

SAINT SOPHIA

Axiologa

"worth mentioning"



MAY 19, 2019

Sunday of the Paralytic

FOUNDATION BOARD OF TRUSTEES

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BOARD OF AUDITORS:

Jim Boltinghouse, Nicholas Manolelis, Michele Panagiota Olivar

Saint Sophia Cathedral
1324 S. Normandie Ave
Los Angeles, CA 90006

Office: 323.737.2424
www.saintsophia.org/bulletin

When you write your will or update it, won't you please remember Saint Sophia Cathedral? Such a gift will live forever as our church ministers to our spiritual needs. It's an investment in the Gospel of Jesus Christ.

MINISTRY NEWS

1. **Today:** Philoptochos General Assembly
2. **Tuesday, May 21:** VIP's Senior Citizen Luncheon
3. **Saturday, June 1:** Honoring Christopher and Eleni Yokas

BIBLE STUDIES - *w/ Fr. John Bakas*

Increase your knowledge about our faith at our weekly Bible study class. You'll have a chance to ask Fr. John questions and engage in interesting discussions with your fellow parishioners in a casual setting. Everyone is welcome to attend every Tuesday at 11 am at the Huffington Center. Classes resume May 28, 2019.

SAINT SOPHIA PRAYER GROUP

Is now available on your phone! Please join us via the PRAY.COM phone app.

How?

1. Go to the app store, download prayer.com onto your phone.
2. Find and join: Saint Sophia Greek Orthodox Cathedral, LA.

Or, go to this link: <https://link.pray.com/KjCOkXqWAV>

Those who pray together, stay together.

Sweet
BLESSINGS

Dear Friends,

This is our generations one in a lifetime opportunity to say thank you to Chris and Eleni Yokas for their lifetime services. It is an opportunity to create legacy for generations to come.

Proceeds from your participation will fund the installation of an Adult Baptismal Font in our Cathedral and you will continue to play a integral and vital role in the life of our extended Saint Sophia family. Your generosity will help serve the growing needs of our faith and congregation.

Thank you and may God bless you!

*Fr. John S. Bakas
Dean*



YOUR NAME WILL APPEAR IN THE
PROGRAM BOOKLET AS FOLLOWS:

Print your name _____

I wish to be included in the program booklet in the following category:

- | | | |
|--------------------------|------------------|---------|
| <input type="checkbox"/> | The River Jordan | \$1,500 |
| <input type="checkbox"/> | Nazareth | \$1,000 |
| <input type="checkbox"/> | Capernaum | \$500 |
| <input type="checkbox"/> | Jerusalem | \$250 |
| <input type="checkbox"/> | Bethlehem | \$150 |
| <input type="checkbox"/> | Sea of Galilee | \$100 |
| <input type="checkbox"/> | Cana | \$50 |
| <input type="checkbox"/> | Other | _____ |

Address _____

City, State, Zip _____

Telephone _____

Email _____

Please make your check payable to **Saint Sophia Cathedral**

For information, please contact Melanie O'Regan
310-995-2822 or melanieoregan1324@gmail.com

Printer's Deadline is **May 15, 2019**



Honoring Eleni and Christopher Yokas

Saturday, June 1, 2019 Saint Sophia Cathedral community will honor our long term stewards Eleni and Christopher Yokas for their many years of service to the Greek Orthodox Community

*as
Sunday School Director
and
Organist & Assistant Director of Music*

Invitations will be mailed shortly

Reception 6:00 p.m.

Dinner 7:00 p.m.

\$70 per person - Children under 12 \$25

*Saint Sophia Greek Orthodox Cathedral
Maria Maniatakos Pavilion and Maniatakos Fellowship Hall*



SAINT SOPHIA CATHEDRAL

June 1, 2019

Name _____
(Reservation is under First initial, Last name)

Total adults _____ @ \$70/person \$ _____

Total children _____ @ \$25/child \$ _____

Payment options:

Checks made payable to Saint Sophia Cathedral

Credit Cards: VISA, Mastercard, AMEX

Cardholder's Name _____

Acct member _____

Exp Date _____ CSV Code _____ Zip Code _____

Signature _____

Phone _____

Email _____

Reservations are due by May 15, 2019

For more information contact Jeanne Boukidis

818-389-7661 (text/voicemail) or

stsophiamdlreservations@gmail.com

Important:

Please list yourself, your guests and meal preferences

List your name and all your guests included in this payment, along with your meal preferences (circle one):

B=Beef F=Fish V=Vegetarian Ch=Child's Plate

NAME	MEAL PREFERENCE
	B F V Ch
	B F V Ch
	B F V Ch
	B F V Ch
	B F V Ch
	B F V Ch
	B F V Ch
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	B F V Ch
	B F V Ch

Tables seat 10-12 guests and are reserved on a first-come/ first-served basis.

All seating is reserved.

If no meal preference is indicated, Beef will be served.

PHILOPTOCHOS VIP NEWS

Christos Anesti!

May is our Senior Citizen Luncheon. It will take place on **Tuesday**, May 21st at 11:30 am in the Maniatakos Hall. We are very pleased to announce that the honoree this year is Soteria Hronis. Chair of the event is Mary Morrison. Contact her at 818-404-8610 or email her marymrealtor@gmail.com. Co- chair Karla Gregg, contact her at 253- 224-3705 or email kgregg2000@gmail.com. Reservations is Jayne Poulos. Call Jayne at 310-740-6143 or email jaynepoulos@gmail.com. Donation is \$30.00. Delicious food will be prepared by Niko Begakis.

Thursday, June 20 will be a time for fun at Harrah's Rincon Casino in North San Diego County. We need to have 40 people so we can have a free bus. Donation is \$10. You will get \$10 play money. Chair is Anne Dres, phone number 323-469-1746. Co-chair is Karla Gregg, phone number 253-224-3705.

There will be no board meetings or events for the months of June and July.

September we are making plans for a Movie and Lunch event. Details to follow.

I hope that you will be able to attend all our events. The board is here to facilitate you. For any event, please try to make your reservations early. We always have late reservations which makes it difficult for us to organize the meals.

In His service,

Angela Ananias, VIP president

**THE HOLY LAND 2019
WITH FATHER JOHN**

LEAVE LA, DEC. 12TH – RETURN LA, DEC. 22ND



Trip Cost \$4575 pp/double occupancy
Reserve Spot by August 26th, \$1145
Final Payment by September 20th, \$3430
Nonrefundable as of October 11th
Single Supplement Available Upon Request

Payments can be made through Saint Sophia's website

Go to "Make a Donation." Go to "Contribution."

Go to "General Donation."

Enter amount. Click the "Make a Donation" button*.

*There is an area that says "Additional Notes" type in Holy Land Trip.

For questions you may contact Jessica at secretary@saintsophia.org
or call 323-737-2424 ext 103

DETAILS

This is an all-inclusive trip to Israel. Airfare, accommodations, breakfast and dinner, all transfers, expertly guided sightseeing tours, entry fees will be covered.

Dec 12 (Thursday) Depart Los Angeles

Dec 13 (Friday) Arrival to the Holy Land, Jaffa / Tel Aviv

Dec 14 (Saturday) Caesarea / Haifa / Stella Maris/ Cana / Tiberias

Dec 15 (Sunday) Sea of Galilee / Tabgha / Capernaum / Mount of Beatitudes Tiberias

Dec 16 (Monday) Nazareth / Mt Tabor

Dec 17 (Tuesday) Sebastya / Jacob's Well / Jerusalem

Dec 18 (Wednesday) The Old City of Jerusalem / Western Wall

Dec 19 (Thursday) Bethlehem / Mar Saba / Ein Karem

Dec 20 (Friday) Mt. Olives / Mt Zion

Dec. 21 (Saturday) Jordan River Baptismal Site, Jericho, Dead Sea, Wadi Kelt, Jerusalem

Dec 22 (Sunday) Transfer to Airport

Trip Organized by Former Parish Council President, Maria Baltazzi.

PHILOPTOCHOS NEWS

Christos Anesti! Alithos Anesti!

Congratulations to Katrina Anast Beers, Mother of the Year 2019, an honor well deserved! We are also grateful to the Beers and Anast families for the lovely floral centerpieces, to Glenn Lianos of Macy's and Loula Moschonas for the favors, to the many generous Program Book donors, the Grand Award donors and the dedicated Mother's Day Luncheon Committee. And lastly, thank you to all our wonderful guests who helped to make this a successful event!

Please join us today for the PHILOPTOCHOS BOARD ELECTIONS on Sunday, MAY 19th, our last General Assembly until September. Let's celebrate together the last assembly with the Elections of Board of Directors 2019-2021, photos of the past few years, and a nice lunch!

Please make your reservations for lunch (\$10) by contacting Dorothea Ales at 661-678-0641, so we know how much food to prepare.

Potential board members must have attended at least two meetings or events in the past year by the Philoptochos Election Assembly on May 19, 2019. Potential Board members must also be stewards in good standing with Saint Sophia Cathedral and Saint Sophia Philoptochos Society. Please contact the church office to verify that you have complied with this. You must be present at the Election Meeting on May 19th or if not, you must send a letter 3 days prior to the election stating your intent and explaining your

CONTINUED

PHILOPTOCHOS NEWS

absence to Vergie Papalexis or Judith Christopoulos.
Christos Anesti! Alithos Anesti!

We welcome your participation and dedication to the philanthropic work that Philoptochos does throughout the year. Philoptochos also offers wonderful friendships and fellowship with other Orthodox Christians. Please consider offering a little of your time and talents to our chapter.

ARE YOU MISSING PHILOPTOCHOS EMAIL ANNOUNCEMENTS?

For Philoptochos members who are not receiving our mail chimp announcements sent out by Jan Pastras, please check your spam folder or your social and promotions folders. You may then try to change the routing of these announcements to your INBOX. Many thanks to Jan for sending these important messages to our members!

****Change of Address...have you moved recently?*** Would you like to receive invitations for events/programs from Saint Sophia Philoptochos? If so, please contact Maria Toczek at mttoczek@gmail.com.

MARK YOUR CALENDAR:

Tuesday, May 21st

VIP's Senior Citizen of the Year Luncheon












Maniatakos Fellowship Hall honoring Mrs. Soteria Hronis

The Mission of Saint Sophia Cathedral

1. *Proclaim and teach the Gospel according to the Orthodox Christian Faith*
2. *Sanctify and enhance the spiritual life of the faithful through Orthodox Christian worship.*
3. *Receive persons into the Church through instruction, baptism and/or chrismation.*

Orthodox Calendar

MAY 2019

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5 Thomas Sunday Matthew 8:30 am Orthros 10:00 Divine Liturgy	6	7 Bible Studies Class w/ Fr. John 11 am	8  Synaxis of the Holy Powder 9:00 am Orthros 10:00 am Divine Liturgy	9	10	11
12 Sunday of the Myrrh-Bearing 8:30 am Orthros 9:45 am Memorials 10:00 Divine Liturgy	13	14 Bible Studies Class w/ Fr. John 11 am	15 	16	17 	18
19 Sunday of the Paralytic 8:30 am Orthros 9:45 am Memorials 10:00 Divine Liturgy	20	21 Constantine and Helen Equal to the Apostles 9:00 am Orthros 10:00 am Divine Liturgy	22 	23	24 	25
26 Sunday of the Samaritan Woman 8:45 am Orthros 10:00 am Divine Liturgy 7:30 pm Kneeling	27 Memorial Holiday Office Closed	28 Bible Studies Class w/ Fr. John 11 am	29 	30	31 	
		Strict Fast 	Fish Allowed 	Wine and Oil Allowed 	Dairy, Eggs, and Fish Allowed 	Fast Free