in another place, the Lord says, we "ought always to pray, and not to faint." If we ought always to pray, how can He say, "Use not many words?" How can I always pray if I must finish so quickly? Here You tell me to finish so quickly; there "always to pray and not to faint." What does this mean? In order that you may understand this, "ask, seek, knock." For the door is closed, not to shut you out, but to exercise you. Therefore, we should urge you and ourselves to pray. For we have no other hope amid so many evils of this world than to knock in prayer and to believe firmly in our hearts that the Father won't give us what He knows isn't beneficial for us. For you know what you want, but He knows what is good for you.

"Oh how great is thy goodness, which thou hast laid up for them that fear thee; which though hast wrought for them that trust in thee before the sons of men!"

Psalm 31:19



The Mission of Saint Sophia Cathedral

- 1. Proclaim and teach the Gospel according to the Orthodox Christian Faith*
- 2. Sanctify and enhance the spiritual life of the faithful through Orthodox Christian worship.*
- 3. Receive persons into the Church through instruction, baptism and/or chrismation.*

Sunday, September 22

8:30 am — Orthros
9:45 am — Memorials
10:00 am — *Divine Liturgy*

Tuesday, September 24

11:00 am — Bible Study w/ Fr. John

