

Saint Sophia Cathedral: Lenten Schedule For 2019

1 st Saturday of the Souls	Saturday, March 2	Orthros 8:30 AM Divine Liturgy 9:30 AM
Sunday of Judgment on Love [Meatfare]	Sunday, March 3	Orthros 8:15 AM Divine Liturgy 10:00 AM
2 nd Saturday of the Souls	Saturday, March 9	Orthros 8:30 AM Divine Liturgy 9:30 AM
Sunday of Forgiveness [Cheesefare] (With prayers of forgiveness)	Sunday, March 10	Orthros 8:15 AM Divine Liturgy 10:00 AM (Prayers of Forgiveness immediately following Liturgy)
Clean Monday (Lent Begins) Καθαρά Δευτέρα	Monday, March 11	10:00 AM **Compline Service**
Pre-Sanctified Liturgy	Wednesday, March 13	7:30 PM
Pre-Sanctified Liturgy	Friday, March 15	9:30 AM
1 st Salutations to the Theotokos	Friday, March 15	7:30 PM
3 rd Saturday of the Souls	Saturday, March 16	Orthros 8:30 AM Divine Liturgy 9:30 AM
Sunday of Orthodoxy (Right Worship)	Sunday, March 17	Orthros 8:15 AM Divine Liturgy 10:00 AM
Pre-Sanctified Liturgy	Wednesday, March 20	7:30 PM
Pre-Sanctified Liturgy	Friday, March 22	9:30 AM
2 nd Salutations to the Theotokos	Friday, March 22	7:30 PM
Sunday of St Gregory Palamas	Sunday, March 24	Orthros 8:15 AM Divine Liturgy 10:00 AM
Feast of the Annunciation	Monday, March 25	Orthros 8:30 AM Divine Liturgy 9:30 AM
Pre-Sanctified Liturgy	Wednesday, March 27	7:30 PM
Pre-Sanctified Liturgy	Friday, March 29	9:30 AM
3 rd Salutations to the Theotokos	Friday, March 29	7:30 PM
Sunday of the Holy Cross [Marking ½ Way Through Lent]	Sunday, March 31	Orthros 8:15 AM Divine Liturgy 10:00 AM
Pre-Sanctified Liturgy	Wednesday, April 3	7:30 PM
Pre-Sanctified Liturgy	Friday, April 5	9:30 AM
4 th Salutations to the Theotokos	Friday, April 5	7:30 PM
Sunday of John Climacus	Sunday, April 7	Orthros 8:15 AM Divine Liturgy 10:00 AM
Pre-Sanctified Liturgy	Wednesday, April 10	7:30 PM
Pre-Sanctified Liturgy	Friday, April 12	9:30 AM
5 th Salutations to the Theotokos	Friday, April 12	7:30 PM
Sunday of St Mary of Egypt	Sunday, April 14	Orthros 8:15 AM Divine Liturgy 10:00 AM
Pre-Sanctified Liturgy	Wednesday, April 17	7:30 PM
Pre-Sanctified Liturgy	Friday, April 19	9:30 AM
Saturday of Lazarus	Saturday, April 20	Orthros 8:30 AM Divine Liturgy 9:30 AM
Palm Sunday	Sunday, April 21	Orthros 8:30 AM Divine Liturgy 10:00 AM

Saint Sophia Cathedral: Holy Week Schedule For 2019

Lazarus Saturday, April 20 (Christ Resurrects Lazarus After 4 Days Dead)

8:30 AM.....Orthros

9:30 AM.....*Divine Liturgy*

(Family Pancake Breakfast & Palm Tying Immediately Following Divine Liturgy)

Palm Sunday, April 21(Christ's Triumphal Entry Into Jerusalem)

8:30 AM.....Orthros

9:30 AM.....Studies In The Faith

10:00 AM.....*Divine Liturgy w/Blessing & Distribution of Palms*

7:30 PM.....1st Service of the Bridegroom / Nymphios

(This beautiful service helps prepare us to receive the Christ our Lord as the Bridegroom of the Church. It happens 3 nights in a row.)

Holy Monday, April 22

9:30 AM.....*Pre-Sanctified Liturgy*

7:30 PM.....2nd Service of the Bridegroom / Nymphios

Holy Tuesday, April 23

7:30 PM.....3rd Service of the Bridegroom / Nymphios

Holy Wednesday, April 24

9:30 AM.....*Pre-Sanctified Liturgy (Last one of the Lenten Season)*

3:30 PM.....(Early Choice) Sacrament of Holy Unction

7:30 PM.....(Later Choice) Sacrament of Holy Unction

Holy Thursday, April 25

10:00 AM.....*Saint Basil Morning Vespertal Liturgy*

7:30 PM.....Reading of the 12 Gospels

(About the dramatic Passion & Crucifixion of our Lord)

Holy Friday, April 26

9:30 AM.....Reading of the Royal Hours

(Hymns, Psalms, and Readings from the Old and New Testaments, all prophetically and practically related to the Person of Jesus Christ.)

☩ Retreat for YOUTH with delivery of Food Drive donations to St Thomas Food Bank ☩

3:30 PM.....Descent from the Cross (The Un-nailing)

7:30 PM.....Lamentation Service (Funeral procession of our Lord)

Holy Saturday, April 27

9:30 AM.....*Saint Basil Morning Vespertal Liturgy (Arise O God!)*

11:00 PM.....The Canon (Anticipating the coming Resurrection)

12:00 AM.....Resurrection / Anastasi Service

12:30 AM.....*Resurrectional Divine Liturgy*

Holy Pascha / Easter Sunday, April 28

11:00 AM.....Agape Service – Vespers of Love

(The Good News of Jesus Christ joyously declared in Different Languages)

1:00 PM – 7:00 PM.....Pascha Picnic in Pasadena