

SAINT SOPHIA

*Axiologa*

*"worth mentioning"*



**MAY 12, 2019**

*Sunday of the Myrrh-Bearing Women*

## **FOUNDATION BOARD OF TRUSTEES**

### **EXECUTIVE OFFICERS**

George E. Preonas, President; Gig Kyriacou, 1<sup>st</sup> Vice-President; Jim Zaferis, 2<sup>nd</sup> Vice-President; Constantine M. Boukidis, Secretary; Tina Callas, Treasurer

### **MEMBERS**

V. Rev. Fr. John S. Bakas, Timi Loomos Freshman, Steve Hanna, Diane Sakellaris Lapa, Nicholas Manolelis, Tony Natsis, John Peterson, Dean Peratsakis, Jean Paul Wardy

### **PRESIDENTIAL APPOINTMENTS**

Andrew J. Demetriou, General Counsel

### **TRUSTEES EMERITUS**

Nicholas Bissias, Dr. James A. Demetriou, Andrew Evangelatos, Alek Haidos, John T. Pappas

## **PARISH COUNCIL BOARD OF DIRECTORS**

### **EXECUTIVE OFFICERS**

Dean Peratsakis, President; Glenn Lianos, Vice President; Anna Yallourakis, Vice President; Bill Striglos, Treasurer; Dinah Wellington, Secretary

### **MEMBERS**

Bertha Angels, Costa Bargeliotes; Daniel Settelmayer; Greg Beers; Jeanine Hanna; Kathleen Kyriacou; Peter Cosfol, Tonifaye Palomares; Victoria Deryiades; Associate Member

### **BOARD OF AUDITORS:**

Jim Boltinghouse, Nicholas Manolelis, Michele Panagiota Olivar

Saint Sophia Cathedral  
1324 S. Normandie Ave  
Los Angeles, CA 90006

Office: 323.737.2424  
[www.saintsophia.org/bulletin](http://www.saintsophia.org/bulletin)

*When you write your will or update it, won't you please remember Saint Sophia Cathedral? Such a gift will live forever as our church ministers to our spiritual needs. It's an investment in the Gospel of Jesus Christ.*

## **MINISTRY NEWS**

1. **Sunday, May 19:** Philoptochos General Assembly
2. **Tuesday, May 21:** VIP's Senior Citizen Luncheon

## **BIBLE STUDIES** - w/ Fr. John Bakas

Increase your knowledge about our faith at our weekly Bible study class. You'll have a chance to ask Fr. John questions and engage in interesting discussions with your fellow parishioners in a casual setting. Everyone is welcome to attend every Tuesday at 11 am at the Huffington Center.

## **SAINT SOPHIA PRAYER GROUP**

Is now available on your phone! Please join us via the PRAY.COM phone app.

How?

1. Go to the app store, download prayer.com onto your phone.
2. Find and join: Saint Sophia Greek Orthodox Cathedral, L.A.

Or, go to this link: <https://link.pray.com/KjCOkXqWAV>

Those who pray together, stay together.

*Sweet*  
**BLESSINGS**



SERVE  
the  
LORD  
with  
GLADNESS  
- PSALM 100

## *Honoring Eleni and Christopher Yokas*

*Saturday, June 1, 2019 Saint Sophia Cathedral community will honor our long term stewards Eleni and Christopher Yokas for their many years of service to the Greek Orthodox Community*

*as  
Sunday School Director  
and  
Organist & Assistant Director of Music*

*Invitations will be mailed shortly*

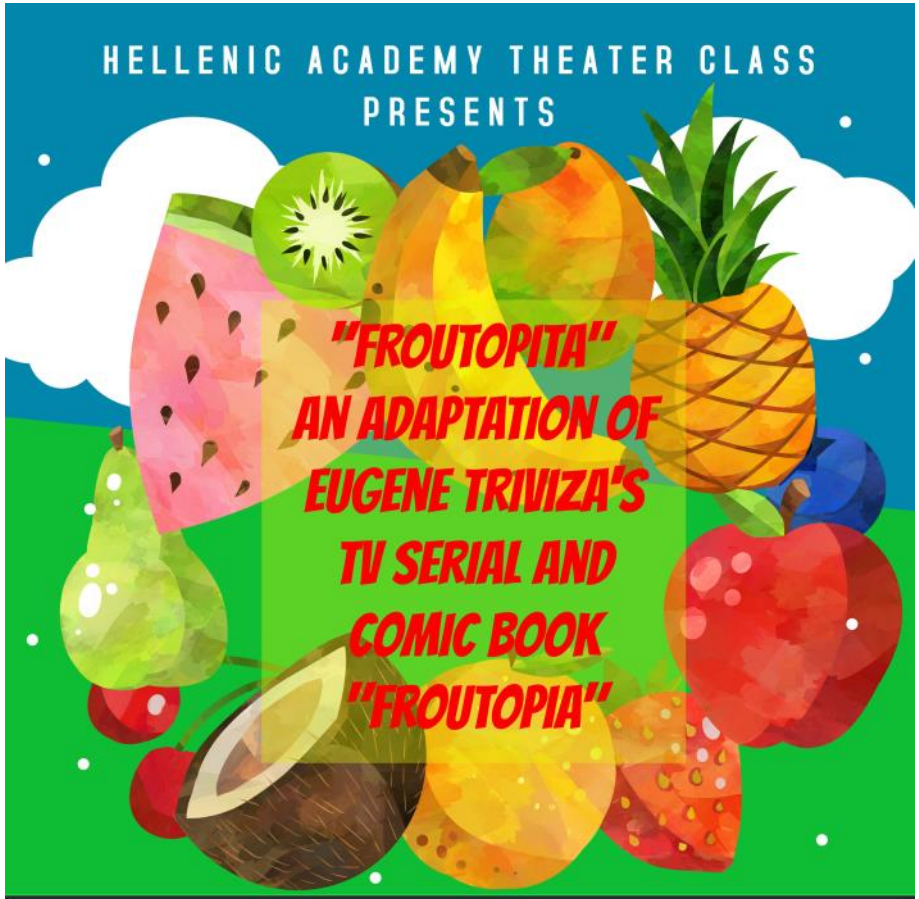
*Reception 6:00 p.m.*

*Dinner 7:00 p.m.*

*\$70 per person - Children under 12 \$25*

*Saint Sophia Greek Orthodox Cathedral  
Maria Maniatakos Pavilion and Maniatakos Fellowship Hall*

HELLENIC ACADEMY THEATER CLASS  
PRESENTS



**"FROUTOPITA"**  
**AN ADAPTATION OF**  
**EUGENE TRIVIZA'S**  
**TV SERIAL AND**  
**COMIC BOOK**  
**"FROUTOPIA"**

MANIATAKOS HALL  
1324 NORMANDIE AVENUE, LOS ANGELES

SATURDAY JUNE 8 11:30

PLAY WILL FOLLOW THE SAINT SOPHIA HELLENIC ACADEMY END OF YEAR CELEBRATION AND AWARDS CEREMONY

[WWW.HELLENICACADEMYPTA.ORG](http://WWW.HELLENICACADEMYPTA.ORG)

## PHILOPTOCHOS VIP NEWS

Christos Anesti!

May is our Senior Citizen Luncheon. It will take place on Tuesday, May 21st at 11:30 am in the Maniatakos Hall. We are very pleased to announce that the honoree this year is Soteria Hronis. Chair of the event is Mary Morrison. Contact her at 818-404-8610 or email her [marymrealtor@gmail.com](mailto:marymrealtor@gmail.com). Co-chair Karla Gregg, contact her at 253- 224-3705 or email [kgregg2000@gmail.com](mailto:kgregg2000@gmail.com). Reservations is Jayne Poulos. Call Jayne at 310-740-6143 or email [jaynepoulos@gmail.com](mailto:jaynepoulos@gmail.com). Donation is \$30.00. Delicious food will be prepared by Niko Begakis.

Thursday, June 20 will be a time for fun at Harris Rincon Casino in North San Diego County. We need to have 40 people so we can have a free bus. Donation is \$10. You will get \$10 play money. Chair is Anne Dres, phone number 213-469-1746. Co-chair is Karla Gregg, phone number 253-224-3705.

There will be no board meetings or events for the months of June and July.

September we are making plans for a Movie and Lunch event. Details to follow.

I hope that you will be able to attend all our events. The board is here to facilitate you. For any event, please try to make your reservations early. We always have late reservations which makes it difficult for us to organize the meals.

In His service,

Angela Ananias, VIP president

THE HOLY LAND 2019  
WITH FATHER JOHN

LEAVE LA, DEC. 12<sup>TH</sup> – RETURN LA, DEC. 22<sup>ND</sup>



Trip Cost \$4575 pp/double occupancy  
Reserve Spot by August 26<sup>th</sup>, \$1145  
Final Payment by September 20<sup>th</sup>, \$3430  
Nonrefundable as of October 11<sup>th</sup>  
Single Supplement Available Upon Request

**Payments can be made through Saint Sophia's website**

Go to "Make a Donation." Go to "Contribution."

Go to "General Donation."

Enter amount. Click the "Make a Donation" button\*.

\*There is an area that says "Additional Notes" type in Holy Land Trip.

For questions you may contact Jessica at [secretary@saintsophia.org](mailto:secretary@saintsophia.org)  
or call 323-737-2424 ext 103

**DETAILS**

This is an all-inclusive trip to Israel. Airfare, accommodations, breakfast and dinner, all transfers, expertly guided sightseeing tours, entry fees will be covered.

**Dec 12 (Thursday)** Depart Los Angeles

**Dec 13 (Friday)** Arrival to the Holy Land, Jaffa / Tel Aviv

**Dec 14 (Saturday)** Caesarea / Haifa / Stella Maris/ Cana / Tiberias

**Dec 15 (Sunday)** Sea of Galilee / Tabgha / Capernaum / Mount of Beatitudes Tiberias

**Dec 16 (Monday)** Nazareth / Mt Tabor

**Dec 17 (Tuesday)** Sebastya / Jacob's Well / Jerusalem

**Dec 18 (Wednesday)** The Old City of Jerusalem / Western Wall

**Dec 19 (Thursday)** Bethlehem / Mar Saba / Ein Karem

**Dec 20 (Friday)** Mt. Olives / Mt Zion

**Dec. 21 (Saturday)** Jordan River Baptismal Site, Jericho, Dead Sea, Wadi Kelt, Jerusalem

**Dec 22 (Sunday)** Transfer to Airport

Trip Organized by Former Parish Council President, Maria Baltazzi.

## PHILOPTOCHOS NEWS

PHILOPTOCHOS BOARD ELECTIONS on Sunday, MAY 19th. Potential board members must have attended at least two meetings or events in the past year by the Philoptochos Election Assembly on May 19, 2019. Potential Board members must also be stewards in good standing with Saint Sophia Cathedral and Saint Sophia Philoptochos Society. Please contact the church office to verify that you have complied with this. If you are interested in being on the Philoptochos Board of Directors, please attend the General Assemblies and events. You must be present at the Election Meeting on May 19th or if not, you must send a letter 3 days prior to the election stating your intent and explaining your absence to Vergie Papalexis or Judith Christopoulos. In order to vote at the Election on May 19th, you must be a paid Philoptochos member for current year 2019. For additional questions about qualifications as a potential board candidate, please contact the Election Chairman, Vergie Papalexis at (323) 877-4696.

We welcome your participation and dedication to the philanthropic work that Philoptochos does throughout the year. Philoptochos also offers wonderful friendships and fellowship with other Orthodox Christians. Please consider offering a little of your time and talents to our chapter.

Please contact Dorothea Ales at 661-678-0641 for lunch reservations (\$10) for our final General Assembly before summer break. We always serve a nice lunch and enjoy an

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## PHILOPTOCHOS NEWS

afternoon with friends, besides offering an interesting program.

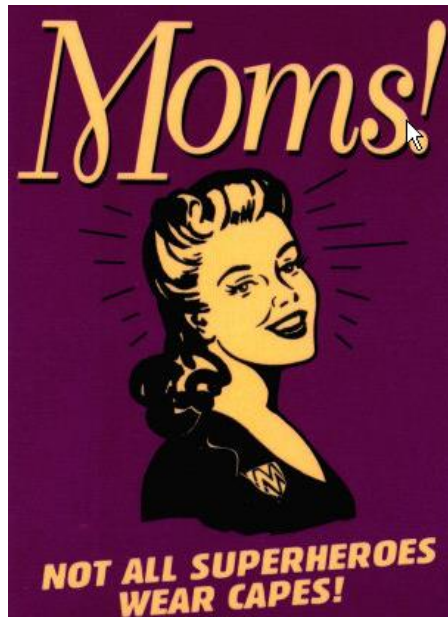
### DATES TO REMEMBER:

Sunday, May 19th - General Assembly - Philoptochos Board Elections

CHANGE OF DATE: Tuesday, May 21st – VIP's Senior Citizen of the Year Luncheon honoring Mrs. Soteria Hronis

### ARE YOU MISSING PHILOPTOCHOS EMAIL BLAST ANNOUNCEMENTS?

For Philoptochos members who are not receiving our mail chimp announcements sent out by Jan Pastras, please check your spam folder or your social and promotions folders. You may then try to change the routing of these announcements to your INBOX. Many thanks to Jan for sending these important messages to our members!



# STEWARDSHIP 2019 – WE NEED YOU!

*Your stewardship number is forever. However, we need you to fill out a pledge card EVERY YEAR!*

Dear Parishioners,

In January we mailed out our 2019 Stewardship Commitment Cards are also known as Pledge Cards. We understand that your days can be busy but we kindly ask you to please take the time to fill one out. You also have the option to pledge online at our website. We would like to clarify that it is necessary that you fill out a pledge card every year even if you have filled one out in previous years. Many of you have been very generous with your donations but have not continued to submit your Stewardship Commitment Card on a yearly basis. We count on your “pledged” dollar amounts as a way to budget what we need to run this amazing Cathedral and it’s ministries. If you have paid but not pledged, your name won’t be listed in the Herald simply because it is unclear if you prefer to be anonymous. Thank you all greatly in advance for your financial commitment to our dear Saint Sophia Cathedral. If you have questions, please feel free to call the Cathedral office or reach out to a Parish Council member. Phone: 323.737.2424, [www.saintsophia.org](http://www.saintsophia.org)

SAINT SOPHIA CATHEDRAL STEWARDSHIP PLEDGE JANUARY-DECEMBER 2019		SAINT SOPHIA CATHEDRAL STEWARDSHIP PLEDGE JANUARY-DECEMBER 2019	
TITLE <input type="checkbox"/> Mr. & Mrs. <input type="checkbox"/> Ms. <input type="checkbox"/> Rev. <input type="checkbox"/> Sr. & Rev. <input type="checkbox"/> Dr. <input type="checkbox"/>		FOR ALL DONORS ON YOUR STEWARDSHIP PLEDGE, PLEASE REFER TO THE STEWARDSHIP BOOK IN RE. In gratitude for God's blessings, I/we commit to support the work of His church by offering the following ANNUAL PLEDGE.	
LAST NAME _____ FIRST NAME _____ SUFFIX OR SPACE _____ ADDRESS _____ CITY, STATE, ZIP _____ PHONE _____ CELL _____ FAX _____		STEWARDSHIP CATEGORY <input type="checkbox"/> ANNUAL <input type="checkbox"/> \$1,000 - \$17,000 <input type="checkbox"/> \$18,000 - \$19,000 <input type="checkbox"/> \$20,000 - \$29,000 <input type="checkbox"/> \$30,000 - \$39,000 <input type="checkbox"/> \$40,000 - \$49,000 <input type="checkbox"/> \$50,000 - \$59,000 <input type="checkbox"/> \$60,000 - \$69,000 <input type="checkbox"/> \$70,000 - \$79,000 <input type="checkbox"/> \$80,000 - \$89,000 <input type="checkbox"/> \$90,000 - \$99,000 <input type="checkbox"/> \$100,000+	
PROFESSION (OPTIONAL) _____ ANNIVERSARY _____ BIRTHDAY _____ <input type="checkbox"/> DIVER STEWARD <input type="checkbox"/> ACTIVE STEWARD <input type="checkbox"/> LIFE MEMBER		PLEDGE FREQUENCY AND PLEDGE TYPE <input type="checkbox"/> FREQUENCY <input type="checkbox"/> Monthly <input type="checkbox"/> Semi-Annually <input type="checkbox"/> Quarterly <input type="checkbox"/> Monthly <input type="checkbox"/> Weekly <input type="checkbox"/> PLEDGE TYPE <input type="checkbox"/> Monthly <input type="checkbox"/> Semi-Annually <input type="checkbox"/> Quarterly <input type="checkbox"/> Monthly <input type="checkbox"/> Weekly	
IF ANONYMOUS, I do not wish to be listed in the monthly HERALD. HOW DO YOU WISH TO RECEIVE THE HERALD? <input type="checkbox"/> BY MAIL <input type="checkbox"/> BY E-MAIL DO YOU WANT TO RECEIVE A MAIL RECORD? <input type="checkbox"/> YES <input type="checkbox"/> NO		IF PROMISED BY ANY OTHER PLEDGE OR DONOR, DATE OF FIRST PAYMENT _____ ALL PLEDGES ARE FOR THE CALENDAR YEAR BEGINNING _____ PLEASE PRINT FREQUENCY IN ALL CAPITALS: <input type="checkbox"/> MONTHLY <input type="checkbox"/> QUARTERLY <input type="checkbox"/> ANNUALLY <input type="checkbox"/> I PLEDGE TO MAKE MY OWN CASHIER CARD PAYMENTS OF ANNUAL PLEDGE. <input type="checkbox"/> I AM THROUGH MAKING MY DONATIONS BY CARD AND THE CATHEDRAL'S CASHIER LABEL.	
FOR OFFICE USE ONLY YOUR STEWARDSHIP NO. _____ WOULD YOU BE _____ CHECK NO. _____ YOUR BIRTHDAY _____ BIRTHDAY _____ OFF LETTER _____		NAME OR E-MAIL _____ PHONE ( ) _____ FAX _____ <input type="checkbox"/> CASHIER CARD PAYMENTS ONLY _____	
PLEASE COMPLETE BOTH SIDES - PLEDGE CARD MUST BE COMPLETED ANNUALLY		PLEASE COMPLETE BOTH SIDES - PLEDGE CARD MUST BE COMPLETED ANNUALLY	

I don't have time  
to worry about  
who doesn't like me..

I'm too busy  
loving the people  
who love me.












*You Are My Oxy*  
[fb.com/YouAreMyOxy](https://www.facebook.com/YouAreMyOxy)

## The Mission of Saint Sophia Cathedral

1. *Proclaim and teach the Gospel according to the Orthodox Christian Faith*
2. *Sanctify and enhance the spiritual life of the faithful through Orthodox Christian worship.*
3. *Receive persons into the Church through instruction, baptism and/or chrismation.*

# Orthodox Calendar

**MAY 2019**

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5 <b>Thomas Sunday</b> <b>Matthew</b> 8:30 am Orthros 10:00 Divine Liturgy	6	7 Bible Studies Class w/ Fr. John 11 am	8  <b>Synaxis of the Holy Powder</b> 9:00 am Orthros 10:00 am Divine Liturgy	9	10	11
12 <b>Sunday of the Myrrh-Bearing</b> 8:30 am Orthros 9:45 am Memorials 10:00 Divine Liturgy	13	14 Bible Studies Class w/ Fr. John 11 am	15 	16	17 	18
19 <b>Sunday of the Paralytic</b> 8:30 am Orthros 9:45 am Memorials 10:00 Divine Liturgy	20	21 <b>Constantine and Helen Equal to the Apostles</b> 9:00 am Orthros 10:00 am Divine Liturgy  Bible Studies Class w/ Fr. John 11 am	22 	23	24 	25
26 <b>Sunday of the Samaritan Woman</b> 8:45 am Orthros 10:00 am Divine Liturgy 7:30 pm Kneeling	27 Memorial Holiday Office Closed	28 Bible Studies Class w/ Fr. John 11 am	29 	30	31 	
		<b>Strict Fast</b>  	<b>Fish Allowed</b>  	<b>Wine and Oil Allowed</b>  	<b>Dairy, Eggs, and Fish Allowed</b>  	<b>Fast Free</b>