



Sunday, March 3

*Judgment Sunday (Meatfare Sunday)*

All English Liturgy

*The Holy Martyrs Eutropius, Cleonicus, and Basiliscus*

First Antiphon

Bless the Lord, O my soul,  
and all that is within me,  
bless His holy Name.

Bless the Lord, O my soul,  
and forget not all that He  
has done for you.

The Lord in heaven has  
prepared His throne, and  
His kingdom rules over  
all.

Second Antiphon

Praise the Lord, O my soul; I  
will praise the Lord in my  
life; I will chant unto my  
God for as long as I have  
my being.

Blessed is He of whom the  
God of Jacob is his help,  
whose hope is in the Lord  
his God.

The Lord shall be King unto  
eternity; your God, O  
Zion, from generation  
to generation.

Third Antiphon

This is the day the Lord has  
made; let us rejoice and  
be glad in it.

Let the heavens and the earth  
praise Him.

HYMNS AT THE SMALL ENTRANCE

**The Resurrection Apolytikion, Mode 7**

By death on Thy cross Thou defeated death and opened to the thief the way to paradise, Thou turned to joy the lament of the women bearing myrrh and commanded the disciples the message to proclaim, that Christ our God has risen from the dead, and granted to the world Thy great mercy.

**Isodikon**

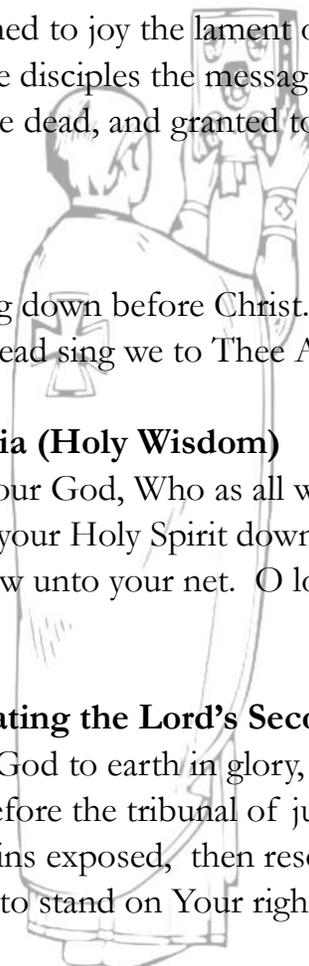
Come let us worship falling down before Christ. Save us O Son of God who didst arise from the dead sing we to Thee Alleluia.

**Troparion of Saint Sophia (Holy Wisdom)**

Blessed are You O Christ our God, Who as all wise the fishermen You showed forth; By sending your Holy Spirit down upon them and through them the universe You drew unto your net. O lover of mankind Glory to You.

**Kondakion Commemorating the Lord's Second Coming**

When You come again as God to earth in glory, and all creation trembles and a river of fire flows before the tribunal of judgment, and great books are opened and all secret sins exposed, then rescue me from the molten lime and make me worthy to stand on Your right. Judge most righteous.



**SAINT SOPHIA CATHEDRAL**

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**V. Rev. Father John S. Bakas**

*Dean*

**Rev. Fr. Chris Kolentsas**

*Assistant Priest*

# Scripture Reading

*Faith comes by hearing....*

Epistle Reader: Bill Striglos

**Priest:** Let Us Attend...

**Reader:** Great is our Lord, and great is his power...praise the Lord, for the Lord is good.

**Priest:** Wisdom.

**Reader:** The Reading is from St. Paul's Letter to the Corinthians (8:8-13; 9:1-2)

**Priest:** Let us be attentive...

Brethren, food will not commend us to God. We are no worse off if we do not eat, and no better off if we do. Only take care lest this liberty of yours somehow become a stumbling block to the weak. For if any one sees you, a man of knowledge, at table in an idol's temple, might he not be encouraged, if his conscience is weak, to eat food offered to idols? And so by your knowledge this weak man is destroyed, the brother for whom Christ died. Thus, sinning against your brethren and wounding their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of my brother's falling, I will never eat meat, lest I cause my brother to fall.

Am I not free? Am I not an apostle? Have I not seen Jesus our Lord? Are not you my workmanship in the Lord? If to others I am not an apostle, at least I am to you; for you are the seal of my apostleship in the Lord.

## **THE GOSPEL ACCORDING TO ST. MATTHEW (25:31-46)**

The Lord said, "When the Son of man comes in his glory and all the holy angels with him, then he will sit on his glorious throne. Before him will be gathered all the nations, and he will separate them one from another as a shepherd separates the sheep from the goats, and he will place the sheep at his right hand, but the goats at the left. Then the king will say to those at his right hand, 'Come, O blessed of my Father, inherit the kingdom prepared for you from the foundation of the world; for I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me, I was naked and you clothed me, I was sick and you visited me, I was in prison and you came to me.' Then the righteous will answer him, 'Lord, when did we see you hungry and feed you, or thirsty and give you drink? And when did we see you a stranger and welcome you, or naked and clothe you? And when did we see you sick or in prison and visit you?' And the King will answer them, 'Truly, I say to you, as you did it to one of the least of these my brethren, you did it to me.' Then he will say to those at his left hand, 'Depart from me, you cursed, into the eternal fire prepared for the devil and his angels; for I was hungry and you gave me no food, I was thirsty and you gave me no drink, I was a stranger and you did not welcome me, naked and you did not clothe me, sick and in prison and you did not visit me.' Then they also will answer, 'Lord, when did we see you hungry or thirsty or a stranger or naked or sick or in prison, and did not minister to you?' Then he will answer them, 'Truly, I say to you, as you did it not to one of the least of these, you did it not to me.' And they will go away into eternal punishment, but the righteous into eternal life."

# Memorials

*May their memory be eternal...*

*Among the spirits of the righteous perfected in faith, give rest, O Savior to the souls of your servants...*

*Panayiota Zagorianos*

*Ero Cosfol (5 years)*

*Helen Issaevitch (1 year)*

*Ted Pastras (6 years)*

*Angeliki Karatsikeis (6 days)*

*Miriam Dofeliz*

*Domnica (6 months)*

*Erina (9 months)*

*Ioan*

*Stan*

*Elena*

*Ionel*

## ALTAR CANDLES

Offered in loving memory of Ero Cosfol by Peter and Denise Cosfol and her grandchildren.

## ALTAR TABLE CANDLES

Offered in loving memory of our aunt, parents and uncle by Julian and Simona Rebiga.

## PERPETUAL CANDLES

Offered in loving memory of Panayiota (Bertha) Zagorianos by her daughters Marsha and Kathy Zagorianos.

Offered in by loving memory Helen Issaevitch by her family.

## **Jesus Really Died**

*Tertullian*

Wasn't God really crucified? And, having been crucified, didn't He really die? And, having died, didn't He really rise again? If not, Paul would have falsely "determined to know nothing among us but Jesus and Him crucified." He would have falsely imposed on us that Christ was buried and rose again. Then our faith is also false. And all that we hope for from Christ is a dream. You who acquit the murderers of God from guilt are a disgrace! For Christ didn't suffer from them if He really never suffered. Will you spare the whole world from its only hope by destroying the essential dishonor of our faith? Whatever is unworthy of God is profitable to me. I am safe if I am not ashamed of my Lord. "Whosoever," He says, "shall be ashamed of Me, of him will I also be ashamed." The Son of God was crucified. I am not ashamed because mankind must be ashamed of it. And the Son of God died. It is, by all means, to be believed because it is absurd. And He was buried and rose again. The fact is certain, because it is impossible. But how will all this be true if He wasn't true Himself, if He hadn't had within Himself that which might be crucified, might die, might be buried, and might rise again?

*For to this end Christ both died, and rose, and revived, that he might be Lord both of the dead and living."*

*Romans 14:9*

# 5 Themes of Biblical Manhood

## Theme One

*Dennis Rainey*

What does a real man look like?

The honesty of Scripture is one of the reasons I knew the Bible would be the place to go to learn what a real man should be and do. I began looking through the Scriptures, focusing on passages that talk about men and manhood, and along the way, I discovered five prevailing themes.

### **A man controls his emotions and passions.**

Single or married, a man controls his emotions and passions. Single or married, a real man tames his passions. He doesn't abuse women or children; he protects them. He keeps his hands off a woman who is not his wife and treats his wife with love, respect and dignity. He keeps his eyes off pornographic images. He protects a single woman's virginity and innocence. He's not defined by his exploits below the waist. He's a man with a heart, head and conscience.



## *UPCOMING SERVICES*

### **The Mission of Saint Sophia Cathedral**

- 1. Proclaim and teach the Gospel according to the Orthodox Christian Faith*
- 2. Sanctify and enhance the spiritual life of the faithful through Orthodox Christian worship.*
- 3. Receive persons into the Church through instruction, baptism and/or chrismation.*

### Sunday, March 3

8:30 am — Orthros

9:45 am — Memorials

10:00 am — *Divine Liturgy*

### Tuesday, March 5

11:00 am — Bible Studies w/Fr. John

### Saturday, March 9

*2<sup>nd</sup> Saturday of the Souls*

8:30 am—Orthros

9:30 am — Divine Liturgy

