



Sunday, April 7  
All English Liturgy

*Sunday of St. John Climacus*  
*Calliopos and Akylina the Martyr, Tikhon, Patriarch of Moscow and Enlightener of North America*

### First Antiphon

Bless the Lord, O my soul,  
and all that is within me,  
bless His holy Name.  
Bless the Lord, O my soul,  
and forget not all that  
He has done for you.

The Lord in heaven has  
prepared His throne,  
and His kingdom rules  
over all.

### Second Antiphon

Praise the Lord, O my soul;  
I will praise the Lord in  
my life; I will chant  
unto my God for as  
long as I have my being.

Blessed is He of whom the  
God of Jacob is his  
help, whose hope is in  
the Lord his God.

The Lord shall be King  
unto eternity; your God,  
O Zion, from  
generation  
to generation.

### Third Antiphon

This is the day the Lord has  
made; let us rejoice and  
be glad in it.

Let the heavens and the  
earth  
praise Him.

## HYMNS AT THE SMALL ENTRANCE

### The Resurrection Apolytikion, Mode 4

Joyous tidings of Thy Resurrection that the angel proclaimed to the women disciples and brought an end to the ancestral curse and with pride they declared to the disciples: Death has been defeated and Christ our God has risen bestowing upon the world great mercy.

### Isodikon

Come let us worship falling down before Christ. Save us O Son of God who didst arise from the dead sing we to Thee Alleluia.

### Apolytikion for the Devout John

The barren desert bloomed made fertile by streams of your tears, and through your deep sighs your pain bore fruit a hundred fold, and became a shining light illuminating the universe with miracles, John our Holy Father, intercede with Christ the God that our souls may be saved.

### Troparion of Saint Sophia (Holy Wisdom)

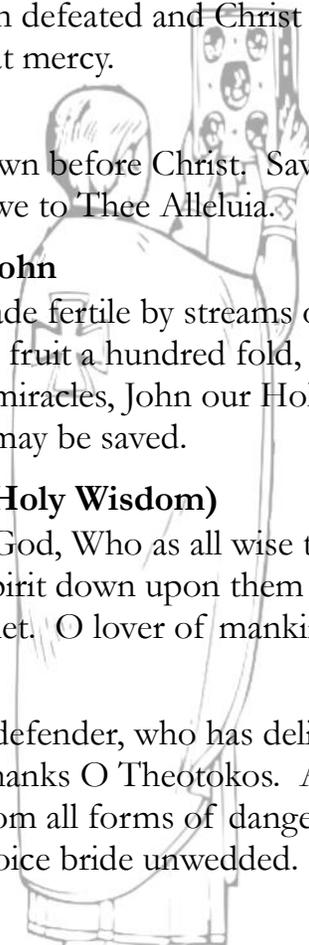
Blessed are You O Christ our God, Who as all wise the fishermen You showed forth; By sending your Holy Spirit down upon them and through them the universe You drew unto your net. O lover of mankind Glory to You.

### Lenten Kondakion

To thee, victorious leader and defender, who has delivered us from calamity and suffering, your city gives thanks O Theotokos. As thou dost possess invincible might and power, from all forms of danger, free us and deliver us, that we may cry unto thee, Rejoice bride unwedded.

### Megalynarion

All creation rejoices in thee full of grace, the company of Angels and the race of all people. O sanctified temple and spiritual paradise, the glory of virgins from whom God was incarnate and became a child our God before all ages. And thy womb God made a throne more vast than the heavens. All creation rejoices in thee full of grace, glory to thee.



**SAINT SOPHIA CATHEDRAL**

1324 S. Normandie Avenue  
Los Angeles, CA 90006  
www.saintsophia.org  
facebook.com/StSophiaLA

**V. Rev. Father John S. Bakas**

*Dean*

**Rev. Fr. Chris Kolentsas**

*Assistant Priest*

# Scripture Reading

*Faith comes by hearing....*

Epistle Reader: Anna Yallourakis

**Priest:** Let Us Attend...

**Reader:** O Lord, how manifold are your works. You have made all things in wisdom...bless the Lord, O my soul.

**Priest:** Wisdom.

**Reader:** The Reading is from St. Paul's Letter to the Hebrews (6:13-20)

**Priest:** Let us be attentive...

BRETHREN, when God made a promise to Abraham, since he had no one greater by whom to swear, he swore to himself, saying, "Surely I will bless you and multiply you." And thus Abraham, having patiently endured, obtained the promise. Men indeed swear by a greater than themselves, and in all their disputes an oath is final for confirmation. So when God desired to show more convincingly to the heirs of the promise the unchangeable character of his purpose, he interposed with an oath, so that through two unchangeable things, in which it is impossible that God should prove false, we who have fled for refuge might have strong encouragement to seize the hope set before us. We have this as a sure and steadfast anchor of the soul, a hope that enters into the inner shrine behind the curtain, where Jesus has gone as a forerunner on our behalf, having become a high priest for ever after the order of Melchizedek.

**THE GOSPEL ACCORDING TO ST. MARK (9:17-31)**

At that time, a man came to Jesus kneeling and saying: "Teacher, I brought my son to you, for he has a dumb spirit; and wherever it seizes him it dashes him down; and he foams and grinds his teeth and becomes rigid; and I asked your disciples to cast it out, and they were not able." And he answered them, "O faithless generation, how long am I to be with you? How long am I to bear with you? Bring him to me." And they brought the boy to him; and when the spirit saw him, immediately it convulsed the boy, and he fell on the ground and rolled about, foaming at the mouth. And Jesus asked his father, "How long has he had this?" And he said, "From childhood. And it has often cast him into the fire and into the water, to destroy him; but if you can do anything, have pity on us and help us." And Jesus said to him, "If you can! All things are possible to him who believes." Immediately the father of the child cried out and said, "I believe; help my unbelief!" And when Jesus saw that a crowd came running together, he rebuked the unclean spirit, saying to it, "You dumb and deaf spirit, I command you, come out of him, and never enter him again." And after crying out and convulsing him terribly, it came out, and the boy was like a corpse; so that most of them said, "He is dead." But Jesus took him by the hand and lifted him up, and he arose. And when he had entered the house, his disciples asked him privately, "Why could we not cast it out?" And he said to them, "This kind cannot be driven out by anything but prayer and fasting." They went on from there and passed through Galilee. And he would not have any one know it; for he was teaching his disciples, saying to them, "The Son of man will be delivered into the hands of men, and they will kill him; and when he is killed, after three days he will rise."

# Memorials

*May their memory be eternal...*

*Among the spirits of the righteous perfected in faith, give rest, O Savior to the souls of your servants...*

*Gus Pappas (1 year)*

*Helen Pappas Lasswell (1 year)*

*Tony Mastor*

*Kostantinos Pouridis*

*Rebecca Berdos*

*Alek Papadopoulos (4 years)*

*Bea Papadopoulos (13 years)*

*Mary Tsarpalas*

*Chrysostom Selimos*

*Penelope Selimos*

*Angeliki Karatsikis (40 days)*

## **ALTAR CANDLES**

Offered in loving memory of Gus Pappas, Helen Pappas Lasswell and Tony Mastor by the Gus Pappas family

## **ALTAR TABLE CANDLES**

Offered in loving memory of Mary Tsarpalas by her son and daughter Jim and Nancy.

## **ALTAR FLOWERS**

Offered in loving memory of Mary Tsarpalas by her son and daughter Jim and Nancy.

## **5 THEMES OF BIBLICAL MANHOOD**

Theme Four—Dennis Rainey

A man serves and leads his family:

Serve and lead may seem like a contradiction, but they are inseparable according to Scripture. While the Apostle Paul tells us in Ephesians 5:23 that “the husband is the head of the wife,” he quickly puts to rest any notions that this leadership allows for selfish male dominance. He completes the sentence with, “as Christ also is the head of the church.” The passage goes on to say that husbands should love their wives “just as Christ also loved the church and gave Himself up for her” (verse 25). This paints a picture of leadership contrary to how the world views it. A man is called to be a servant-leader – to take responsibility for his wife and children and to put their needs ahead of his own. He is called to demonstrate selfless, sacrificial love – the type of love we see in God toward his children.

*“The Love of husband and wife is the force that wields society together.”*

*-St. John Chrysostom-*

## HEALED BY FAITH IN CHRIST

Some people question God's love for them because God hasn't yet healed them from some physical ailment. Some people question their own faith...wondering, if they'd just had more faith, would God have healed them? Sadly, some people have been told by so-called faith-healers that the reason they were sick was because they didn't have "enough faith." In 2011 there was a TV special about faith healers. In that show, Lisa Ling went to the meeting of a renowned faith healer, where she interviewed a man named Steve. When he was 18, Steve was in a traumatic car accident, which left him with brain injury and a speech impediment. To add further trauma to that, a few years later, Steve fell off a roof, where new, further injuries left him paralyzed from the waist down. Steve's Doctors told him that he would never walk again—but Steve would have none of that...he felt strongly that this faith-healing event was his time to be healed. He was completely convinced that he would leave that meeting walking and pushing his wheelchair. His faith was absolute; he didn't express a single doubt that God was about to heal him. On the last day of the meeting, Steve's turn came. He went forward and sat in a row of people where the faith-healer touched his forehead and said "Bam!" Then a group of people prayed over him, reached under his arms, and lifted him up—but then after a couple of minutes, they set him back in his wheelchair. His condition was unchanged. After this, Lisa Ling became very concerned for Steve. She knew he was completely convinced that he would be healed and she wondered what would happen to his faith. When Lisa found Steve after the meeting, though, she was amazed. He was disappointed—but his faith was unshaken. In his halting voice, Steve told her, "It wasn't my time to be healed—but one day I will walk and run—when I get to Heaven, God will give me a new, transformed body." Then Steve laid his hand on Lisa and prayed for her. Lisa said, "When I saw that, I realized that I really was witnessing a miracle of healing. The miracle wasn't in the man's legs however; it was a miracle of his soul—the light of Jesus Christ was shining out of Steve's heart into the lives of others around him. After all, a physical healing is always temporary. But spiritual healing, a healing of one's faith, lasts for eternity."

### ***Saint Sophia Cathedral: Lenten Schedule For 2019***

<b>Pre-Sanctified Liturgy</b>	<b>Wednesday, April 10</b>	<b>7:30 PM</b>
<b>Pre-Sanctified Liturgy</b>	<b>Friday, April 12</b>	<b>9:30 AM</b>
<b>5<sup>th</sup> Salutations to the Theotokos</b>	<b>Friday, April 12</b>	<b>7:30 PM</b>
<b>Sunday of St Mary of Egypt</b>	<b>Sunday, April 14</b>	<b>Orthros 8:30 AM</b> <b>Divine Liturgy 10:00 AM</b>
<b>Pre-Sanctified Liturgy</b>	<b>Wednesday, April 17</b>	<b>7:30 PM</b>
<b>Pre-Sanctified Liturgy</b>	<b>Friday, April 19</b>	<b>9:30 AM</b>
<b>Saturday of Lazarus</b>	<b>Saturday, April 20</b>	<b>Orthros 9:00 AM</b> <b>Divine Liturgy 10:00 AM</b>
<b>Palm Sunday</b>	<b>Sunday, April 21</b>	<b>Orthros 8:30 AM</b> <b>Divine Liturgy 10:00 AM</b>