



Sunday, April 14
Bilingual Liturgy

Sunday of St. Mary of Egypt
Aristarchus, Pudens, Trophimus the Apostles of the 70

First Antiphon

Bless the Lord, O my soul, and all that is within me, bless His holy Name.

Bless the Lord, O my soul, and forget not all that He has done for you.

The Lord in heaven has prepared His throne, and His kingdom rules over all.

Second Antiphon

Praise the Lord, O my soul; I will praise the Lord in my life; I will chant unto my God for as long as I have my being.

Blessed is He of whom the God of Jacob is his help, whose hope is in the Lord his God.

The Lord shall be King unto eternity; your God, O Zion, from generation to generation.

Third Antiphon

This is the day the Lord has made; let us rejoice and be glad in it.

Let the heavens and the earth praise Him.

HYMNS AT THE SMALL ENTRANCE

The Resurrection Apolytikion, Mode 1 Plagal

Τὸν συνάναρχον Λόγον Πατρὶ καὶ Πνεύματι, τὸν ἐκ Παρθένου τεχθέντα εἰς σωτηρίαν ἡμῶν, ἀνυμνήσωμεν πιστοὶ καὶ προσκυνήσωμεν, ὅτι ἠὺδόκησε σαρκί, ἀνελθεῖν ἐν τῷ Σταυρῷ, καὶ θάνατον ὑπομεῖναι, καὶ ἐγεῖραι τοὺς τεθνεώτας, ἐν τῇ ἐνδόξῳ Ἀναστάσει αὐτοῦ.

Logos born of the virgin for our salvation, and co-eternal with the Father and the Holy Spirit, come ye faithful ones and worship singing praise to Him, for He was willing as a man to be lifted on the cross and death to suffer, and to raise the dead by His glorious resurrection.

Apolytikion for Mary the Egyptian

Ἐν σοὶ Μήτηρ ἀκριβῶς διεσώθη τὸ κατ' εἰκόνα· λαβοῦσα γὰρ τὸν σταυρόν, ἠκολούθησας τῷ Χριστῷ, καὶ πράττουσα ἐδίδασκες ὑπερορᾶν μὲν σαρκὸς παρέροχεται γὰρ, ἐπιμελεῖσθαι δὲ ψυχῆς, πράγματος ἀθανάτου· διὸ καὶ μετὰ Ἀγγέλων συναγάλλεται Ὅσια Μαρία τὸ πνεῦμά σου.

The divine likeness was preserved in you Mother Maria, for by taking up the cross you followed Christ through your good works you taught us to reject the flesh for it passes away, and to care for the soul our immortal soul and with the angels your spirit rejoices Holy Maria.

Sain Sophia Cathedral Hymn

Ἐὐλογητὸς εἶ, Χριστὲ ὁ Θεὸς ἡμῶν, ὁ πανσόφους τοὺς ἀλιεῖς ἀναδείξας, καταπέμφας αὐτοῖς τὸ Πνεῦμα τὸ ἅγιον, καὶ δι' αὐτῶν τὴν οἰκουμένην σαγηνεύσας, φιλόανθρωπε, δόξα σοι.

Blessed are You O Christ our God, Who as all wise the fishermen You showed forth; By sending your Holy Spirit down upon them and through them the universe You drew unto your net. O lover of mankind Glory to You.

Kondakion

Προστασία τῶν Χριστιανῶν ἀκαταίσχυντε, μεσιτεία, πρὸς τὸν Ποιητὴν ἀμετάθετε, μὴ παρίδης, ἀμαρτωλῶν δεήσεων φωνάς, ἀλλὰ πρόφθασον, ὡς ἀγαθὴ, εἰς τὴν βοήθειαν ἡμῶν, τῶν πιστῶς κραυγαζόντων σοι· Τάχυνον εἰς πρεσβείαν, καὶ σπεῦσον εἰς ἱκεσίαν, ἢ προστατεύουσα ἀεὶ, Θεοτόκε, τῶν τιμάντων σε.

Protection of all Christians and unashamed intercessor to our Creator unchanging. Do not turn from the praying voices of all sinners; but extend your good and timely help to us who in faith call upon you. Hasten O Theotokos to intercede for us. The protector of us all who defends those who honor you.

Megalynarion

Ἐπὶ σοὶ χαίρει, Κεχαριτωμένη, πᾶσα ἡ κτίσις, ἀγγέλων τὸ σύστημα, καὶ ἀνθρώπων τὸ γένος, ἡγιασμένε ναέ, καὶ Παράδεισε λογικέ, παρθενικὸν καύχημα· ἐξ ἧς Θεὸς ἐσαρκώθη, καὶ παιδίον γέγονεν, ὁ πρὸ αἰῶνων ὑπάρχων Θεὸς ἡμῶν· τὴν γὰρ σὴν μήτραν θρόνον ἐποίησε, καὶ τὴν σὴν γαστέρα, πλατυτέραν οὐρανῶν ἀπειργάσατο. Ἐπὶ σοὶ χαίρει, Κεχαριτωμένη, πᾶσα ἡ κτίσις· δόξα σοι.

All creation rejoices in thee full of grace, the company of angels and the race of all people. O sanctified temple and spiritual paradise, the glory of virgins from whom God was incarnate and became a child our God before all ages. And thy womb God made a throne more vast than the heavens. All creation rejoices in thee full of grace, glory to thee.

SAINT SOPHIA CATHEDRAL

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V. Rev. Father John S. Bakas

Dean

Rev. Fr. Chris Kolentsas

Assistant Priest

Scripture Reading

Faith comes by hearing....

Epistle Reader: Shereen Rabadi

Priest: Let Us Attend...

Reader: The Lord will give strength to his people...bring the Lord, O sons of God, bring to the Lord honor and glory.

Priest: Wisdom.

Reader: The Reading is from St. Paul's Letter to the Hebrews (9:11-14)

Priest: Let us be attentive...

BRETHREN, when Christ appeared as a high priest of the good things that have come, then through the greater and more perfect tent (not made with hands, that is, not of this creation) he entered once for all into the Holy Place, taking not the blood of goats and calves but his own blood, thus securing an eternal redemption. For if the sprinkling of defiled persons with the blood of goats and bulls and with the ashes of a heifer sanctifies for the purification of the flesh, how much more shall the blood of Christ, who through the eternal Spirit offered himself without blemish to God, purify your conscience from dead works to serve the living God.

THE GOSPEL ACCORDING TO ST. MARK (10:32-45)

At that time, Jesus took his twelve disciples, and he began to tell them what was to happen to him, saying, "Behold, we are going up to Jerusalem; and the Son of man will be delivered to the chief priests and the scribes, and they will condemn him to death, and deliver him to the Gentiles; and they will mock him, and spit upon him, and scourge him, and kill him; and after three days he will rise." And James and John, the sons of Zebedee, came forward to him, and said to him, "Teacher, we want you to do for us whatever we ask of you." And he said to them, "What do you want me to do for you?" And they said to him, "Grant us to sit, one at your right hand and one at your left, in your glory." But Jesus said to them, "You do not know what you are asking. Are you able to drink the cup that I drink, or to be baptized with the baptism with which I am baptized?" And they said to him, "We are able." And Jesus said to them, "The cup that I drink you will drink; and with the baptism with which I am baptized, you will be baptized; but to sit at my right hand or at my left is not mine to grant, but it is for those for whom it has been prepared." And when the ten heard it, they began to be indignant of James and John. And Jesus called them to him and said to them, "You know that those who are supposed to rule over the Gentiles lord it over them, and their great men exercise authority over them. But it shall not be so among you; but whoever would be great among you must be your servant, and whoever would be first among you must be slave of all. For the Son of man also came not to be served but to serve, and to give his life as a ransom for many."

Memorials

May their memory be eternal...

Among the spirits of the righteous perfected in faith, give rest, O Savior to the souls of your servants...

<i>Maria Caiopoulos McCoy (3 years)</i>	<i>Eleni Eliopoulos</i>	<i>Gus</i>
<i>Magdalene Caiopoulos (41 years)</i>	<i>Nicolaou Stavropoulos</i>	<i>Donald</i>
<i>Christos (Doumakes) Dumas (39 years)</i>	<i>Christina Stavropoulos</i>	<i>Bebe P.</i>
<i>Persephone Caiopoulos</i>	<i>Theofaniou Stavropoulos</i>	<i>Dina O.</i>
<i>Diamontopoulos (9 years)</i>	<i>Duane Hanna (30 year)</i>	<i>Despina</i>
<i>Yiorgos Eliopoulos (40 days)</i>	<i>Dorothy Litchfield (5 years)</i>	<i>Hariklia</i>
<i>Sotiris Eliopoulos (4 months)</i>	<i>Soterea Maro</i>	<i>Sofia</i>
<i>Sotiria Eliopoulos (7 months)</i>	<i>Angelo Pappas</i>	<i>Anastasia</i>
<i>Athanasia Alexopoulos (1 year)</i>	<i>Hlias</i>	<i>Chrysa</i>
<i>Peter Ellis (29 years)</i>	<i>Miltiades</i>	<i>Tommy</i>
<i>Yiannis Kouvelakis</i>	<i>Eugenia</i>	<i>Anna</i>
<i>Tasia Kouvelakis</i>	<i>Jordanis</i>	<i>Mary S.</i>
<i>Anastasios Eliopoulos</i>	<i>Thanos</i>	
	<i>Stella</i>	

ALTAR CANDLES

Offered in loving memory of Dorothy Litchfield by Jodi Demetra Litchfield and family.

ALTAR TABLE CANDLES

Offered in loving memory of Yiorgos Eliopoulos by Mr. & Mrs. Nick Eliopoulos.

Offered in loving memory of Soterea Maro by her daughter Helen Yonan.

SOLEA CANDLES

Offered in loving memory of Angelo Pappas, Hlias, Miltiades, Eugenia, Jordanis, Thanos, Stella, Gus, Donald, Bebe P., Dina O., Despina, Hariklia, Sofia, Anastasia, Chrysa, Tommy, Anna, and Mary S. by Ann Pappas.

PERPETUAL CANDLES

Offered in loving memory of Duane Hanna by his son Steve and daughter-in law Jeanine Hanna.

COFFEE HOUR SPONSORS

Offered in loving memory of Peter Ellis, Yiorgos Eliopoulos, Yiannis and Tasia Kouvelakis, Anastasios and Eleni Eliopoulos, Nicolaou, Christina and Theofaniou Stavropoulos by Mrs. Peter Ellis and Mr. and Mrs. Nick Eliopoulos and Family.

FIGHT FOR FAITH

Cyprian

Behold a great and noble battle with the glorious reward of a heavenly crown. In so far as God observes us as we struggle and watches over those He has stooped to make His sons, He enjoys the spectacle of our contest. God watches us fight for our faith. His angels watch us, and Christ watches us. How great is the dignity, joy, and glory of competing and being crowned in the presence of God with Christ as the Judge! Beloved, let us be armed with our whole strength and let us be prepared for the struggle with uncorrupted minds, solid faith, and devoted courage. Let the army of God march forward to the appointed battle-field. Let the stable ones be armed, lest they be defeated. Let the backsliders also be armed, so that even they might regain what they lost. Let honor motivate all.

“Wherefore gird up the loins of you mind, be sober, and hope to the end for the grace that is to be brought unto you at the revelation of Jesus Christ”

1 Peter 1:13

5 THEMES OF BIBLICAL MANHOOD

Theme Five — Dennis Rainey

A man follows God’s design for true masculinity:

Micah 6:8 says, “He has told you, O man, what is good; and what does the Lord require of you but to do justice, to love kindness, and to walk humbly with your God?” The core of a man’s life should be his relationship with God. The man who walks humbly with God is motivated and empowered to step up and assume the difficult responsibilities that come his way. You see, a courageous man is never off duty.



Saint Sophia Cathedral: Lenten Schedule For 2019

Pre-Sanctified Liturgy	Wednesday, April 17	7:30 PM
Pre-Sanctified Liturgy	Friday, April 19	9:30 AM
Saturday of Lazarus	Saturday , April 20	Orthros 9:00 AM Divine Liturgy 10:00 AM
Palm Sunday	Sunday, April 21	Orthros 8:30 AM Divine Liturgy 10:00 AM